

OF THE BOARD OF SUPERVISORS COUNTY OF HUMBOLDT

BRAIN INJURY AWARENESS MONTH

WHEREAS, blows to the head, concussions, traumatic brain injuries and brain injuries from strokes, Alzheimer's and Parkinson's diseases, epilepsy, dementia and psychological trauma occur every few seconds in the U.S.; and

WHEREAS, brain injuries can happen to anyone and are most often caused by vehicular accidents, falls, recreational activities, war injuries and assaults, strokes, diseases and various medical conditions; and

WHEREAS, Making Headway Center for Brain Injury Recovery is a local non-profit agency dedicated to preventing brain injury, providing mental health services for the community, as well as opportunities for self-determination and self-sufficiency to people living with brain injuries.

NOW, THEREFORE, BE IT PROCLAIMED that the Humboldt County Board of Supervisors hereby recognizes **March 2020** to be **BRAIN INJURY AWARENESS MONTH** and recognizes Making Headway Center for Brain Injury Recovery for its important work in our community.

DATED: March 3, 2020

ESTELLE FENNELL, Chair