



COUNTY OF HUMBOLDT

AGENDA ITEM NO.
E-3

For the Meeting of: May 2, 2017

Date: April 5, 2017
To: Board of Supervisors
From: Supervisor Virginia Bass
Subject: National Children's Mental Health Awareness Day Proclamation.

RECOMMENDATION(S): That the Board of Supervisors adopt the Proclamation.

SOURCE OF FUNDING: N/A

DISCUSSION: The Board of Supervisors wishes to recognize National Children's Mental Health Awareness Day and Mental Health Month in Humboldt County to bring awareness to the behavioral health needs of all children, youth, and young adults in our community.

FINANCIAL IMPACT: N/A

OTHER AGENCY INVOLVEMENT:

ALTERNATIVES TO STAFF RECOMMENDATIONS: Board discretion.

ATTACHMENTS: Proclamation.

Prepared by Kathy Hayes

Signature Virginia Bass

REVIEW: Auditor _____ County Counsel _____ Personnel _____ Risk Manager _____ Other _____

TYPE OF ITEM:
 Consent
 Departmental
 Public Hearing
 Other Special Presentation (5 minutes)

BOARD OF SUPERVISORS, COUNTY OF HUMBOLDT
Upon motion of Supervisor Bass
Seconded by Supervisor Fennell
And unanimously carried by those members present,
The Board hereby adopts the recommended action
contained in this report.

PREVIOUS ACTION/REFERRAL:

Board Order No. _____

Dated: May 2, 2017
Ana Hartwell, Deputy Clerk of the Board

Meeting of: _____

By: Ana Hartwell

PROCLAMATION

OF THE

BOARD OF SUPERVISORS

COUNTY OF HUMBOLDT

WHEREAS, National Children's Mental Health Awareness Day is May 4, 2017; and

WHEREAS, all infants, toddlers, young children, youth and young adults deserve mental health, which is characterized by healthy social and emotional development and opportunities within the context of their family, community, culture and personal identity to:

- Learn and explore their environments
- Develop close satisfying relationships with others
- Actualize their intellectual and emotional potential
- Build competence in culturally-relevant skills and abilities
- Contribute meaningfully to their communities
- Transition successfully to adulthood

WHEREAS, perinatal mood disorders impact 1 million women per year and paternal postpartum depression is being increasingly recognized and these disorders can interfere with the parents' ability to care for and develop healthy attachments with their children, thus impacting the development of those children; and

WHEREAS, effective youth interventions as identified by the World Health Organization focus on attending to the "whole" youth, promoting positive youth development, the prevention of mental health problems, gaining access to mental health treatment alternatives that facilitate holistic wellness; and

WHEREAS, diverse research in fields from neuroscience to child and adolescent development identify successful strategies for building a trauma-informed and multi-disciplinary health system serving young children, youth and young adults, and there are many local efforts providing training about and integrating these strategies; and

WHEREAS, the national theme "Awareness Day 2017: Partnering for Help and Hope," leads to the further exploration of how communities can work together in supporting young children, youth and young adults who experience mental or substance use disorders and their families.

NOW, THEREFORE, the Humboldt County Board of Supervisors, recognizing the importance of highlighting children's mental health, does hereby proclaim May 4, 2017 as National Children's Mental Health Awareness Day, and urges all community members to increase their awareness regarding the mental health of young children, youth and young adults.

DATED: May 2, 2017

Virginia Bass
Virginia Bass, Chair

