



## COUNTY OF HUMBOLDT

AGENDA ITEM NO.

C2

For the Meeting of: May 8, 2018

Date: April 18, 2018  
To: Board of Supervisors  
From: Supervisor Ryan Sundberg  
Subject: National Children's Mental Health Awareness Day Proclamation.

RECOMMENDATION(S): That the Board of Supervisors adopt the Proclamation.

SOURCE OF FUNDING: N/A

DISCUSSION: The Board of Supervisors wishes to recognize National Children's Mental Health Awareness Day and Mental Health Month in Humboldt County to bring awareness to the behavioral health needs of all children, youth, and young adults in our community.

FINANCIAL IMPACT: N/A

OTHER AGENCY INVOLVEMENT:

ALTERNATIVES TO STAFF RECOMMENDATIONS: Board discretion.

ATTACHMENTS: Proclamation.

Prepared by Tracy Damico

Signature

**REVIEW:**

Auditor \_\_\_\_\_ County Counsel \_\_\_\_\_ Personnel \_\_\_\_\_ Risk Manager \_\_\_\_\_ Other \_\_\_\_\_

**TYPE OF ITEM:**

XXX ☒ Consent  
☐ Departmental  
☐ Public Hearing  
Other ☐

BOARD OF SUPERVISORS, COUNTY OF HUMBOLDT

Upon motion of Supervisor Wilson

Seconded by Supervisor Bass

And unanimously carried by those members present,  
The Board hereby adopts the recommended action  
contained in this report.

**PREVIOUS ACTION/REFERRAL:**

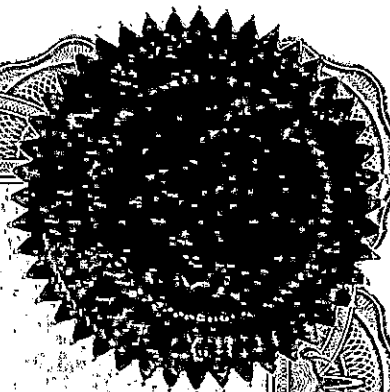
Board Order No. \_\_\_\_\_

Meeting of: \_\_\_\_\_

Dated: 5/8/18

Ana Hartwell, Deputy Clerk of the Board

By:



# PROCLAMATION

## OF THE

### BOARD OF SUPERVISORS

### COUNTY OF HUMBOLDT

**Whereas**, National Children's Mental Health Awareness Day is May 10, and May is Mental Health Month; and

**Whereas**, all infants, toddlers, young children, youth and young adults deserve mental health, which is characterized by healthy social and emotional development and opportunities within the context of their family, community, culture and personal identity to:

- Learn and explore their environments
- Develop close satisfying relationships with others
- Actualize their intellectual and emotional potential
- Build competence in culturally-relevant skills and abilities
- Contribute meaningfully to their communities
- Transition successfully to adulthood

**Whereas**, perinatal mood disorders impact 1 million women per year and postpartum depression and anxiety is being increasingly recognized in fathers and these disorders can interfere with the parents' ability to care for and develop healthy attachments with their children, thus impacting the development of those children; and


**Whereas**, effective infant-family, early childhood and youth interventions as identified by the World Health Organization focus on attending to the "whole" child/youth, promoting positive child/youth development, the prevention of mental health problems and gaining access to mental health treatment alternatives that facilitate holistic wellness; and

**Whereas**, diverse research in fields from neuroscience to child and adolescent development identify successful strategies for building a trauma-informed and multi-disciplinary health system serving young children, youth and young adults, and there are many local efforts providing training about and integrating these strategies; and

**Whereas**, the national theme "Awareness Day 2018: Partnering for Health and Hope Following Trauma", leads to the further exploration of how communities can work together in supporting infants, young children, youth and young adults and their families who experience mental health challenges or substance use disorders.

**NOW, THEREFORE**, the Humboldt County Board of Supervisors, recognizing the importance of highlighting children's mental health, does hereby proclaim May 10, 2018 as National Children's Mental Health Awareness Day. The Board of Supervisors urges all community members to increase their awareness regarding the mental health of infants, young children, youth and young adults, and promote a network of support that prioritizes services such as prevention, intervention and treatment that supports community wellness.

DATED: May 8, 2018



Ryan Sundberg, Chair