

**BOARD OF SUPERVISORS, COUNTY OF HUMBOLDT, STATE OF CALIFORNIA**

Certified copy of portion of proceedings, Meeting of August 20, 2019

RESOLUTION NO. 19-83

**RESOLUTION REGARDING CANNABIS USE DURING PREGNANCY AND  
BREASTFEEDING**

**WHEREAS**, Humboldt County community partners have come together and taken a position on cannabis use during pregnancy and breastfeeding; and

**WHEREAS**, there is no research evidence that shows cannabis use is safe while pregnant or breastfeeding; and

**WHEREAS**, cannabis use in pregnancy can affect the baby's brain development, according to Neurotoxicology and Teratology, volume 34; and

**WHEREAS**, smoking cannabis during pregnancy may increase the risk of low birth weight, according to research done by the Mayo Clinic, the American College of Obstetricians & Gynecologists and other pediatric research; and

**WHEREAS**, tetrahydrocannabinol (THC), the compound in cannabis that produces a high, is present in higher concentrations in human breast milk than in the mother's blood, according to the Academy of Breastfeeding Medicine Clinical Protocol #21.

**NOW, THEREFORE, BE IT RESOLVED that:** women in Humboldt County who are contemplating pregnancy, already pregnant, breastfeeding or who plan to breastfeed should avoid using cannabis in any form, including smoking, eating, vaporizing or as lotions or salves.

Dated: August 20, 2019

  
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Rex Bohn, Chair  
Humboldt County Board of Supervisors

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Adopted on motion by Supervisor Madrone, seconded by Supervisor Fennell, with the following vote:

AYES: Supervisors Bohn, Fennell, Madrone, Bass  
NAYS: Supervisors --  
ABSENT: Supervisors Wilson  
ABSTAIN: Supervisors --

STATE OF CALIFORNIA )  
County of Humboldt )

I, KATHY HAYES, Clerk of the Board of Supervisors, County of Humboldt, State of California, do hereby certify the foregoing to be an original made in the above-entitled matter by said Board of Supervisors at a meeting held in Eureka, California.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Seal of said Board of Supervisors.



Brooke Eberhardt  
Deputy Clerk of the Board of Supervisors of  
the County of Humboldt, State of California