



UPLIFT EUREKA RESOURCE GUIDE

Winter 2019 Edition



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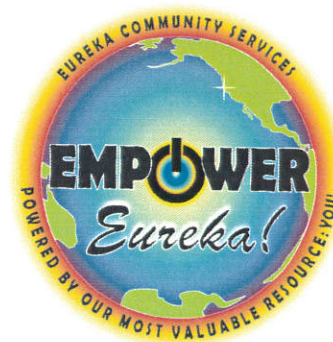
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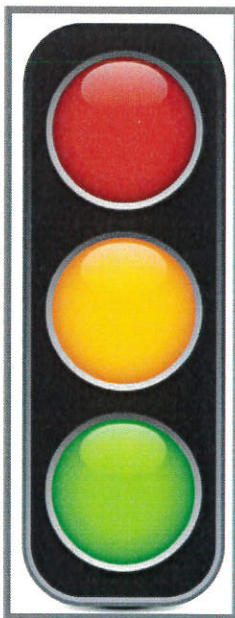
How to utilize this Resource Guide

This resource guide has been designed to serve as a map to assist UPLIFT Guide participants in navigating the various resources available in our community at the time when they need them and in order of their progress.

The resource guide is broken up into three color coordinated sections, and follow a narrative of available resources that participant can decide if they want or need that particular resource at that point in their journey.

There are three sections of this resource guide that will efficiently help UPLIFT participants navigate where to review resources, what services they offer, when those services are available, and how to contact them.

As you continue to build relationships with your participant, familiarize yourself with where they are in the progress, and frequently review these resources with them to see if they could benefit in their progress by any of them.

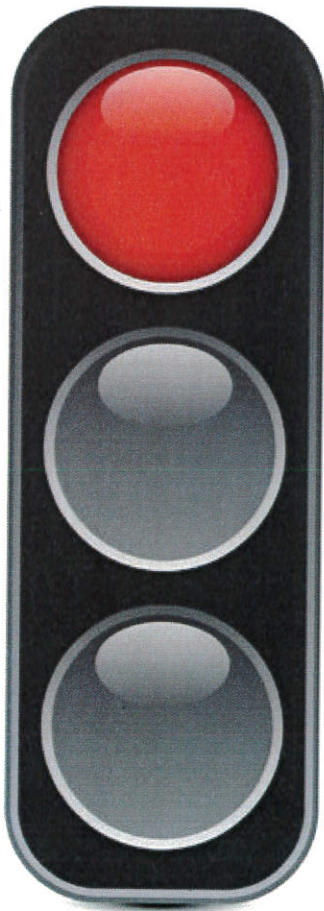


Section One resources, are in **red** and reflect resources that participants should **stop** and address immediately before tackling bigger issues.

Section Two resources, are in **yellow** and reflect resources that should allow participants to **slow down** and address at their pace and need in order to ensure they have proper tools to take advantage of future resources.

Section Three resources, are in **green** and reflect resources that are available to participants once they have met a lot of their own goals and are set up to successfully allow participants to **move forward**.

SECTION ONE: IMMEDIATE NEEDS



Resources in this section are reflective of resources that meet basic survival needs that should be met immediately.

Each of these resources that address pertinent immediate needs are broken up into categories that address a specific need.

These categories include:

Safety

Health

Food

Shelter

Substance Abuse Assistance

SAFETY



Safety is something that everybody has the right to.

Individuals who may find themselves houseless, have a higher risk of finding themselves in situations where they may feel unsafe either physically, emotionally or health wise.

Talk with the participant about their current situation and listen for potential **safety risks**, and review any and all of the resources with them to assess if one particular resource might be something that could meet their need.

Safety

EUREKA POLICE DEPARTMENT

Services Available: The Eureka Police Department offers a variety of services to ensure all of our citizens are safe from crime.

Address: 604 C Street, Eureka, Ca 95501

Hours of Operation: M-F, 9am-4pm,

Emergency: 9-1-1

Non-Emergency: 707-441-4044

***Emergency calls 24hrs/day**



HUMBOLDT COUNTY CRISIS STABILIZATION UNIT

Services Available: The Crisis Stabilization Unit (CSU) is an outpatient program that provides crisis intervention and stabilization services to individuals in need of immediate and emergency services.

Address: 720 Wood St., Eureka CA 95501

Phone: 707-476-4094/707-445-7715 (crisis line); 888-849-5728

Hours of Operation: M-F, 9am-4pm,

Emergency: 9-1-1

Non-Emergency: 707-441-4044

***Emergency calls 24hrs/day**



TRANSPORTATION ASSISTANCE

Services Available: Provides permanent relocation assistance for those seeking to leave the county, who have verified employment or housing waiting for them.

Address: 929 Koster St., Eureka, Ca 95501

Phone: 707-269-4106

Website: humboldt.gov.org/530/Transportation-Assistance-Program



Safety

ADULT PROTECTIVE SERVICES

Services Available: Adult Protective Services (APS) provides protective services to elders (65 and older) and dependent adults (18-64) who are unable to protect their own interests or to care for themselves

Address: 808 E Street, Eureka, Ca 95501

Phone: 707-476-2100; 707-445-7715 after 5pm/weekends;
866-527-8614



HUMBOLDT DOMESTIC VIOLENCE SERVICES

Services Available: Dedicated to promoting the rights and welfare of those who have survived or are enduring domestic and intimate partner violence or sex trafficking throughout Humboldt County. Many survivors available to survivors, all completely free of charge.

Phone: 707-444-9255

24-hour Crisis Services Line: 1-866-668-6543

Hours: Monday-Friday, 9am - 5pm

Website: hdvs.org



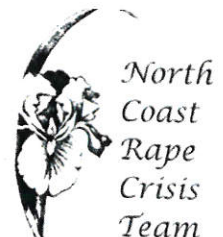
NORTH COAST RAPE CRISIS TEAM

Services Available: The North Coast Rape Crisis Team exists to develop, promote and support programs for sexual assault survivors and sexual assault prevention education projects in Del Norte and Humboldt counties in California.

Address:

Phone: 707-443-2738; 707-445-2881(24 hr hotline)

Hours of Operation: Mon-Fri 8:30am-5:00pm



Safety

SUICIDE PREVENTION PROGRAM

Services Available: The Suicide Prevention Program is focused on prevention and early intervention for those affected by suicide. Our goal is to prevent loss from suicide through education, intervention training and reducing stigma associated with suicide. If you or someone you know needs immediate help, please contact 911, our local 24-hour crisis line or the National Suicide Prevention Lifeline.

Address: 908 Seventh St., Eureka, Ca 95501

Phone: Healthy Communities: 707-268-2132

24-hour Mental Health Crisis Line: 707-445-7715; 888-849-5728

Website: www.humboldt.gov.org/2047/Suicide-Prevention-Program



FAMILY VIOLENCE PREVENTION PROGRAM

Services Available: The Family Violence Prevention Program (FVPP) is a primary program of the Healthy Communities Division. FVPP uses many strategies for the prevention of violence in Humboldt County.

Address: 908 7th Street, Eureka, CA 95501

Phone: 707-268-2132

Website: www.humboldt.gov.org/616/Family-Violence-Prevention-Program



TWO FEATHERS NATIVE AMERICAN FAMILY SERVICES

Services Available: Two Feathers Native American Family Services is a tribally chartered entity of Big Lagoon Rancheria, established to serve the needs of all Indian communities. Two Feathers' mission is to promote the stability and security of families, and to protect the best interest of Indian children.

