



COUNTY OF HUMBOLDT

AGENDA ITEM NO.

H-1

For the meeting of: July 22, 2014

Date: July 7, 2014

To: Board of Supervisors

From: Phillip R. Crandall, Director, Department of Health and Human Services

Subject: Presentation by Partnership Health Plan and Beacon Health Strategies on new mental health benefits for Medi-Cal patients

RECOMMENDATION(S): That the Board of Supervisors hear the presentation from Partnership Health Plan and Beacon Health Strategies on the implementation of new Medi-Cal benefits for mental health services.

SOURCE OF FUNDING: Federal and State Medicaid funds

DISCUSSION: Senate Bill X1 1 (2013) expanded the scope of mental health benefits available to Medi-Cal beneficiaries to include services for mild to moderate mental health needs. Partnership HealthPlan of California, the managed care plan for Medi-Cal beneficiaries in Humboldt County, is responsible for providing these new benefits. Partnership HealthPlan has contracted with Beacon Health Strategies to administer the new mild to moderate mental health benefits.

This presentation will update the Board on what the new mental health benefits are, who is providing them and how patients access them.

FINANCIAL IMPACT: The implementation of the new mental health benefits is anticipated to reduce unreimbursed care to Humboldt County's medical provider community. There is no additional impact to the County General Fund.

Prepared by: Nancy Starck, Legislative & Policy Manager 441-5411

CAO Approval

Amy Olsen

REVIEW:

Auditor _____ County Counsel _____ Personnel _____ Risk Manager _____ Other _____

TYPE OF ITEM:

☐ Consent
☒ Departmental
☐ Public Hearing
☐ Other _____

PREVIOUS ACTION/REFERRAL:

Board Order No. _____

Meeting of: _____

BOARD OF SUPERVISORS, COUNTY OF HUMBOLDT
Upon motion of Supervisor _____ Seconded by Supervisor _____

Ayes
Nays
Abstain
Absent

and carried by those members present, the Board hereby approves the recommended action contained in this Board report.

Dated: July 22, 2014

By: Kathy Hayes
Kathy Hayes, Clerk of the Board

* Per the Chair.

OTHER AGENCY INVOLVEMENT: Medi-Cal medical and mental health providers in the County, including community clinics, community-based mental health providers, schools, and physician practices.

ALTERNATIVES TO STAFF RECOMMENDATIONS: N/A

ATTACHMENTS: None.

Agenda

1. Introduction to Partnership HealthPlan
2. Estimated Need for Mental Health Services in California
3. Affordable Care Act and Addition of new Medi-Cal managed care mental health benefits
4. Beacon's role in managing the new benefits
5. Network development
6. Contact information

Partnership HealthPlan of California (PHC)

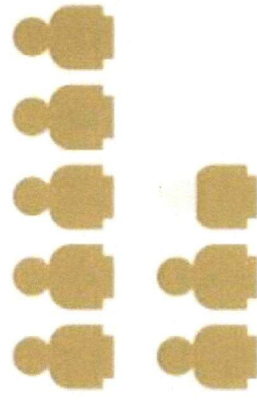
PHC administers services for most Medi-Cal members in Humboldt and 13 other northern California counties

- Plan established in 1994; started in Humboldt and 7 other Northern California rural counties September 1, 2013
- Managed care model: establish a network to provide coordinated delivery of health care services to Medi-Cal beneficiaries, focussing on primary care providers and close coordination with County and with community service providers
 - Emphasis on primary and preventive care
 - Health plan resources used to support effective care
 - Nurse advice lines
 - Transportation assistance
 - Health education
 - Quality improvement programs
 - Grievance systems
 - Member and provider support
- Locally responsive organization; governance body appointed by representatives appointed by the participating County Boards of Supervisors including 3 from Humboldt and 1 from Del Norte Counties
- Plan does *not* include undocumented and some other parts of the safety net population.
- PHC retained **Beacon Health Strategies** to administer the new Medi-Cal managed care plan mental health benefits that started in January 2014.

