



COUNTY OF HUMBOLDT

For the meeting of: 5/12/2026

File #: 26-335

To: Board of Supervisors

From: Supervisor Mike Wilson

Agenda Section: Consent

Vote Requirement: Majority

SUBJECT:

Proclaim May 2026 as Maternal Mental Health Month

RECOMMENDATION(S):

That the Board of Supervisors:

1. Adopt the proclamation.

STRATEGIC PLAN:

This action supports the following areas of your Board's Strategic Plan.

Area of Focus: Core Services/Other

Strategic Plan Category: 9999 - Core Services/Other

DISCUSSION:

Maternal mental health is a significant public health issue affecting families in Humboldt County and beyond, with many individuals experiencing depression, anxiety, or related conditions during or after pregnancy, yet fewer than 15% receive treatment due to barriers and stigma. These conditions can impact both maternal and child health, and proclaiming May 2026 as "Maternal Mental Health Month" supports efforts to raise awareness, reduce stigma, and connect individuals to resources and support services.

SOURCE OF FUNDING:

General Fund

FINANCIAL IMPACT:

There is no financial impact in presenting a proclamation

STAFFING IMPACT:

None

OTHER AGENCY INVOLVEMENT:

None

ALTERNATIVES TO STAFF RECOMMENDATIONS:

File #: 26-335

None

ATTACHMENTS:

Proclamation

PREVIOUS ACTION/REFERRAL:

Meeting of: N/A

File No.: N/A