Address: 1650 Betty Court, Suite A, McKinleyville, CA 95519

Phone: 707-839-1933

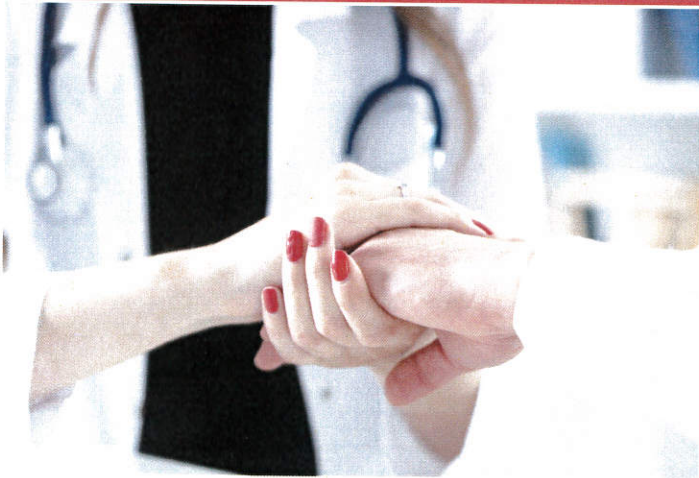
Hours of Operation: M-F 8:30AM-5:30PM

Website: www.twofeathers-nafs.org



TWO FEATHERS
NATIVE AMERICAN FAMILY SERVICES

HEALTH



Physical and mental health issues can impact anyone, and sometimes it's difficult to know what resources are out there.

Talk with your participant about how they feel about their health, and what they've done in the past and if they've run into any challenges.

Review the resources in the health section as there may be resources that they qualify for that they didn't even know existed that might meet a need of theirs.

Health

HEALTHY MOMS

Services Available: Healthy Moms is an alcohol and drug addiction treatment program. Its goals are to assist women in treating their addictions and to support them to become healthy, productive women and mothers. Child care is provided on site for children under age 6.

Address: 2910 H St., Eureka, Ca 95501

Phone: 707-441-5220

Website: humboldt.gov/417/Healthy-Moms-Program



ST JOSEPH HOSPITAL

Services Available: Hospital services range from emergency to inpatient and outpatient care. Health screenings, blood testing, and other services are also available.

Address: 2700 Dolbeer St., Eureka, Ca 95501

Phone: 707-445-8121

Website: stjoehumboldt.org/



CHILDREN & FAMILY SERVICES

Services Available: Provides assessment, treatment, medication support, and case management for children, youth, and families.

Address: 1711 Third St., Eureka, Ca 95501

Phone: 707-268-2800

Website: humboldt.gov/1601/Childrens-Mental-Health-Services



Health

SEMPERVIRENS PSYCHIATRIC HEALTH FACILITY

Services Available: Sempervirens (SV) offers a locked hospital-based treatment for clients who have serious and persistent mental illness that need acute psychiatric care. It is a Medi-Cal and MediCare certified 16-bed facility, and the only inpatient psychiatric hospital within a 300-mile radius.

Address: 720 Wood St., eureka, Ca 95501

Phone: 707-445-7710; 707-445-7715 (24hr crisis); 888-849-5728

Website: humboldt.gov/437/Sempervirens-Psychiatric-Health-Facility



NORTH COAST AIDS PROJECT(NORCAP)

Services Available: Offers non-medical case management, counseling, housing assistance, resource referral and advocacy services for people living with HIV/AIDS. HIV & hepatitis C testing and referral services, counseling, support, syringe exchange, homeless outreach service. Trainings to organizations and individuals on HIV, hepatitis C, PrEP and Narcan (opioid overdose reversal medication).

Address: 908 Seventh St., Eureka, Ca 95501

Phone: 707-268-2132; 707-599-6318(Outreach call or text)

Website: humboldt.gov/620/North-Coast-AIDS-Project-NorCAP



ADULT OUTPATIENT CLINIC, MENTAL HEALTH

Services Available: Provides mental health screening, assessment, referral, and individual and group therapy for eligible adults.

Address: 720 Wood St., Eureka, Ca 95501

Phone: 707-268-2945

Website: humboldt.gov/1739/Adult-Outpatient-Services



Health

SUBSTANCE USE DISORDER SERVICES (SUD)

Services Available: Treats adults who are experiencing substance use problems. Treatment is conducted in groups. Outpatient group counseling packet can be picked up at mental health and after filling it out the application can be dropped off at 720 Wood St. Intake hours are every Mon. at 2 p.m., Wed. at 9 a.m. and 2 p.m., and Fri. at 9 a.m.

Address: 720 Wood St., Eureka, Ca 95501

Phone: 707-476-4054; 866-930-6384

Website: humboldt.gov.org/411/Alcohol-and-Other-Drugs-Treatment-Service



TOBACCO FREE HUMBOLDT

Services Available: Works with several aspects dealing with tobacco cessation. A resource for those helping people quit smoking as well as for those who want to quit smoking.

Address: 908 Seventh St., Eureka, Ca 95501

Phone: 707-268-2132

Website: humboldt.gov.org/662/Tobacco-Free-Humboldt



PUBLIC HEALTH CLINIC

Services Available: PHS offers adult, travel immunizations, and children's immunizations. Tuberculosis testing/screening and other services available at the main clinic in Eureka. Limited services are available at the Willow Creek and Garberville clinics.

Address: 529 I St., Eureka, Ca 95501

Phone: 707-445-6200

Website: humboldt.gov.org/557/Public-Health-Clinics



Health

NURSE-FAMILY PARTNERSHIP

Services Available: Evidence-based public health program that helps transform the lives of low-income mothers pregnant with their first child. A free, voluntary program for first time moms under 28 weeks along. Home visiting with nursing and other resources.

Address: 529 I St., Eureka, Ca 95501

Phone: 707-268-2105

Website: humboldt.gov/578/Nurse-Family-Partnership



PERINATAL SERVICES

Services Available: The goal of the Perinatal Services Program is to improve the health of low-income pregnant women and give their babies a healthy start in life.

Address: 908 Seventh St., Eureka, Ca 95501

Phone: 707-445-6210; 707-441-5573

Website: humboldt.gov/656/Perinatal-Services



MEDI-CAL

Services Available: Medi-Cal is California's Medicaid program; health care coverage for low to middle income individuals and families. Applications are taken over the phone at 877-410-8809, at DHHS - Social Services (Mon-Fri 7:30am-5:30pm) and at C4Yourself.com.

Address: 929 Koster St., Eureka, Ca 95501

Phone: 877-410-8809

Website: humboldt.gov/528/Medi-Cal



Health

IN-HOME SUPPORTIVE SERVICES(IHHS)

Services Available: In-Home Supportive Services(IHHS) is an alternative to costly out of home care such as nursing homes; provides aid to blind, aged and disabled individuals who are unable to remain safely in their own home without the aid of a care provider.

Address: 808 E St., Eureka, Ca 95501

Phone: 707-476-2100; 866-527-8614(toll free)

Website: humboldt.gov.org/502/In-Home-Supportive-Services



HEALTHY COMMUNITIES

Services Available: The Healthy Communities Division helps communities create social and physical environments that make the healthy choice the easy choice for everyone. The Healthy Communities Division provides health education - a basic service of local health departments in California.

Address: 908 Seventh St., Eureka, Ca 95501

Phone: 707-268-2132

Website: humboldt.gov.org/566/Healthy-Communities



COMPREHENSIVE COMMUNITY TREATMENT PROGRAM

Services Available: The mission of the CCT Program is to help people with severe mental illnesses live successfully in the community, and reduce inpatient psychiatric hospitalizations. Individualized services are provided to meet specific client needs.

