

Humboldt County Community Health Assessment (CHA)

Board of Supervisors

March 24, 2026

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What is a Community Health Assessment?



- A "check-up" for the entire community
- The community's story
 - What makes us healthy
 - What problems we face
- Information for local leaders and organizations
 - Understanding community's needs
 - Make informed decisions that improve health
- Engage organizations, community members and partners
 - Deliver programs and services that help meet those needs
- Create the Community Health Improvement Plan (CHIP).



Take the community health survey and be eligible for a \$30 Visa gift card.

Share your thoughts in 15 minutes.
Scan the QR code or go to livewellhumboldt.org



What is a Community Health Improvement Plan?

- A “treatment plan” for the entire community
- Information from CHA to set goals
 - Helps community stay healthy
 - Builds on the community's strengths
- **Goal of CHA and CHIP: community organizations working more closely together to deliver programs and services that help meet people's needs.**
- CHA and CHIP reviewed every three years
- CHA and CHIP are living documents
 - Track shared goals and priorities set for the community.



What did the last CHA and CHIP tell us?

- Community Health Improvement Plan (CHIP) Priority Areas
 - Suicide Prevention
 - Substance Use
 - Housing Instability and Homelessness
 - Healthy Beginnings and Adverse Childhood Experiences (ACEs).

**HUMBOLDT COUNTY
COMMUNITY HEALTH
IMPROVEMENT PLAN**
2022-2027

Produced by the
Humboldt County Department
of Health & Human Services
Public Health Branch

What is Live Well Humboldt?

Group of local, Tribal and government partners

Three focus areas

Community Health Assessment (CHA)

Community Health Improvement Plan (CHIP)

Community Health Data Dashboard: LiveWellHumboldt.org

LWH

Work together

Help all residents live their happiest, healthiest lives

Shape resources, programs and services

Support residents and their families.





The **Live Well Humboldt Community Health Dashboard** is a free, dynamic, easy to use, one-stop digital resource for access to community quality of life data. You will find up-to-date demographic, education, environmental, economic, health, social determinant and equity data that highlight trends, challenges and opportunities in our Humboldt communities; hundreds of maps, tables and figures, funding opportunities and promising practices.

Home > Community Dashboard

Community Health Dashboard

Learn about your community's health and wellness. Compare indicators for your community against state averages, county values, and target goals. Discover areas of excellence and improvement in your community.

🔍 Search by Keyword

Advanced Search

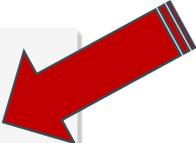
Find an Indicator ▾

OR

Find a Location ▾ 📍

 **Demographics Dashboard**
The demographic dashboard includes basic demographic information about your community covering topics like population, education and poverty.

 **Maternal and Infant Health**
*Priority Area - This dashboard features several indicators that relate to maternal and child health, including comparisons to state and U.S. values.



 **Adolescent Health**
*Priority Area - This dashboard features

 **Child Health**
*Priority Area - This dashboard features

👤 Maternal and Infant Health

Maternal health refers to women's health during pregnancy, childbirth, and the postpartum period; each stage should be a positive experience, ensuring that mothers and their newborns realize their full health and well-being potential.

Maternal and Child Health includes the needs and health status of pregnant women before, during, and after delivery, as well as infants and preschool children from birth to five years.

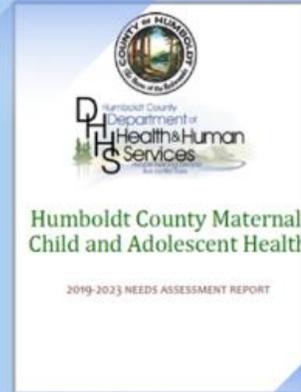


The Maternal, Child & Adolescent Health program

is part of DHHS - Public Health's efforts to improve the health of families - or more broadly, the health of the systems that support raising happy and healthy children in our community.

Every five years the program conducts a needs assessment to look at the health trends that our work is meant to impact, and to seek input from the community about how to address these trends.

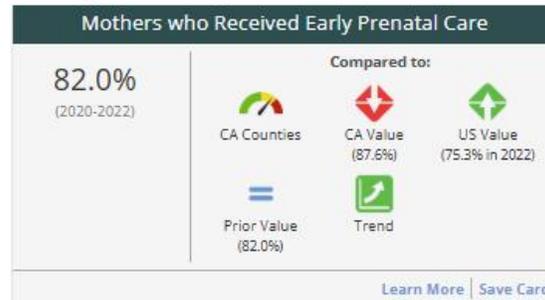
This report contains results from the 2024 MCAH needs assessment, which addressed prenatal care, postpartum depression, neonatal abstinence syndrome, services for children and youth with special healthcare needs, teen and family health, dental health, and the wellbeing of families. Click here to view or download a copy of the report.