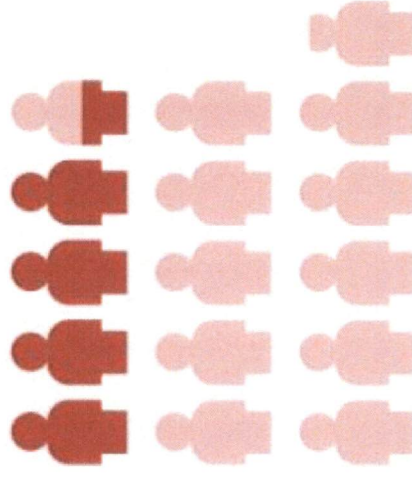
Who needs behavioral health care in California?

MENTAL ILLNESS AND SUBSTANCE USE DISORDERS IN CALIFORNIA, 2009

Prevalence of Mental Illness



7.6% Children with Serious Emotional Disturbance



4.3% Adults with Serious Mental Illness

15.9% Adults with Any Mental Illness

Substance Use Disorder Prevalence

Youth with an alcohol or drug diagnosis (0-17)

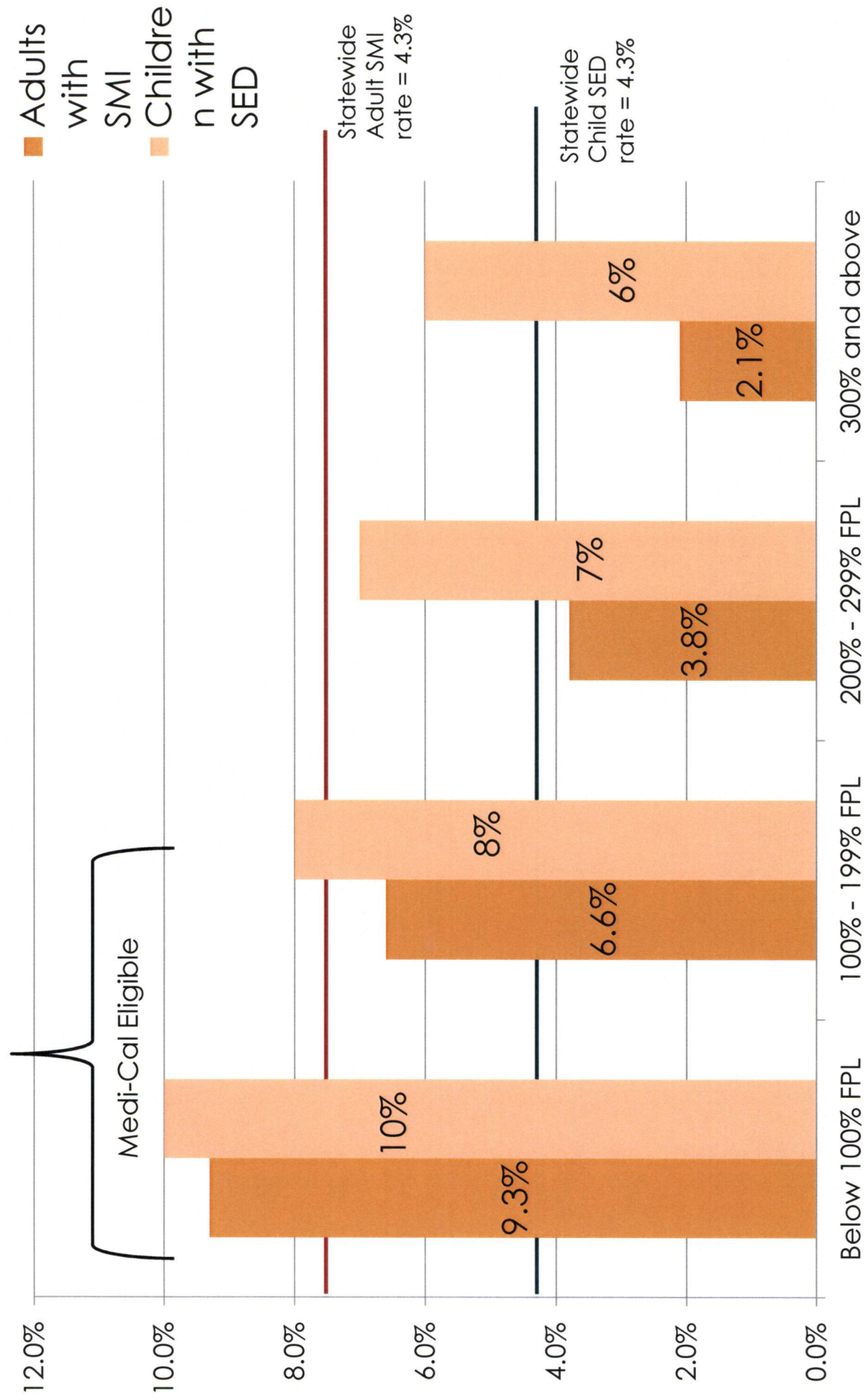
2.7%

Adults with an alcohol or drug diagnosis

8.76%

Source: Technical Assistance Collaborate and Human Services Research Institute, California Mental Health and Substance Use Needs Assessment (February 2012).