Address: The Hope Center: 2933 H St., Eureka, Ca 95501

Phone: 707-268-2935

Website: humboldt.gov.org/449/Comprehensive-Community-Treatment



Health

THE HOPE CENTER

Services Available: The Hope Center is located on the main Mental Health campus. It is a safe, positive environment to learn to live the best life possible - personally, socially, mentally, and emotionally. It is a place to relax, create, socialize, play games, learn new skills, and maximize your potential. At the Hope Center, everyone is a peer and everyone is worth understanding. The Hope Center offers a variety of groups and classes, many of which are facilitated by peer volunteers. We also offer Internet access and a free clothing closet.

Address: 2933 H St., Eureka, Ca 95501

Phone: 707-441-3783

Website: humboldt.gov/429/Hope-Center

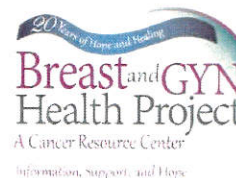


BREAST & GYN HEALTH PROJECT

Services Available: Humboldt's Breast & Gyn Health Project is a community resource of support and education for those facing a breast health concern or a diagnosis of breast or gynecologic cancer. Office hours are Monday-Friday, 10am-2pm.

Address: 987 8th Street (across from the Arcata Co-op)
Arcata, CA 95521

Phone: (707) 825-8345



THE EMMA CENTER

Services Available: The Emma Center was created to break the cycle of trauma by nurturing body, mind and spirit through classes, workshops, support groups, resources and referrals, and our library. We empower and heal the feminine spirit of our community.

Address: 920 Samoa Blvd, Suite 207, Arcata, CA 95521

Phone: (707)825-6680

Website: emmacenter.org



Health

OPEN DOOR COMMUNITY HEALTH CENTERS

Services Available: Services include primary and preventive health care, same day appointments, STD screening, hormone therapy, referrals for sex reassignment surgeries and in-house lab draws. The clinics also offer case management, behavioral health consults, access to mental health care and a monthly Transgender Support Group.

Address: 2200 Tydd St., Eureka, CA 95501

Phone: (707) 826-8610 extension 1139

Website: opendoorhealth.com



BURRE DENTAL CENTER

Services Available: Primary dental care, including routine and preventive dental examinations and care for children and adults. Restorative care, including fillings, root canals, partial and full dentures, and treatment of gum disease is available by appointment. Same day, walk-in and urgent care provided for toothache, other oral pain and infection.

Address: 959 Myrtle Avenue, Eureka, CA 95501

Phone: 707-442-7078

Website: opendoorhealth.com



EUREKA HOST LIONS CLUB

Services Available: Our mission is to create and foster a spirit of understanding among all people for humanitarian needs by providing services through community involvement. Current projects are centered around helping community members with vision needs.

Address: Village Pantry, 1912 Broadway St., Eureka, CA 95501

Website: e-clubhouse.org/sites/eurekahost/index.php



Health

HUMBOLDT COUNTY VETERANS SERVICE OFFICE

Services Available: The Humboldt County Veterans Service Office assists veterans, their dependents and survivors, and the general public in obtaining benefits from federal, state and local agencies administering programs for veterans. We provide advocacy to the veteran community regarding entitlement rights to federal, state and local benefit programs.

Address: 1105 6th Street, Suite F, Eureka, CA 95501

Phone: 707-445-7611

Website: humboldtgov.org/517/Veterans-Service-Office



TRI-COUNTY INDEPENDENT LIVING

Services Available: Tri-County Independent Living is a consumer controlled, community-based, cross disability, non-residential, non-profit organization that is designed and operated within a local community by and for people with disabilities. We offer a wide variety of services to members of the community--most free of charge.

Address: 139 5th St., Eureka, CA 95501

Phone: 707-445-8404

Website: tilinet.org



UNITED INDIAN HEALTH SERVICES

Services Available: Healthy mind, body and spirit for generations of our American Indian Community.

Address: 1600 Weeot Way, Arcata

Phone: 707-825-5000

Website: unitedindianhealthservices.org/



Health

CRESTWOOD BEHAVIORAL HEALTH

Services Available: Crestwood Behavioral Health, Inc. has been providing residential mental health programs at its Eureka campus since 1979. The Crestwood Eureka campus is home to a Mental Health Rehabilitation Center (MHRC) and an adult residential facility/social rehabilitation program, called The Pathways.

Address: 2370 Buhne St., Eureka, CA 95501

Phone: 707-442-5721

Website: crestwoodbehavioralhealth.com/



HUMBOLDT FAMILY SERVICE CENTER

Services Available: Substance Abuse education, drug diversion, anger management, batterers program, children of divorce workshops, family, children and individual counseling, premarital counseling for adolescents, EAP provider.

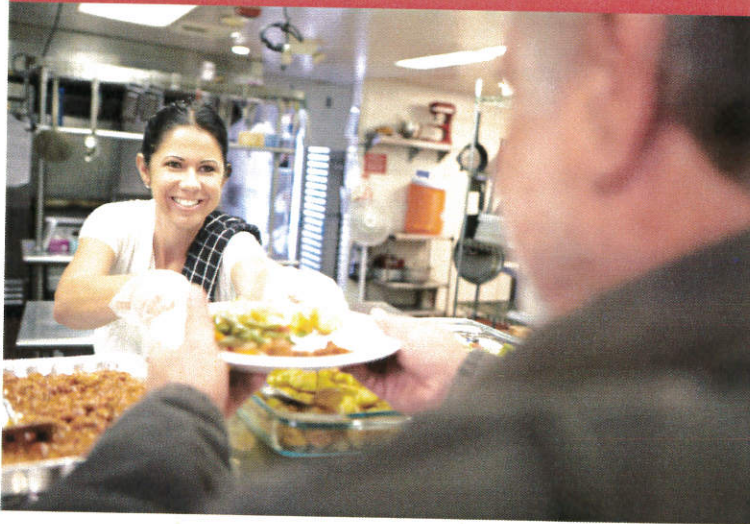
Address: 1802 California St., Eureka, CA 95501

Phone: 707-443-7358

Website: humboldtfamilyservice.org/



FOOD



**Eating is a
vital
necessity to
survive.**

Participants might not have access to food, money for food, or healthy alternatives.

The resources listed in this category reflect services that provide free meals, or services that incorporate access to food.

CALFRESH is a financial assistance program that participants would need once they have ensured they have the proper documentation, so that resource information is available in the "Financial Assistance" category in Section 2: Re-Building Phase.

Food

FOOD FOR PEOPLE

Services Available: Offers various routes for individuals to access food, both on an emergency and ongoing basis.

Address: 604 C Street, Eureka, Ca 95501

Phone: 707-445-3166

Website: foodforpeople.org



EUREKA RESCUE MISSION

Services Available: Offers various routes for individuals to access food, both on an emergency and ongoing basis.

Address: 604 C Street, Eureka, Ca 95501

Phone: 707-445-3166

Website: eurekarescuemission.org

Eureka Rescue Mission

HUMBOLDT SENIOR RESOURCE CENTER

Services Available: Food pantry, mostly for seniors.

Address: 1910 California St , Eureka, Ca 95501

Hours of Operation: 3rd Thursday of the month from 8:30am - 10am

Phone: 707-443-9747 x 1228

Website: humsenior.wordpress.com



ST. VINCENT DE PAUL DINING CENTER

Services Available: Free meals served to the public daily as well as commodates available on an ongoing basis.

Hours: Monday-Friday from 11am-12:20pm

Address: 604 C Street, Eureka, Ca 95501

Phone: 707-445-9588



SHELTER



Participants may find themselves living in the streets or in other public places. While some participants may choose this, there also may be individuals who were not aware of potential resources for immediate shelter, or who desire immediate shelter.

Permanent housing or rentals are a separate issue, and this section reflects resources that can provide immediate shelter participants who may not have another option or no place to go. Housing resources can be found in Section 3: Housing.