☰ Turn Colorblind Mode On

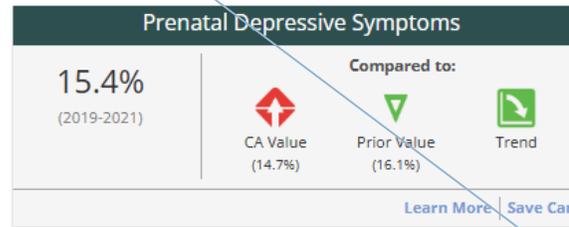
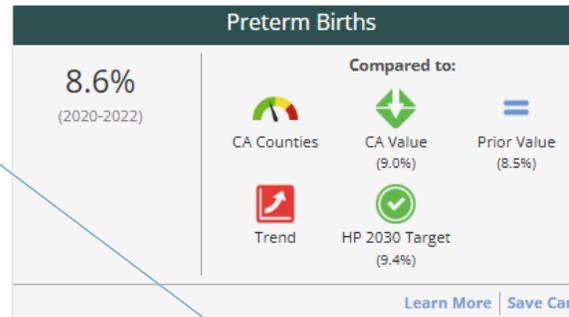
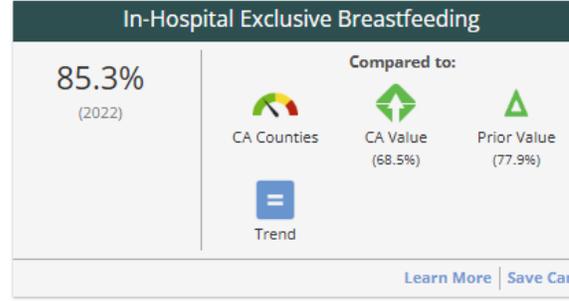
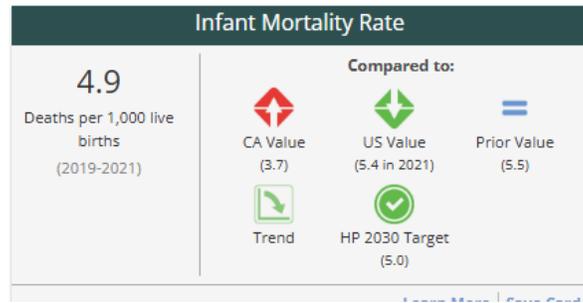
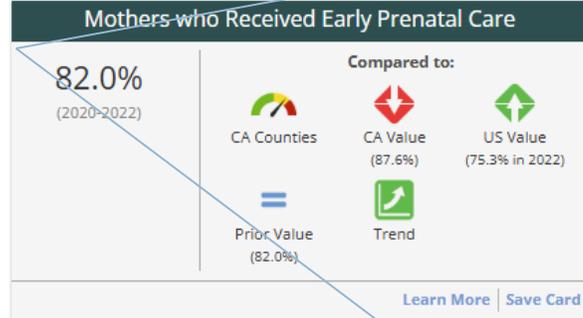
Health / Maternal, Fetal & Infant Health

County: Humboldt



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Mothers who Received Early Prenatal Care

Measurement Period: 2020-2022

Filter: none (all Counties)

This indicator shows the percentage of births to mothers who began prenatal care in the first trimester of their pregnancy.

Why is this important?



Prenatal care is health care a person receives during pregnancy. Prenatal care is most effective when it starts early and continues throughout pregnancy. It can help prevent and address health problems in both pregnant people and infants. Interventions to increase access to health care can help more pregnant people get the prenatal care they need (Healthy People 2030).

[More...](#)

County: Humboldt

82.0%

COMPARED TO



Source: California Department of Public Health

Measurement period: 2020-2022

Maintained by: Conduent Healthy Communities Institute

Last update: August 2024

Filter(s) for this location: State: California

Technical note: Data compiled by CDPH using the CA Birth Statistical Master File

Graph Selections

INDICATOR VALUES

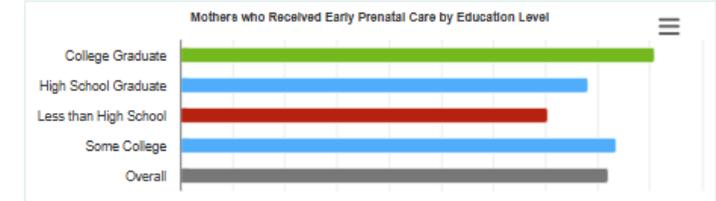
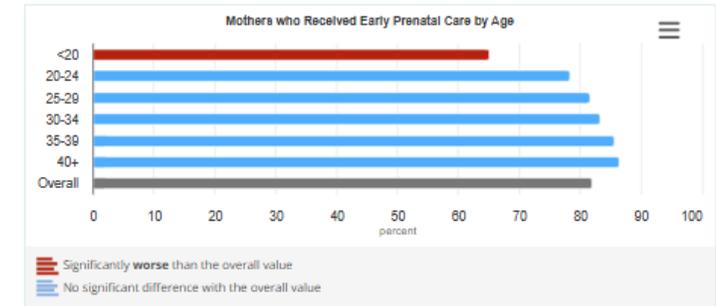
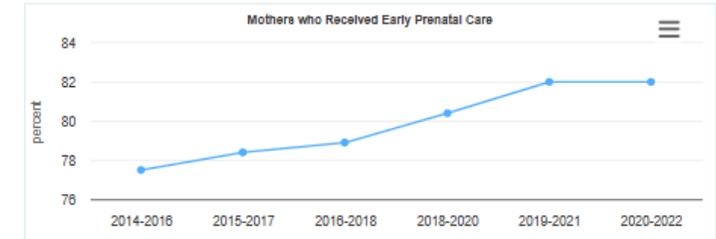
Change over Time

VIEW BY SUBGROUP

Age

Education Level

Race/Ethnicity



Help build a healthier Humboldt!



- 10% response rate, ~13,300 people
- CHA survey
 - Around 15 minutes
 - Helps build a healthier Humboldt.
- Share the link! Anyone who lives in Humboldt.
- \$30 Visa gift card drawing
- **Take the survey at LiveWellHumboldt.org or use the QR code.**



When our
community is
well,
Humboldt
thrives.



Please take 15 minutes to take the CHA survey!

Thank you!
Questions?

Contact Us

Email: LiveWellHumboldt@co.humboldt.ca.us

Website: LiveWellHumboldt.org