Mental illness in California by Income

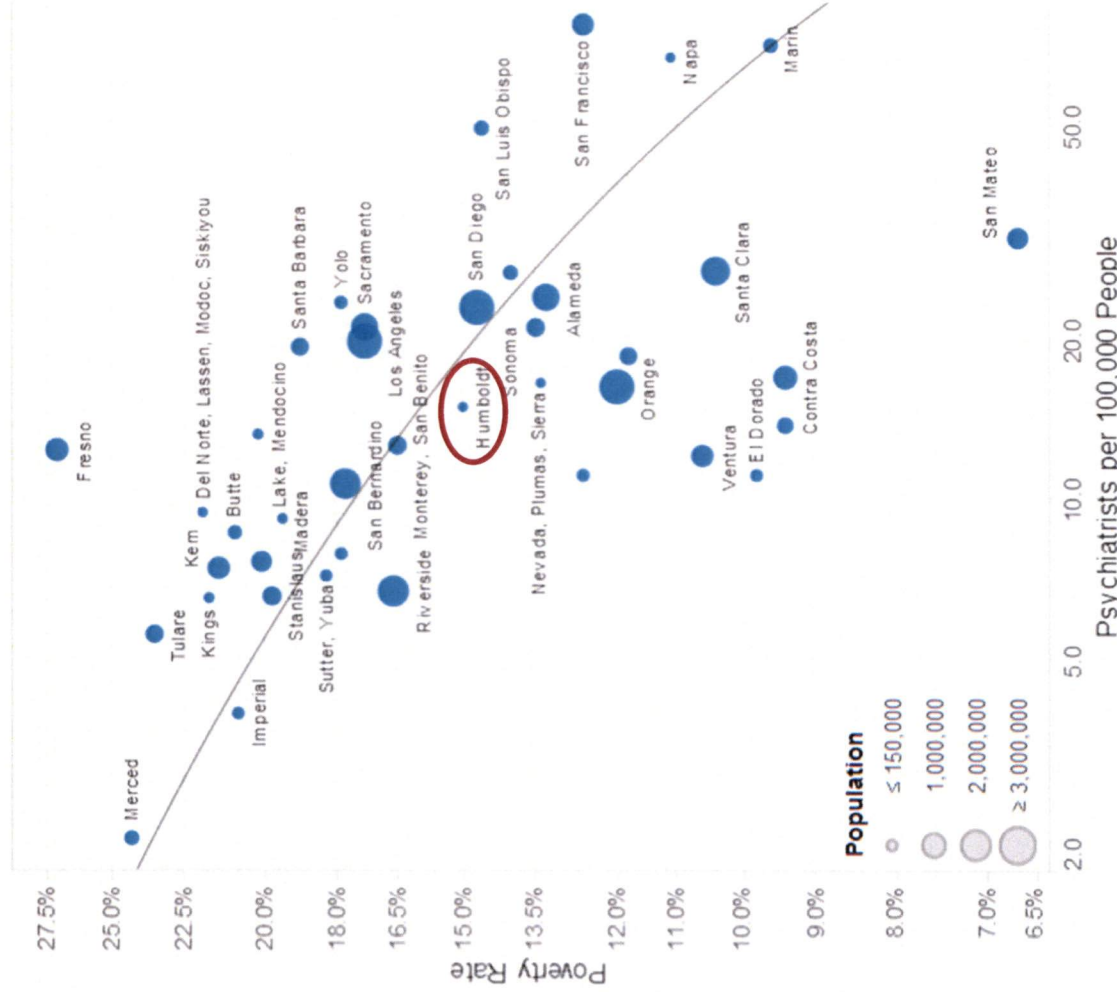


Serious Mental Illness and Psychiatrist Availability by County

Adults with Serious Mental Illness