Shelter

EUREKA RESCUE MISSION - MEN'S SHELTER

Services Available: Provides emergency housing, food and clothing to the men of our community as they make an effort to get back on their feet again. Participants can partake of a hot meal, take a hot shower and exchange their dirty clothing for clean clothing. Currently, the Mission is able to provide 60 beds for overnight guests. Each morning participants are provided with a breakfast and hot coffee.

Address: 110 2nd St., Eureka, Ca 95501

Hours of Operation: Doors open 7 days a week at 5:30pm

Phone: 707-443-4551

Website: eurekarescuemission.org

Eureka Rescue Mission

EUREKA RESCUE MISSION - WOMEN'S SHELTER

Services Available: Provides a sober, structured environment with daily responsibilities for participants. The length of stay varies as to the needs of the individual. An interview and picture ID are required to utilize services at the shelter. An interview may be scheduled at 4:45pm any day of the week.

Address: 107 3rd St., Eureka, CA 95501

Hours of Operation: Open 7 days a week, 24 hours / Closed Sat. between 8am & 2pm

Phone: 707-443-5016

Website: eurekarescuemission.org

Eureka Rescue Mission

Shelter

BETTY'S HOUSE

Services Available: The Family Shelter has **32 beds available**.

Referrals for the Family Shelter are accepted from CalWORKS and Child Welfare Services. Once a referral is received, Betty's House staff contacts the family to schedule an assessment. Family Shelter residents may stay in the program for up to **6 months** with the possibility for an extension on a case-by-case basis.

Hours of Operation: M-F 8am-3pm

Phone: 707-407-3833

Website: bettychinn.org



BETTY'S VILLAGE

Services Available: Capable of housing 40 individuals, the Village consists of five Conex shipping containers retrofitted into double rooms, capable of housing up to 40 chronically homeless individuals and their pets for up to 90 days. Provides emergency housing and case management services to residents. Provides three meals daily for residents.

Hours of Operation: Monday-Friday 8am-3pm

Phone: 707-407-3833

Website: bettychinn.org



Shelter

WINTER SHELTER PROGRAM-DHHS

Services Available: The DHHS Winter Shelter Program provides respite from winter weather for homeless families and individuals in Humboldt County. It provides case management and six weeks' worth of motel vouchers. The program usually runs from November to April and is announced every year before it begins.

Address: 929 Koster St., Eureka, CA 95501

Phone: 877-410-8809



GENERAL RELIEF-DHHS

Services Available: General assistance program for indigent county residents that offers repayable benefits. Provides services to disabled recipients to assist with the processing of their applications for SSI/SSP. This includes help in gathering medical, social, psychological and other information necessary to the application/reconsideration. Also provides temporary services to employable individuals. Emergency advances for homeless applicants may be available in the form of motel vouchers.

Address: 929 Koster St., Eureka, CA 95501

Hours of Operation: M-F 8am-5pm

Phone: 877-410-8809

Website: humboldt.gov/527/General-Relief



SUBSTANCE ABUSE ASSISTANCE



Substance abuse is often a contributor in individuals finding themselves in hard times or challenging circumstances such as being houseless.

Some individuals may not know, or want to admit they have an issue.

These are resources in the community for participants if they happen to choose to want to pursue them, and at the very least provide them with education on what is out there.

Substance Abuse

WATERFRONT RECOVERY SERVICES

Services Available: Substance use disorder services including withdrawal management and residential treatment, seven days a week. Fees are determined on a sliding scale based on ability to pay.

Address: 2413 Second St., Eureka, Ca 95501

Phone: 707-269-9590

CROSSROADS (NCSAC)

Services Available: Residential treatment program for men and women. Aftercare services provided to eligible recovery individuals, unlimited time frame. Fees are determined on a sliding scale based on ability to pay.

Address: 1205 Myrtle Ave., Eureka, Ca 95501

Phone: 707-445-0869

HUMBOLDT FAMILY SERVICE CENTER

Services Available: Substance Abuse education, drug diversion, batterers' program, children of divorce workshops, family, children and individual counseling, premarital counseling for adolescents, EAP provider.

Address: 1802 California St., Eureka, Ca 95501

Phone: 707-443-7358

Hours: M, W, F 9am-12pm, 1pm-4pm; T, Th 9am-12pm, 1pm-3pm

Website: humboldtfamilyservice.org



Substance Abuse

HUMBOLDT COUNTY PROGRAMS FOR RECOVERY

Services Available: Treats adults who are experiencing substance use problems. Treatment is conducted in groups. Outpatient group counseling packet can be picked up at mental health and after filling it out the application can be dropped off at 720 Wood St. Intake hours are every M 2pm, W 9am and 2pm, and F 9am

Fees are determined by a sliding scale based on ability to pay. Insurance and Medi-Cal accepted.

Address: 720 Wood St., Eureka, Ca 95501

Phone: 707-476-4054; 866-930-6384

Website: humboldt.gov.org/411/Alcohol-and-Other-Drugs-Treatment-Service



HEALTHY MOMS

Services Available: Healthy Moms is an alcohol and drug addiction treatment program. Its goals are to assist women in treating their addictions and to support them to become healthy, productive women and mothers. Child care is provided on site for children under the age of 6.

Address: 2910 H St., Eureka, Ca 95501

Phone: 707-441-5220

Hours: M-F, 8:30am to 5pm

Website: humboldt.gov.org/417/Healthy-Moms-Program



HUMBOLDT RECOVERY CENTER

Services Available: Residential recovery home for men and women. Outpatient counseling and educational presentations available upon request. Fees are determined on a sliding scale based on ability to pay.

Address: 1303 11th St., Eureka, Ca 95501

Phone: 707-445-0869

Website: humboldtrecoverycenter.org

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Substance Abuse

ALCOHOLICS ANONYMOUS

Services Available: Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

Address: Various, please refer to their website.

Phone: 844-442-0711

Hours: Various, please refer to their website.

Website: aahumbolddel Norte.net



NARCOTICS ANONYMOUS

Services Available: Narcotics Anonymous is a fellowship of men and women who are learning to live without drugs. They meet regularly to help each other stay clean. Meetings provide an atmosphere of recovery where individuals can share their common problem and solutions. The only requirement for membership is the desire to stop using.

Address: Various, please refer to their website.

Phone: 707-444-8645

Hours: Various, please refer to their website.

Website: humboldtna.org



SAGE HOUSE SOBER LIVING

Services Available: Sage House is a sober living environment that supports and maintains a drug and alcohol free life.

Address: 715 B Street, Eureka, CA 95501

Phone: 707-695-2705

Website: sagehouse.space



SECTION TWO: RE-BUILDING PHASE



These categories include:

Documentation
Financial Assistance
Family Services
Legal Assistance
Employment
Transportation

Resources in this section are reflective of resources that can be utilized for participants to start mapping out a path to their preferred quality of life after basic needs have been met.

They include resources that can help them obtain tools they need to move forward such as birth certificates, social security cards and other important documentation they would need to take advantage of resources later on down the road.

DOCUMENTATION



To take advantage of a majority of resources, participants are going to need basic documentation on themselves.

The resources in this category reflects resources that not only are the organizations where they can obtain documents, but also resources that can help assist them in the process of obtaining them.

Documentation

SOCIAL SECURITY ADMINISTRATION

Services Available: With a birth certificate, individuals can request a copy of their social security card to apply for financial assistance, identification cards, housing, and other services that require proof of identification.

