Alospice is...

kind of . Caring

"The most important thing Hospice did for our family was allow us to do it our way.

y was allow us to do it our way. You always gave Cindy choices." – Cindy's Mother

Eligibility for Hospice Services

Anyone is eligible for care if they:

- have a prognosis of six months or less to live
- have elected not to continue with measures to cure their disease
- have their physician's agreement that Hospice services will be beneficial
- want to conclude their lives in their own homes or in a care facility
- live within Hospice of Humboldt's service area

Hospice of Humboldt is a non-profit, licensed, Medicare/Medi-Cal certified organization that meets all professional standards, and has provided hospice services to Humboldt County residents since 1979.

For more information about Hospice services, community bereavement services or our volunteer program, please contact our office listed below.

Hospice of Humboldt will not discriminate based on gender, race, color, creed, sex, religion, marital status or age in admissions, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy, contact: Sarah Shanahan at 707-445-8443.

Hospice of Humboldt cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

> 3327 Timber Fall Court Eureka, CA 95503

> > 707.445.8443 (PH) 707.445.2209 (FAX)

e-mail: hospice@hospiceofhumboldt.org web: hospiceofhumboldt.org

HOSPICE OF



Providing End-of-Life
Medical, Emotional & Spiritual
Support for Patients &
their Loved Ones

Compassion & Support

Hospice is...

a philosophy of care for people with a life threatening illness. The focus of Hospice care is on quality of life with an emphasis on pain control and symptom management. All care is under the direction of the patient's physician. All diagnoses and ages are eligible for care.

Patients receive support to help them stay in their place of residence, make decisions related to their care, remain as productive and active as possible, and include friends and family members in their care.

The patient can receive Hospice care at home, in a skilled nursing facility or a residential care facility. Hospice provides services even if the patient is living alone. A person does not need to be home bound for Hospice care.

How to Get Hospice Services

Anyone can call Hospice of Humboldt and ask for an informational visit. There is no charge for this service.

Call the Hospice Admissions Team at 445-5042 for more information or to schedule an appointment.

Services Provided by the Hospice of Humboldt Team

- Licensed Nursing services for pain control and other symptom management including 24 hour on-call services
- Medical Social Worker services to give emotional support to the patient and family and help with end-of-life planning
- Support by professional Hospice Spiritual Care Providers to help with spiritual concerns
- Certified Home Health Aide services for personal care and other comfort measures
- Hospice trained volunteers for home visits and other patient or family support as needed
- Bereavement support for family members and other loved ones throughout the patient's illness and after the death
- Hospice Medical Director services to coordinate the patient's care with the Hospice team and the patient's physician

Payment for Hospice of Humboldt Care

Hospice care is covered by the Hospice Medicare and Medi-Cal benefits. It is also a covered benefit under most private insurance plans, including HMO plans and managed care organizations. No person is refused services due to their inability to pay.

The Hospice Medicare benefit pays for all medications related to the pain and symptom management of the terminal illness and supplies and equipment necessary for comfort care.



Hospice Care and Hope

When there is no longer hope for a cure, there is still hope. Hospice provides a life affirming climate where the patient can work on personal goals, live life with a sense of personal worth, find meaning and purpose at the end of life, and prepare for death in his or her own way.

