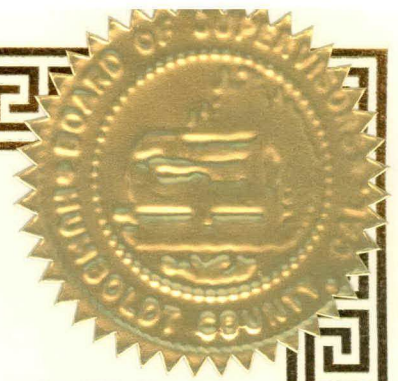


PROCLAMATION

Of the
Board of Supervisors
County of Humboldt



WHEREAS, the week of Sept. 10 through 16, 2023, is National Suicide Prevention Week, a time in which individuals, organizations and communities around the country join their voices to amplify the message that suicide can be prevented; and

WHEREAS, in Humboldt County we observe Suicide Prevention Awareness Month during the month of September; and

WHEREAS, the rate of suicide in Humboldt County is twice as high as the state average; and

WHEREAS, it is recognized that people of all ages benefit from common tenets of wellness, such as access to effective health and behavioral health care, social support and a sense of meaning and purpose; and

WHEREAS, knowing the signs of suicide, finding the words to talk with someone who may be thinking of suicide and reaching out to local resources are actions everyone can take to care for themselves and others; and

WHEREAS, the Humboldt County Suicide Prevention Network (SPN) is a group of public and private individuals, agencies and groups working to identify strategies to reduce suicide and suicidal behaviors, to bring hope to those affected by suicide in the county, and urge that we:

1. Recognize and declare suicide prevention to be a priority in Humboldt County
2. Acknowledge that no single suicide prevention program or effort will be appropriate for all populations or communities
3. Address the disparity in access to behavioral health care for underrepresented groups, and advocate for ending these disparities
4. Seek out practices that support culturally informed and evidence-based mental health care and services; and

WHEREAS, anyone in the U.S. can access 24/7 emotional support by calling or texting 9-8-8 and being connected to the Suicide and Crisis Lifeline.

NOW, THEREFORE, BE IT PROCLAIMED, that the Humboldt County Board of Supervisors hereby recognizes the week of Sept. 10 through 16, 2023, as Suicide Prevention Week, September 2023, as Suicide Prevention Awareness Month in Humboldt County and Sept. 10, as World Suicide Prevention Day.

September 12, 2023

Steve Madrone, Chair