Address: 3144 Broadway St., Eureka, Ca 95501

Hours of Operation: M,T, Th, F 9am-4pm; W 9am-12pm

Phone: 800-772-1213

Website: ssa.gov



COUNTY CLERK'S OFFICE - VITAL RECORDS

Services Available: Issues certified copies and certified informational copies of birth certificates. Certified copies of vital records can only be issued by the county in which the event occurred. Therefore, if a birth occurred in a county other than Humboldt, they can not process your copy order request.

Address: 825 5th St., 5th Floor, Eureka, CA 95501

Hours of Operation: M-F 8:30am-5pm

Phone: 707-445-7382

Website: humboldt.gov/245/Vital-Records



DEPARTMENT OF MOTOR VEHICLES

Services Available: Apply for and obtain an identification card to be used in conjunction with a social security card and/or birth certificate for proof of identification.

Address: 322 W 15th St, Eureka, CA 95501

Hours of Operation: M, T, Th, F 9am-5pm; W 8am-5pm

Phone: 800-777-0133

Website: dmv.ca.gov



Documentation

BETTY KWAN CHINN DAY CENTER

Services Available: Provides assistance in helping individuals obtain identification papers such as birth certificates and social security cards.

Address: 133 7th Street, Eureka, CA 95501

Hours of Operation: M-F 8am-3pm

Phone: 707-407-3833

Website: bettychinn.org



FINANCIAL ASSISTANCE



There are many different organizations and resources that provide financial assistance for specific needs that participants may have a need for. This category contains resources and services that participants can assess to see if it's something they have a need for, as well as what they would need to see if they qualify for that service or assistance program.

Financial Assistance

SOCIAL SECURITY ADMINISTRATION

Services Available: Individuals can apply for different services based on their unique circumstance and edibility. Benefits include Supplemental Security Income, Disability, Retirement, Medicare, and Survivors.

Address: 3144 Broadway St., Eureka, Ca 95501

Hours of Operation: M,T, Th, F 9am-4pm; W 9am-12pm

Phone: 800-772-1213

Website: ssa.gov



CALFRESH

Services Available: Provides eligible households with an electronic benefits transfer (EBT) card that works just like a debit card and can be used at most grocery stores and farmers markets to ensure access to healthy foods. CalFresh is a nutrition supplement and is not intended to meet a family's entire food need.

Address: 929 Koster St., Eureka, CA 95501

Hours of Operation: M-F 8:00am - 5:00pm

Phone: 877-410-8809

Website: humboldt.gov/519/CalFresh



CALWORKS

Services Available: Participants who meet federal work participation requirements are eligible to receive employment assistance while receiving CalWORKs financial assistance.

Address: 929 Koster St., Eureka, CA 95501

Hours of Operation: M-F 7:30am - 5:30pm

Phone: 707-445-6255

Website: humboldt.gov/525/CalWORKS



Financial Assistance

GENERAL RELIEF

Services Available: General assistance program for indigent county residents that offers repayable benefits. Provides services to disabled recipients to assist with the processing of their applications for SSI/SSP. This includes help in gathering medical, social, psychological and other information necessary to the application/reconsideration. Also provides temporary services to employable individuals.

Address: 929 Koster St., Eureka, CA 95501

Hours of Operation: M-F 7:30am - 5:30pm

Phone: 877-410-8809

Website: humboldt.gov.org/527/General-Relief



WIC

Services Available: For income-eligible pregnant, breastfeeding, and non-breastfeeding women and children under the age of 5 who have a nutritional need.

Address: 317 2nd St., Eureka, CA 95501

Hours of Operation: M, T, Th 8:30am - 4:30pm; W 7:30am - 5:45pm;
F 8:30am - 3pm

Phone: 707-445-6255

Website: humboldt.gov.org/657/Women-Infants-Children-WIC



FAMILY SERVICES



Participants may not be experiencing challenges on their own. They may have children and a family that are also experiencing them with them.

This category reflects services that can assist with families in need. These services can include childcare programs, or assistance programs to help empower the family to get their needs met as the UPLIFT participant works on their individual progress.

Family Services

IN-HOME SUPPORTIVE SERVICES

Services Available: This is a program that provides aid to blind, aged, and disabled individuals who are unable to remain safely in their own home without the aid of a care provider.

Address: 808 E St., Eureka, CA 95501

Phone: 707-476-2100

Website: humboldt.gov/502/In-Home-Supportive-Services



CHANGING TIDES FAMILY SERVICES

Services Available: Provides child care subsidies and resource and referrals. Also offers parenting workshops & classes.

Address: 2259 Myrtle Ave, Eureka, CA 95501

Hours of Operation: M-F 8:30am-5pm

Phone: 707 444-8293

Website: changingtidesfs.org



CALIFORNIA CHILDREN'S SERVICES

Services Available: Many medical conditions that are physically disabling are eligible for benefits under the California Children's Services (CCS) Program. This tax-supported program provides specialized medical care and rehabilitation for children whose families cannot provide all or part of the care.

Address: 908 7th St., Eureka, CA 95501

Hours of Operation: M-F 8:30am-noon, 1pm-5pm

Phone: 707-445-6212

Website: humboldt.gov/621/California-Childrens-Services-CCS



Family Services

TRANSITION-AGE YOUTH SERVICES

Services Available: Serves youth and young adults ages 16 to 26. Services are tailored, collaborative and based on a young person's strengths. The goal is to create an environment where young people thrive at home, school, work and in their community. TAY Programs include: Counseling Services, Employment Training, and Independent Living Training.

Address: 433 M St., Eureka, CA 95501

Phone: 707-476-4944

Website: humboldt.gov.org/542/Transition-Age-Youth-Programs



CHILDREN'S MENTAL HEALTH SERVICES

Services Available: The Children and Family Services Program provides assessment, therapy, case management, psychological services and medication services.

Address: 1711 3rd St., Eureka, CA 95501

Hours of Operation: M-F 8 am - 5pm

Phone: 707-268-2800

Website: humboldt.gov.org/1601/Childrens-Mental-Health-Services



MATERNAL, CHILD, AND ADOLESCENT HEALTH

Services Available: Staff at the local health offices develop and coordinate services and administer special projects in the area of maternal and child health, provide professional and community health education, and conduct the applicable programs.

Hours of Operation: M-F 8:30am - 12pm and 1-5 pm

Phone: 707-445-6210

Website: humboldt.gov.org/1013/Maternal-Child-Adolescent-Health



Family Services

FAMILY VIOLENCE PREVENTION PROGRAM

Services Available: The Family Violence Prevention Program (FVPP) is a primary prevention program of the Healthy Communities Division. FVPP uses many strategies for the prevention of violence in Humboldt County.

Address: 908 7th St., Eureka, CA 95501

Phone: 707-268-2132

Website: humboldt.gov/616/Family-Violence-Prevention-Program



NURSE-FAMILY PARTNERSHIP

Services Available: Each mother served by this national program is partnered with a registered nurse early in her pregnancy (by week 28) and receives support and guidance through her child's 2nd birthday. This partnership can help break the cycle of poverty by empowering mothers to become confident, skilled parents able to prepare for successful futures.

Address: 529 I St., Eureka, CA 95501

Phone: 707-268-2108

Website: humboldt.gov/578/Nurse-Family-Partnership



MATERNITY SUPPORT AND EDUCATION

Services Available: Prenatal and postpartum Yoga, birthing classes, breastfeeding support

Address: 2200 Harrison Ave, Eureka, CA 95501

Phone: (707) 268-0341

Website: stjoehumboldt.org



LEGAL ASSISTANCE



Legal issues can come in many forms, especially for individuals finding themselves in challenging circumstances.

This category reflects resources that not only guide participants towards services that offer legal advice, whether it be a criminal matter, civil matter or housing issue, but it also provides resources that can assist participants in addressing previous criminal backgrounds as far as it pertains to housing and employment if that is a personal factor.