Psychiatrists per 100,000 people

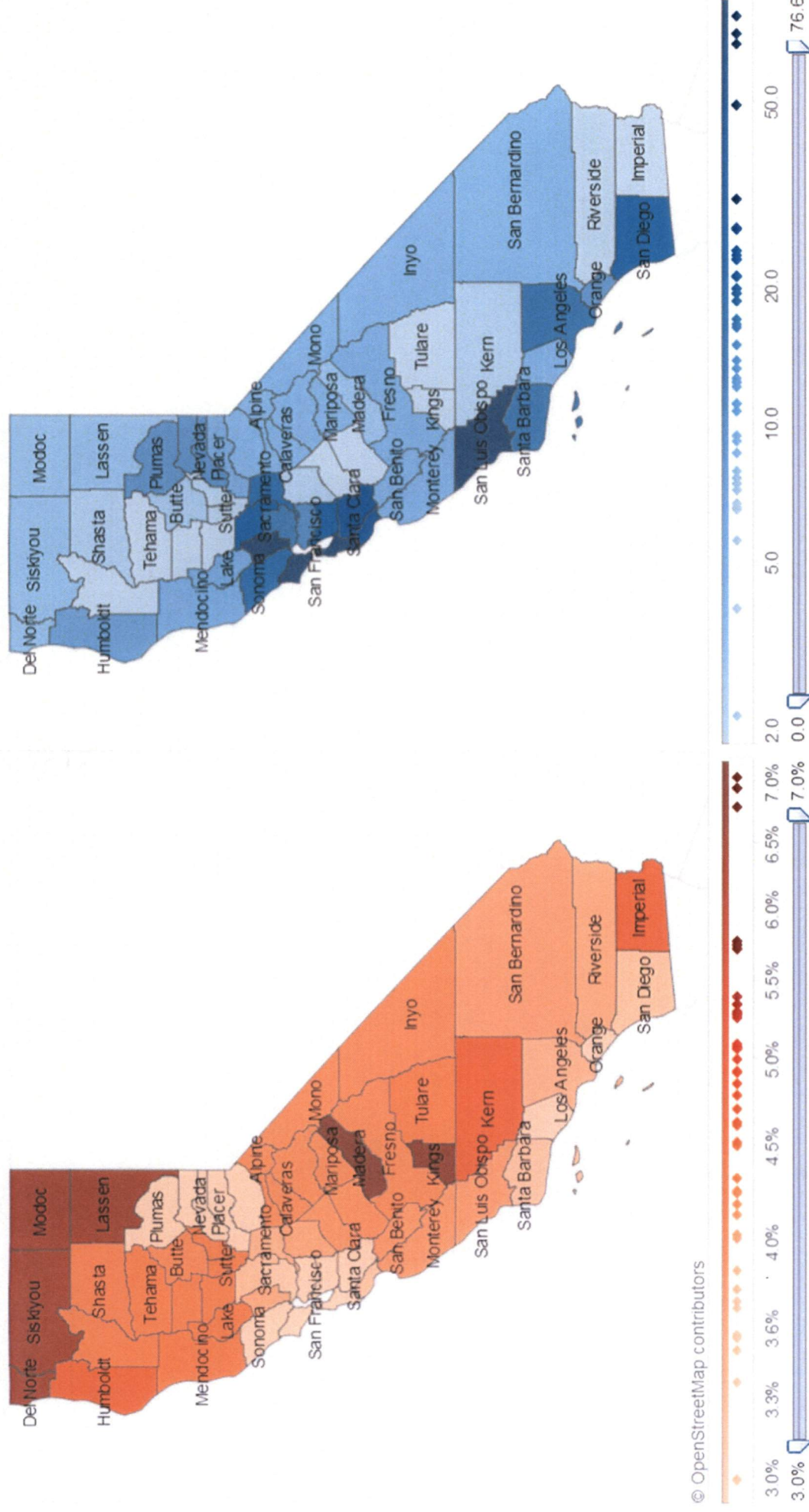


Source: California HealthCare Foundation, 2013 <http://www.chcf.org/publications/2013/07/data-viz-mental-health>

