

The Honorable Mike McGuire  
State Capitol, Room 5061  
Sacramento, CA 95814

**Re: AB 577 (Eggman) Medi-Cal: Maternal Mental Health - Support**

Dear Senator McGuire:

The Humboldt County Board of Supervisors supports AB 577 (Eggman) which would require health plans and health insurers to cover up to 12 months of services associated with the treatment of a maternal mental health condition.

Maternal depression can interfere with a mother's capacity to support healthy child development and may have long-lasting, negative effects on their child's health and learning. These types of Adverse Childhood Experiences (ACES) are strongly correlated with long term negative health and life outcomes. Humboldt County continues to struggle with the highest number of adults with four or more ACES in their childhood history, when compared to other California counties.

Humboldt County supports legislative efforts to expand access to maternal mental health services in order to reduce exposure to ACES and improve long term health outcomes. We are pleased to join with the County Health Executive Association of California (CHEAC) in our support for AB 577.

Sincerely,

Rex Bohn  
Chair, Humboldt County Board of Supervisors

cc: Shaw/Yoder/Antwith, Inc.  
California State Association of Counties (CSAC)  
County Health Executive Association of California (CHEAC)  
Tim Ash, Humboldt County Behavioral Health Board