Legal Assistance

LEGAL SERVICES OF NORTHERN CALIFORNIA

Services Available: The mission of Legal Services of Northern California is to provide quality legal services to empower the poor to identify and defeat the causes and effects of poverty within our community, efficiently utilizing all available resources.

Address: 123 Third St., Eureka, Ca 95501

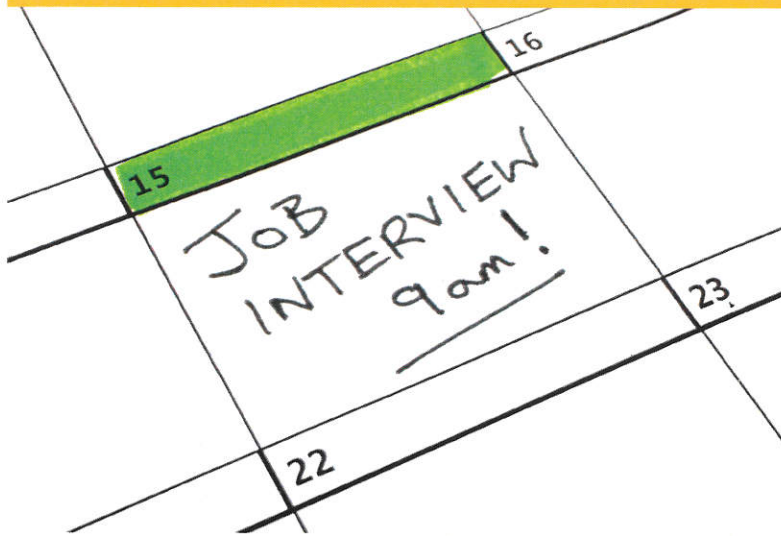
Hours of Operation: M, T, Th, F 9am-12pm; 1pm-4pm

Phone: 707-445-0866

Website: lsnc.net

LEGAL SERVICES
of
NORTHERN CALIFORNIA

EMPLOYMENT



Some participants may not be in a position to obtain employment or maintain a part or full time job.

This category reflects resources that can assist participants obtain employment.

Resources include employment agencies, training programs, as well as existing work programs.

Employment

THE JOB MARKET

Services Available: The Job Market assist job seekers in obtaining employment and enable employers to meet the growth, retention, training and staffing needs of their business.

Address: 409 K St., Eureka, Ca 95501

Hours of Operation: M-F 8:00am-12:00pm; 1:00pm-5:00pm

Phone: 707-441-5627

Website: facebook.com/thejobmarkethumboldt/



EXPRESS EMPLOYMENT PROFESSIONALS

Services Available: Express Employment Professionals provides a full range of employment solutions that include full-time, temporary, and part-time employment in a wide range of positions, including professional, commercial, and administrative.

Address: 14 W Wabash Ave., Eureka, Ca 95501

Hours of Operation: M-F 8:00am-5:00pm

Phone: 707-268-1866

Website: expresspros.com



EMPLOYMENT TRAINING DIVISION

Services Available: Provides a comprehensive range of workforce preparation and job search assistance for individuals involved with several county programs including CalWORKs. General Relief, Helping Humboldt, Probation and Transitional-Age Youth as well as a range of subsidies and job placement assistance for employers.

Address: 929 Koster St., Eureka, Ca 95501

Phone: 707-441-4600

Website: humboldtgov.org/543/Employment-Training



Employment

CalWORKs

Services Available: The California Work opportunity and Responsibility to Kids (CalWORKs) program is Ca's Temporary Assistance for Needy Families (TANF) program. It provides temporary financial assistance and employment-focused services to families with minor children.

Address: 929 Koster St., Eureka, Ca 95501

Phone: 877-410-8809

Website: humboldt.gov.org/525/CalWORKs



WELFARE-TO-WORK

Services Available: Assists families in becoming self-sufficient through employment. All adults in the family, or assistance unit, are required to participate in the development of, and participate in, their unique employment plan for self-sufficiency. The plan is prepared following state requirements, the individual's unique skills and incorporates local employers, nonprofit agencies, and education/training resources. Offers numerous services to assist families become self-sufficient.

Address: 929 Koster St., Eureka, CA 95501

Phone: 707-268-3400; 877-410-8809

Website: humboldt.gov.org/531/Welfare-To-Work



EMPLOYMENT DEVELOPMENT DEPARTMENT

Services Available: The Employment Development Department (EDD) provides a comprehensive range of employment and training services in partnership with state and local agencies and organizations. These services benefit job seekers, laid off workers, youth, individuals currently working, veterans, and people with disabilities.

Address: 409 K St., Eureka, CA 95501

Phone: 707-445-6530

Website: edd.ca.gov



Employment

CALIFORNIA CONSERVATION CORPS

Services Available: Our program provides young ,men and women 18-25 years old a year of paid service to the State of California. During their year of service, Corps members work on environmental projects and respond to natural disasters. Through this work, they gain skills and experience that lead to meaningful careers. Our motto is "Hard work, low pay, miserable conditions and more!". We are dedicated to developing our Corps members into citizens with character, credentials, and commitment.

Address: 1500 Alamar Way, Fortuna, CA 95540

Phone: 707-725-5106

Website: ccc.ca.gov



CALIFORNIA DEPARTMENT OF REHABILITATION

Services Available: The DOR works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living, and equality for individuals with disabilities. Vocational rehabilitation services are designed to help job seekers with disabilities obtain competitive employment in integrated work settings. Independent Living Services include peer support, skill development, systems advocacy, referrals, assistive technology services, transition services, housing assistance, and personal assistance services.

Address: 1330 Bayshore Way, Suite 101, Eureka, CA 95501

Phone: 707-445-6300

Website: dor.ca.gov



TRANSPORTATION



Participants might not be in a position to take advantage of needed and wanted resources due to the simple fact that they do not have access to transportation to get to these desired services.

This category reflects resources in the community that provide potential assistance for transportation. These include pay for services, programs for qualified individuals, and programs that include transportation.

Transportation

COMMUNITY BIKE KITCHEN

Services Available: Since opening in June 2013, the Community Bike Kitchen has provided tools, resources and mechanics' knowledge to help people learn to repair or build-up used bicycles. The bike kitchen is located at the Jefferson Community Center, and provides bicycles and bicycle knowledge to Eureka's Westside community and beyond.

Address: 1000 B St., Eureka, CA 95501

Hours of Operation: T, W, S, Su 6pm-8pm

Phone: 707-269-2061

Website: eurekabikekitchen.wordpress.com



HUMBOLDT TRANSIT AUTHORITY-EUREKA (ETS)

Services Available: The Eureka Transit Service (ETS) has been operating since January 1976. It operates four fixed routes that run Monday - Friday, with limited Saturday service

Address: 133 V St., Eureka, CA 95501

Hours of Operation: M-F 8am-noon; 1pm-4:30pm

Phone: 707-443-0826

Website: hta.org

Humboldt Transit
AUTHORITY

FARES ETS

Fares

Regular Cash Fare.....	\$1.70
Reduced Cash Fare.....	\$1.30
Regular Day Pass.....	\$3.95
Reduced Day Pass.....	\$3.00
Regular Month Pass.....	\$48.00
Reduced Month Pass.....	\$41.00
Regular Transit Pass Fare.....	\$1.40
Reduced Transit Pass Fare.....	\$0.95

Transportation

HUMBOLDT TRANSIT AUTHORITY-EUREKA

Services Available: The Eureka Transit Service (ETS) has been operating since January 1976. It operates four fixed routes that run Monday - Friday, with limited Saturday service

