



OF HUMBOLDT

AGENDA ITEM NO.

C1a

For the meeting of: May 22, 2018

Date: April 28, 2018

To: Board of Supervisors

From: Connie Beck, Director *ccbr for CB*
Department of Health and Human Services-Mental Health Branch

Subject: Behavioral Health Board Alcohol and Other Drug (AOD)/ Dual Recovery Committee Proposal

RECOMMENDATION(S):

That the Board of Supervisors receive and file the attached report prepared by Humboldt County Behavioral Health Board's Alcohol and Other Drug (AOD)/Dual Recovery Committee.

SOURCE OF FUNDING:

N/A

DISCUSSION:

The Humboldt County Behavioral Health Board is a requirement of Welfare and Institutions Code 5604, and was established per the Lanterman-Petris-Short Act of 1967. The County and the Department of Health and Human Services actively support the Behavioral Health Board. The Humboldt County Behavioral Health Board meets monthly and consists of 15 members. Meetings of the Behavioral Health Board are subject to the provisions of the Brown Act. Counties are encouraged to appoint individuals who have experience and knowledge of the mental health system. The Behavioral Health Board should reflect the diversity of the client population in the County. Fifty percent of the membership shall be consumers or the

Prepared by: Michelle Thomas

CAO Approval: *[Signature]*

REVIEW:

Auditor _____ County Counsel _____ Personnel _____ Risk Manager _____ Other _____

TYPE OF ITEM:

☒ Consent
☐ Departmental
☐ Public Hearing
☐ Other _____

PREVIOUS ACTION/REFERRAL:

Board Order No. _____

Meeting of: _____

BOARD OF SUPERVISORS, COUNTY OF HUMBOLDT

Upon motion of Supervisor *Bass* Seconded by Supervisor *Fennell*

Ayes *Bass, Fennell, Sundberg, Bohn, Wilson*

Nays _____
Abstain _____
Absent _____

and carried by those members present, the Board hereby approves the recommended action contained in this Board report.

Dated: *5/22/18*

By: *[Signature]*

Kathy Hayes, Clerk of the Board

parent, spouse, sibling or adult children of consumers who are receiving or have received mental health services.

At the regular meeting of the Humboldt County Behavioral Health Board on March 15, 2018 the Humboldt County Behavioral Health Board unanimously approved sending the Behavioral Health Board AOD/ Dual Recovery Committee's proposal to the Board of Supervisors.

This proposal was developed over the last six months during the Behavioral Health Board AOD/ Dual Recovery Committee meetings. Developmental meetings included Transitional-Aged Youth (TAY) Advisory Board members and various Department of Health and Human Services (DHHS) staff, as well as community providers of substance use disorder residential services and transitional living housing.

FINANCIAL IMPACT:

There is no financial impact since Behavioral Health Board members volunteer their services.

OTHER AGENCY INVOLVEMENT:

No other agencies are involved.

ALTERNATIVES TO STAFF RECOMMENDATIONS:

The Board could choose not to receive the Behavioral Health Board's AOD/Dual Recovery Committee proposal.

ATTACHMENTS:

1. Behavioral Health Board Alcohol and Other Drug (AOD)/ Dual Recovery Committee proposal to the Board of Supervisors.



HUMBOLDT COUNTY BEHAVIORAL HEALTH BOARD

720 Wood Street
Eureka, CA 95501
Behavioral Health Administration (707) 268-2990 Fax (707) 476-4049

Date: May 22, 2018
To: Humboldt County Board of Supervisors
From: Humboldt County Behavioral Health Board's Alcohol and Other Drug/Dual Recovery Committee

The following matter is being forwarded to the Humboldt County Board of Supervisors by the Humboldt County Behavioral Health Advisory Board at the instigation of its Alcohol and Other Drug/ Dual Recovery Committee: The requests submitted for consideration are located at the end of this document.

Humboldt County has a documented high number of residents with substance use disorders. A significant number of these clients have co-occurring mental or physical health conditions, have a criminal record or are homeless, which can make substance use disorder recovery a long process. Many substance use disorder clients cannot safely return to their homes or places of former residence immediately following their course of treatment. DHHS is committed to the wellness and recovery of its substance use disorder (SUD) clients. The National Association of Drug and Alcohol Addiction Counselors' (NADAAC) statistics show that the greatest amount of substance use disorder relapse occurs within the first 30 days following treatment when clients no longer have supportive services.

Humboldt County has licensed and certified residential treatment facilities. The pending Drug Medi-Cal expansion provides the possibility of new funding for qualifying residential treatment facilities.

The American Society of Addiction Medicine has determined that substance use disorder is a chronic medical condition, and current existing research has demonstrated that sustained recovery from SUD, with or without co-occurring disorders, is most successful when clients have completed 12 months of treatment. This should include case management and support groups run by trained, competent and caring counselors at every phase, beginning, if medically indicated, with residential treatment and continuing afterwards with outpatient treatment, and, if necessary, supported by transitional living facilities tailored for those in substance use disorder recovery, the entire sequence is also known in the SUD field as the "continuum of care." Humboldt County has limited funded SUD outpatient treatment for clients completing residential treatment programs and clients evaluated as needing only outpatient services.

We are aware that the Humboldt County Board of Supervisors passed a resolution in March 2016 adopting Housing First for reducing homelessness throughout Humboldt County. Structured, supported transitional housing tailored for those in recovery from substance use disorder aligns with the Housing First approach in that the option is chosen by the client and is not a requirement. Many individuals in substance use disorder recovery need the option to stay in supportive transitional housing as they advance in their recovery and rebuild their lives. Additionally, many individuals who want or need the support of transitional housing for those in substance use disorder recovery may not meet the definition of homeless. The individual may have a home and/or family they can live with, however they need the additional support in order to cement and enhance their recovery.

A limited number of transitional living facilities exist in Humboldt County, though many clients need this service in order to remain clean and sober and pursue employment, educational, or other personal goals to sustain their productive future.

It is respectfully requested for consideration by the Humboldt County Board of Supervisors that

- a.) Support for additional grant and county funding be prioritized for outpatient substance use disorder treatment, particularly to support clients who have successfully completed residential treatment yet still need additional services to maintain their recovery.
- b.) Support for transitional living facilities for those in substance use disorder recovery via grants and county funds be prioritized, particularly for clients who have successfully completed residential or outpatient treatment but cannot safely return to their places of former residence due to those places being high relapse risk environments.
- c.) Support and recognition for the proven concept of the continuum of care to be the criteria adopted for future substance use disorder treatment expansion. The concept of continuous care, or "treatment on demand," involves a complete start-to-finish, unbroken transition from one level of care to another. This continuum of care provides clients with a sense of security and well-being.