Mapping the SMI Prevalence and Psychiatrist Shortage

Serious Mental Illness Rate

Psychiatrists per 100,000 People



Source: California HealthCare Foundation, 2013 <http://www.chcf.org/publications/2013/07/data-viz-mental-health>

Provision of Medi-Cal Mental Health Services to Children, CY 2011

County	Average Medi-Cal Children per Month	# EPSDT Beneficiaries Served per Year	EPSDT Penetration Rate	Approved EPSDT Claims	Approved Claims per Beneficiary Served per Year	Statewide Rank - EPSDT Penetration Rate
Humboldt	11,607	1,293	11%	\$6,743,926	\$5,216	4
Trinity	1,173	125	11%	\$726,200	\$5,810	6
Siskiyou	4,388	461	11%	\$3,949,382	\$8,567	7
Del Norte	3,652	374	10%	\$1,358,260	\$3,632	8
Mendocino	10,665	1,048	10%	\$10,391,654	\$9,916	10
Lassen	2,373	231	10%	\$895,294	\$3,876	11
Napa	8,172	676	8%	\$4,028,999	\$5,960	17
Shasta	18,212	1,428	8%	\$6,532,871	\$4,575	20
Modoc	911	64	7%	\$81,338	\$1,271	25
Marin	9,252	592	6%	\$2,564,549	\$4,332	29
Statewide	3,732,956	223,166	6%	\$1,25 B	\$5,605	
Yolo	14,565	750	5%	\$3,296,090	\$4,395	41
Solano	33,972	1,660	5%	\$10,484,251	\$6,316	45
Sonoma	29,510	1,335	5%	\$7,816,545	\$5,855	48
Lake	7,620	291	4%	\$1,798,013	\$6,179	52

SOURCE: CA EQRO, 2012

DOES NOT INCLUDE SERVICES PROVIDED AT FEDERALLY QUALIFIED HEALTH CENTERS, RURAL HEALTH CENTERS, OR INDIAN HEALTH CENTERS

Medi-Cal outpatient mental health Benefits added on Jan. 1, 2014 to comply with Affordable Care Act's Essential Health Benefits

- State Medi-Cal program added **new** mental health benefits modeled on Kaiser's small group benefit package; designed as "traditional" outpatient services provided in an office-based setting
- Intended to serve people with **mild to moderate** impairments
- The intent is that these therapeutic services are time-limited, solution focused, and the goal is to return patients to primary care whenever possible. The exception is for stable people with a diagnosis that requires ongoing, lifelong medication.
- Beacon contracted providers may deliver services at school-based settings
- There was **no change** to Medi-Cal specialty mental health services available through the county Mental Health Plans (MHPs)

Medi-Cal MHSUD Delivery System

Integrating Substance Use Disorder Services into the Mix

Medi-Cal Managed Care Plans (MCP)

Target Population: Medi-Cal beneficiaries enrolled in Managed Care Plans who meet medical necessity or EPSDT for mental health services

MCP services to be carved-in effective 1/1/14

- ✓ Individual/group mental health evaluation and treatment (psychotherapy)
- ✓ Psychological testing when clinically indicated to evaluate a mental health condition
- ✓ Psychiatric consultation for medication management
- ✓ Outpatient laboratory, supplies and supplements
- ✓ Screening and Brief Intervention (SBI)
- ✓ Drugs, excluding anti-psychotic drugs (which are covered by Medi-Cal FFS)

County Mental Health Plan (MHP)

Target Population: Children and adults who meet medical necessity or EPSDT criteria for Medi-Cal Specialty Mental health Services

Outpatient Services

- ✓ Mental Health Services (assessments, plan development, therapy, rehabilitation and collateral)
- ✓ Medication Support
- ✓ Day Treatment Services and Day Rehabilitation
- ✓ Crises Intervention and Crises Stabilization
- ✓ Targeted Case Management
- ✓ Therapeutic Behavior Services

Residential Services

- ✓ Adult Residential Treatment Services
- ✓ Crises Residential Treatment Services