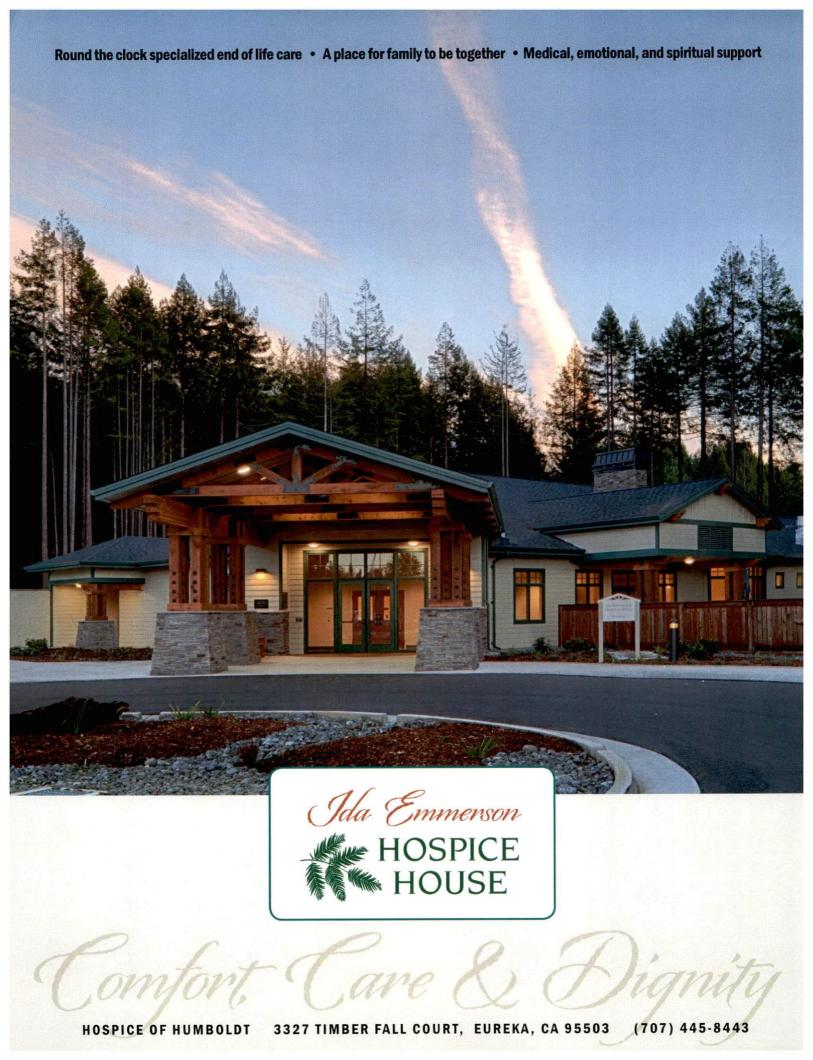
Hospice of Humboldt Bereavement Services

The complex and painful issues involved with death, dying and the grieving process touch the lives of many, not just Hospice patients and their families. Bereavement support is offered on an individual basis and in support groups. Services are given to:

- any community member who is trying to deal with the death of a loved one from any disease or cause
- anyone seeking bereavement information or services about how to cope with an actual or impending death of a loved one

"You come into a home caring for a terminally ill loved one, and in turn you bring peace and comfort to the patient and the family, and you help heavy hearts survive the loss."

Marilyn Field
 Family Member





he Ida Emmerson Hospice House is staffed 24 hours a day with a Registered Nurse and Hospice aide. All medical care is overseen by the Hospice of Humboldt Medical Director. Specially trained Patient Care volunteers are also available to provide companionship.

Who Receives Care at the Hospice House?

Patients must be on Hospice service, which requires a prognosis of six months or less to live. We work with your doctor to coordinate admission.

Private patient rooms include a state of the art medical bed, a recliner for use by the patient or a family member spending the night, a television, an armoire, and a bedside table. Each room has a private bathroom. Most patient rooms open to a small private patio. Patient beds can also be wheeled onto the patio if desired.

Types of Care Provided

- 1. General Inpatient Care is designed for patients whose symptoms cannot be managed where they live. General inpatient stays are usually for one to three days, until symptoms are under control and patients are able to return to their home. These services are covered by insurances.
- **2. Respite Care** is designed for patients whose caregivers are in need of a break. Each respite stay is limited to five days by insurance providers.
- 3. Residential Care is an option for hospice patients who wish to reside at our Hospice House. We offer private rooms with 24 hour RN coverage, nutritionally balanced meals along with resident and guest living room and dining room. Residential care is not covered by insurance so patients will be charged a daily rate.



The Chapel in the Redwoods

Overlooking the redwoods, our Chapel offers a refuge for quiet reflection. Available to families at any time during their loved one's stay, the Chapel is also available for small memorial services.





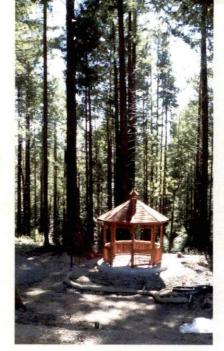


The Hospice Care Team includes

- a Physician
- a Registered Nurse
- a Hospice Aide
- · a Medical Social Worker
- a Chaplain and
- Specially Trained Volunteers

The Ida Emmerson Hospice House offers a comfortable and home-like environment for family and friends to visit patients 24 hours a day.

The Living Room features a double-sided fireplace that opens to a Family Dining Room where coffee and beverages are available. Families are welcome to bring favorite meals or treats for their loved ones and store them in the family refrigerator.



The Living Room includes a Children's Area and offers direct access to a small outdoor children's play structure.

Private meeting rooms are available for family conversations or to meet with a Hospice nurse, social worker or chaplain.

The Chapel in the Redwoods and the wooded paths behind the Hospice House welcome family members who need time for quiet reflection.

A Place for Family to be Together



and a tour of the facility.



HOSPICE OF HUMBOLDT

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Executive Director

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