Address: 133 V St., Eureka, CA 95501

Hours of Operation: M-F 8am-noon; 1pm-4:30pm

Phone: 707-443-0826

Website: hta.org

Humboldt Transit
AUTHORITY

WEEKDAY SCHEDULES ETS

Weekday Schedules

Red Route

H & 3rd	:00
4th & D	:01
Koster & Washington	:04
Costco	:05
Broadway & Del Norte	:06
Forest Service	:08
Bayshore Mall	:12
Harris & Central	:14
Harris & Elizabeth	:14
Harris & Summer	:15
Harris & Lowell	:15
Harris & F	:18
Break	
Leave Harris & F	:27
H & Manzanita	:28
H & Oak	:29
Moose Lodge	:31
Campton & Leslie	:31
Campton & Herron	:32
Excelsior & Campton	:32
Excelsior & Holly	:33
Holly & Walnut	:33
Walnut & Cypress	:34
Walnut & Fern	:35
Walnut & Redwood	:35
Sequoia Park	:36
W & Chester	:36
Hodgson & T	:37
Hodgson & Q	:38
Hodgson & J	:39
F & Harris	:45
Henderson & Lowell	:46
Henderson & A	:47
California & Long	:48
California & Del Norte (Sr. Center)	:49
California & 15th	:50
California & Simpson	:51
California & 7th	:52
7th & C	:52
H & 3rd	:59

Hours of Operation:
7:00am - 7:00pm

Green Route

Harris & F	:52
Harris & K	:52
Harris & Q	:53
Harris & U	:54
Harrison & Harris	:56
St. Joseph's Hospital	:58
Harrison & Buhne	:59
General Hospital	:01
Harrison & 18th	:02
Silvercrest	:09
Myrtle & Sunny	:10
Myrtle & Dean	:11
Park & Myrtle	:12
Lafayette School	:13
Park & Nedra	:14
Nedra & 18th	:14
18th & Myrtle	:15
Myrtle & Glenwood	:16
Myrtle & Market	:16
Myrtle & Hall	:17
Redwood Acres	:18
Granada	:19
Harris & U	:20
Harris & P	:21
Harris & K	:22
F & Harris	:26
Leave F & Harris	:28
Henderson & Lowell	:29
Henderson & A	:30
Henderson & Summer	:30
Henderson & Spring	:31
Henderson & Central	:31
Forest Service	:34
Bayshore Mall	:37
Harris & Central	:39
Harris & Elizabeth	:40
Harris & Summer	:41
Harris & Lowell	:41
Harris & F	:44

Hours of Operation:
6:52am - 6:44pm

Gold Route

H & 3rd	:00
6th & G	:02
6th & C	:03
Summer & 7th	:04
Summer & Clark	:05
Summer & 15th	:06
Summer & Wabash	:07
Del Norte & California (Senior Center)	:08
California & Buhne	:09
California & Dollison	:09
Henderson & Summer	:10
Henderson & Spring	:10
Veterans Clinic	:12
Utah & South	:13
Utah & Allard	:14
Little Fairfield & Allard	:15
Little Fairfield & Sea	:16
Bingen & Lewis	:16
Alpha & Myers	:19
Eureka & Leonard	:20
Vance & Herrick	:21
Herrick & Elk River Rd	:22
K Mart	:24
Broadway & McCullens	:26
Bayshore Mall	:31
Harris & Central	:33
Harris & Elizabeth	:34
Harris & Summer	:34
Harris & Lowell	:35
F & Harris	:38
Break	
Leave F & Harris	:47
E & Dollison	:48
E & Huntton	:49
E & Del Norte	:50
E & 15th	:51
E & Clark	:52
E & 9th	:52
H & 3rd	:59

Hours of Operation:
6:31am - 7:00pm (starting at Bayshore Mall)

Purple Route

H & 3rd	:59
2nd & L	:00
3rd & T	:03
3rd & V	:04
2nd & Y/Target	:04
2nd & V	:05
Silvercrest	:09
Myrtle & Sunny	:11
Myrtle & Dean	:12
Harrison & 18th	:13
General Hospital	:15
Buhne & Harrison	:16
Buhne & S	:17
Buhne & N	:18
Buhne & J	:19
Buhne & F	:20
E & Dollison	:21
Harris & F	:24
Break	
Leave Harris & F	:32
I & Huntton	:33
I & Del Norte	:34
I & 15th	:35
I & 12th	:35
H & 9th	:37
H & 12th	:37
H & 15th	:38
H & Del Norte	:38
H & Huntton	:39
H & Russ	:39
Harris & F	:44
Harris & K	:44
Harris & Q	:45
S & Wood	:46
S & Carson	:46
Zane	:47
West & 17th	:48
West & 13th	:48
Burne Center	:49
6th & O	:51
6th & L	:52
H & 3rd	:59

Hours of Operation:
6:37am - 7:00pm

Transportation

HUMBOLDT TRANSIT AUTHORITY-EUREKA

Services Available: The Eureka Transit Service (ETS) has been operating since January 1976. It operates four fixed routes that run Monday - Friday, with limited Saturday service

Address: 133 V St., Eureka, CA 95501

Hours of Operation: M-F 8am-noon; 1pm-4:30pm

Phone: 707-443-0826

Website: hta.org

**Humboldt Transit
AUTHORITY**

SATURDAY SERVICE ETS



Transportation

HUMBOLDT TRANSIT AUTHORITY-EUREKA

Services Available: The Eureka Transit Service (ETS) has been operating since January 1976. It operates four fixed routes that run Monday - Friday, with limited Saturday service

Address: 133 V St., Eureka, CA 95501

Hours of Operation: M-F 8am-noon; 1pm-4:30pm

Phone: 707-443-0826

Website: hta.org

Humboldt Transit
AUTHORITY

SATURDAY SCHEDULES ETS

Saturday Schedules

Gold Route

H & 3rd	:00
6th & G	:02
6th & C	:03
Summer & 7th	:04
Summer & Clark	:05
Summer & 15th	:06
Summer & Wabash	:07
Del Norte & California (Senior Center)	:08
California & Buhne	:09
California & Dollison	:09
Henderson & Summer	:10
Henderson & Spring	:10
Veterans Clinic	:12
Utah & South	:13
Utah & Allard	:14
Little Fairfield & Allard	:15
Little Fairfield & Sea	:16
Bingen & Lewis	:16
Alpha & Myers	:19
Eureka & Leonard	:20
Vance & Herrick	:21
Herrick & Elk River Rd	:22
K Mart	:24
Broadway & McCullens	:26
Bayshore Mall	:31
Harris & Central	:33
Harris & Elizabeth	:34
Harris & Summer	:34
Harris & Lowell	:35
F & Harris	:38
Break	
Leave F & Harris	:47
E & Dollison	:48
E & Huntton	:49
E & Del Norte	:50
E & 15th	:51
E & Clark	:52
E & 9th	:52
H & 3rd	:59

Hours of Operation:
10:00am - 5:00pm

Purple Route

H & 3rd	:00
2nd & L	:01
3rd & T	:02
3rd & V	:03
2nd & Y/Target	:04
2nd & V	:05
Silvercrest	:09
Myrtle & Sunny	:11
Myrtle & Dean	:12
Harrison & 18th	:13
General Hospital	:15
Buhne & Harrison	:16
Buhne & S	:17
Buhne & N	:18
Buhne & J	:19
Buhne & F	:20
E & Dollison	:21
Harris & F	:24
Break	
Leave Harris & F	:32
I & Huntton	:33
I & Del Norte	:34
I & 15th	:35
I & 12th	:35
H & 9th	:37
H & 12th	:37
H & 15th	:38
H & Del Norte	:38
H & Huntton	:39
H & Russ	:39
Harris & F	:44
Harris & K	:44
Harris & Q	:45
S & Wood	:46
S & Carson	:46
Zane	:47
West & 17th	:48
West & 13th	:48
Burne Center	:49
6th & O	:51
6th & L	:52
H & 3rd	:59