Inpatient Services

- ✓ Acute Psychiatric Inpatient Hospital Services
- ✓ Psychiatric Inpatient Hospital Professional Services
- ✓ Psychiatric Health Facility services

County Alcohol and Other Drug Programs (AOD)

Target Population: Children and adults who meet medical necessity or EPSDT criteria for Drug Medi-Cal Substance Use Disorder Services

Outpatient Services

- ✓ Outpatient Drug Free
- ✓ Intensive Outpatient (newly expanded to additional populations)
- ✓ Residential Services (newly expanded to additional populations)
- ✓ Narcotic Treatment Program
- ✓ Naltrexone

New Services

- ✓ Inpatient Detoxification Services
- ✓ (Administrative linkage to County AOD still being discussed)

Medical Necessity for Outpatient Medi-Cal Mental Health Services

Medi-Cal Managed Care Plan Medi-Cal Necessity

County MHP Outpatient Medical Necessity

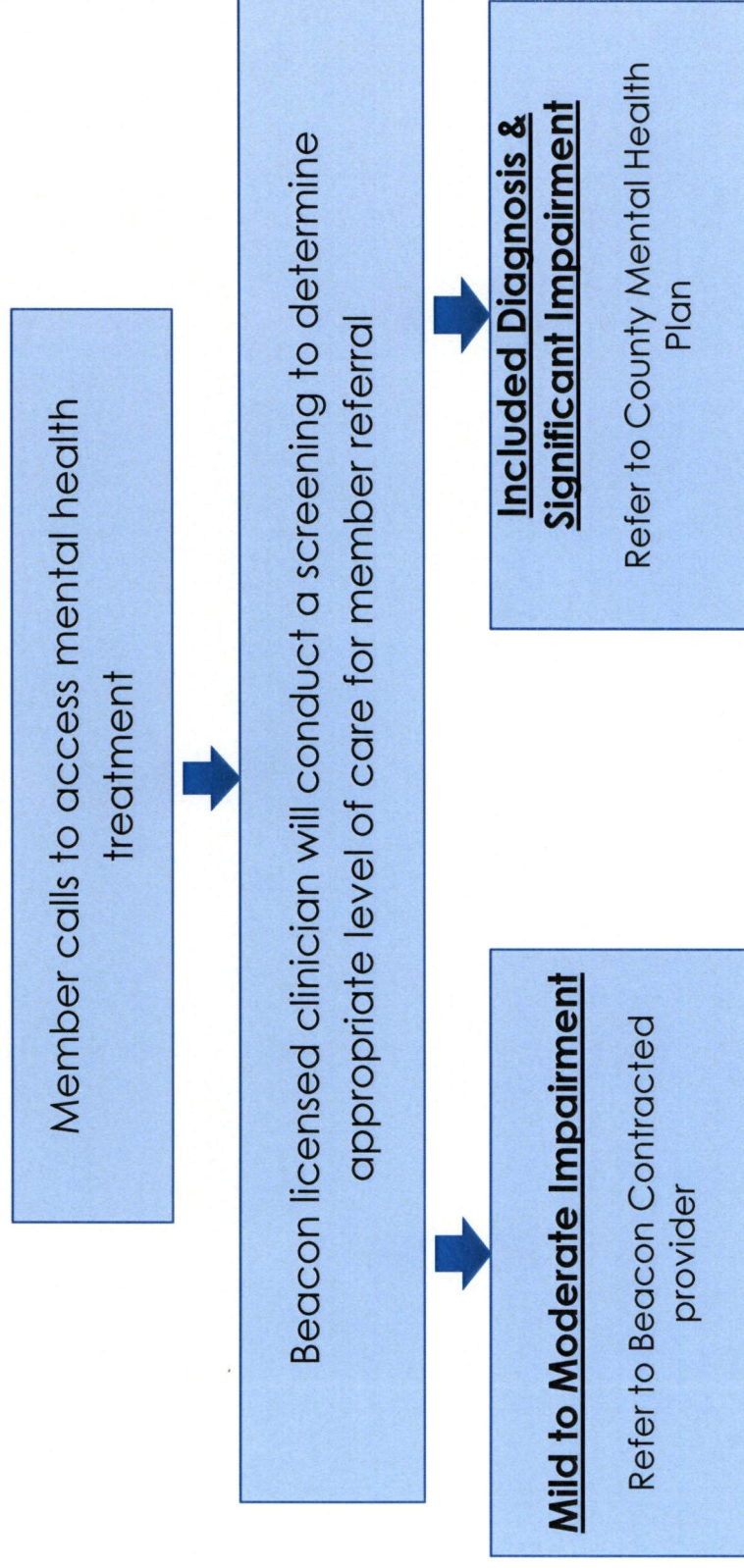
A member is covered by the Managed Care Plan for services if he or she is:

1. diagnosed with a mental health disorder as defined by the current DSM
2. Has **mild to moderate** distress or impairment of mental, emotional, or behavioral functioning resulting from the DSM diagnosis

1. Has one of **18 included** mental health diagnosis
2. Has a **significant impairment** in an important area of life function, OR a **reasonable probability of significant deterioration** in an important area of life function, or a reasonable probability of not progressing developmentally as individually appropriate;
3. The focus of the proposed treatment is to address the impairment(s) in #2;
4. The expectation that the proposed treatment will significantly diminish the impairment or prevent significant deterioration in an important area of life functioning, and
5. The condition would not be responsive to physical health care-based treatment.

Note: For members under age 21 who meet criteria for EPSTD specialty mental health services, the criteria allow for a range of impairment levels⁴ and include treatment that allows the child to progress developmentally as individually appropriate.

Accessing the New Benefits: Beacon Provides Front-Door Screening to Direct Medi-Cal Beneficiaries to the Right Place



Note: FQHC/RHC/IHC have the option to conduct screening internally and referring to a co-located behaviorist.

Determining Mild & Moderate vs Significant Impairment: Screening Tool

Screening Tool Overview

- The screening tools for adults and children were developed through collaboration with the Health Plan, Beacon Health Strategies and county Mental Health Plans (MHPs).
- The screening tools reflect the need to quickly gather a provisional diagnosis, gauge functional impairment and identify additional risk factors in order to refer members to the appropriate level of care.

Goal of Screening Tool

- The screening tool does not take the place of a face to face assessments with either a contracted Beacon provider or the County MHP. The screening tool is to be used to assist in making an initial determination on the appropriate level of care for members.
- This **screening** does not replace the county MHP's **assessment** of eligibility for specialty mental health services.

MH Services Utilization Nearly Doubled between March and June

Mental Health Utilization March & June 2014, All PHC Counties

Age	Partnership HealthPlan Membership		Unique Members using Mental Health Services		Total Visits	
	March	June	March	June	March	June
0-12	119,049	127,216	73	118	102	155
13-18	41,577	45,601	74	100	96	126
19+	143,930	244,389	435	910	503	1078
Total	304,556	417,206	582	1,127	701	1,359

Referrals between Beacon and Humboldt County Mental Health Plan

Month	Referrals MHP → Beacon	Referrals Beacon → MHP	Referrals Beacon to Beacon provider*
April	6	2	16
May	6	2	18
June	2	1	53

* Total volume of services provided may be higher, as this captures those that called into Beacon or submitted a registration form.

The Beacon Network in Partnership HealthPlan Counties

HUMBOLDT COUNTY NETWORK (MAY 2014)

KEY NETWORK FOCUS AREAS

Humboldt County PHC Membership	26,407
Non Prescribers (psychologists, Marriage & family Therapists, and Licensed Clinical Social Workers)	Total Providers: 29 Access: 84% of PHC members are within 15 miles Average distance to provider = 7 miles
Prescribers (MDs, Nurse Practitioners)	Total: 0 Average distance to provider = 90 miles

1. Focus network build in locations with less access
2. Contract with additional prescribers
3. Provide prescribing support to PCPs through CHIPA psychiatrists
4. Expand access through telemedicine
 - Secure locations with capability of supporting equipment
 - Coordinate appointment scheduling

Contact Information

Beacon Health Strategies Contact info for Members & Providers

Toll free: (855) 765-9703 TTY: (800) 735-2929

Debbie Tate	Program Director	213-200-9149	Debbie.tate@beaconhs.com
Sarah Arnquist	Assistant Director, Program Development	415-450-7942	Sarah.arnquist@beaconhs.com