Hours of Operation:
10:00am - 5:00pm

Rainbow Route

3rd & H	:00
4th & D	:02
Koster & Washington	:04
Costco	:05
Broadway & Del Norte	:06
Forest Service	:08
Bayshore Mall	:10
Harris & Central	:12
Harris & Elizabeth	:13
Harris & Summer	:13
Harris & Lowell	:14
Harris & F	:15
Break	
Leaving Harris & F	:23
Harris & K	:24
Harris & Q	:25
Harris & U	:26
Chester & Dolbeer	:26
Walnut & Hemlock	:27
Sequoia Park	:28
Chester & W (Zoo)	:29
Harris & Harrison	:30
Harrison & Erie	:31
Buhne & Harrison	:32
General Hospital	:33
Harrison & 18th	:34
Myrtle Town Shops	:35
Myrtle & 18th	:36
Myrtle & Glenwood	:37
Myrtle Ave Market	:37
Myrtle & Hall	:37
Redwood Acres	:38
Harris & Granada	:39
Harris & U	:41
Harris & P	:42
Harris & K	:44
Harris & F	:47
Break	
Leaving Harris & F	:50
I & Huntton	:51
I & Del Norte	:52
I & 15th	:53
I & 12th	:53
H & 3rd	:57

Hours of Operation:
10:00am - 5:00pm

SECTION THREE: NEW BEGINNINGS



Resources in this section are reflective of resources that can be utilized for participants who have achieved a lot of their previously set goals and are in a position to start to take advantage of other resources to start to find housing, and start chasing other goals.

These categories include:

Housing Assistance

Education

Quality of Life

HOUSING ASSISTANCE



All participants do have one common goal: to obtain permanent housing. This category reflects resources in the community that provide potential assistance in obtaining that goal.

Housing Assistance

REAL PROPERTY MANAGEMENT

Services Available: Real Property Management is a rental management company that also offers professional services that include on-going communication, comprehensive marketing and advertising, thorough tenant screening and selection, full-service leasing, timely rent collection, regular inspections, cost-effective and reliable maintenance, strict and compliant evictions, and comprehensive accounting.

Address: 710 E St., Ste 205 Eureka, Ca 95501

Hours of Operation: Mon-Fri 10:00-4:30

Phone: 707-444-3835

Website: www.rpmhumboldt.com



Housing Authority of Eureka and Humboldt Co.

Services Available: The Housing Authority was established to provide clean, decent, safe, sanitary and affordable housing for low-income families. The Housing Authority of the City of Eureka is an independent agency, with operations separate from those of the City of Eureka. Currently the Housing Authority owns and operates several housing projects throughout the City of Eureka, including Eureka Family Housing, Eureka Senior Housing and Public Housing Projects. The projects are low rent and provide housing to families, seniors and individuals that meet income eligibility requirements.

Address: 735 West Everding St., Eureka, Ca 95503

Phone: 707-443-4583

Website: eureka-humboldt-hsg.org/home.html



Housing Assistance

AREA 1 AGENCY ON AGING, THE NEST

Services Available: Provides tools and resources to help seniors find home-sharing tenants.

Address: 434 7th St., Eureka, Ca 95503

Phone: 707-442-3763

Website: a1aa.org



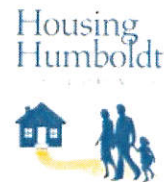
HOUSING HUMBOLDT

Services Available: Housing Humboldt is a non-profit, public-benefit corporation that make it possible for very low and low-income individuals, families, and seniors to rent or buy high-quality, safe, and affordable housing.

Address: 824 L St., Arcata, CA 95521

Phone: 707-826-7312

Website: housinghumboldt.org



REDWOOD COMMUNITY ACTION AGENCY

Services Available: RCAA is working together with Housing Humboldt which enables us to offer a alarger variety of properties and locations. Housing Humboldt has properties in Arcata, McKinleyville, Eureka, and Fortuna. Cats and small dogs may be considered according to the specific pet policy of each location.

Address: 904 G St., Eureka, CA 95501

Phone: 707-269-2001

Website: rcaa.org



EDUCATION



Furthering one's education is a dream that many have, including our participants. Continuing education can open up previously closed doors. It not only boosts self-esteem and self-worth, but it also boots one's marketability in the job market.

Education

COLLEGE OF THE REDWOODS

EXTENDED OPPORTUNITY PROGRAMS & SERVICES

Services Available: Extended Opportunity Programs and Services (EOPS) is a state-funded program designed to provide financial assistance, support and encouragement for eligible income disadvantaged students.

Address: Learning Resource Center

7351 Tompkins Hill Rd Eureka, Ca 95501

Hours of Operation: M-Th 8:30-5:00; F 8:30-4:00

Phone: 707-476-4270

Website: redwoods.edu/eops/



COLLEGE OF THE
REDWOODS

HUMBOLDT LITERACY PROJECT

Services Available: Humboldt Literacy Project teaches adults in Humboldt County the literacy skills they need on the job, at home, and in our community.

Address: 537 G St., Suite 203, Eureka, Ca 95501

Phone: 707-445-3655

Website: humlit.org



Education

FEDERAL STUDENT AID

COLLEGE OF THE REDWOODS

Services Available: Student financial aid in the United States is funding that is available exclusively to students attending a post-secondary educational institution in the United States. This funding is to assist in covering the many costs incurred in the pursuit of post-secondary education.

Address: Student Services, 7351 Tompkins Hill Road, Eureka, CA 95501

Phone: 707-476-4182

Website: redwoods.edu/financialaid/



COLLEGE OF THE
REDWOODS

FEDERAL STUDENT AID

HUMBOLDT STATE UNIVERSITY

Services Available: Student financial aid in the United States is funding that is available exclusively to students attending a post-secondary educational institution in the United States. This funding is to assist in covering the many costs incurred in the pursuit of post-secondary education.

Address: 1 Harpst St., Arcata, CA 95521

Phone: 707-826-4321

Website: finaid.humboldt.edu/



QUALITY OF LIFE SERVICES



Quality of Life activities are important for the physical and psychological well-being of all people, and participants are no exception. If a person does not take time out from work and stress, problems are more apt to arise, including health problems and loss of motivation. Recreation and leisure activities are important processes that help refresh and reinvigorate both the body and mind, as well as build social and human connection.

Quality of Life

Humboldt County Library

Services Available: A Vital community resource, the Library provides service to all county residents and visitors through the Main Library in Eureka, ten Branch Libraries, and a Bookmobile. The Library offers a variety of services and resources. Everyone is welcome to visit and use the Humboldt County Library.

Address: 1313 3rd St., Eureka, Ca 95501

Hours of Operation: T, Th noon-5pm, W noon-8pm, F 10am-5pm, S 11am-4pm

Phone: 707-269-1900

Website: humboldtgov.org/1346/Public-Library



HUMBOLDT COUNTY LIBRARY & SEQUOIA PARK ZOO

Services Available: Free Sequoia Park Zoo passes at the Library! Thanks to a partnership between the Zoo and the Library, 4 family passes will be available at the Library each month to check out with a library card. It's first-come, first-served, and the passes must be used within 7 days of checkout. Limit 2 checkouts per family per year.

*Family passes cover admission for 2 adults & 2 children, OR 1 adult and 3 children. Babies are always free.

Address: 1313 3rd St., Eureka, Ca 95501

Hours of Operation: T, Th noon-5pm, W noon-8pm, F 10am-5pm, S 11am-4pm

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