

PROCLAMATION

OF THE BOARD OF SUPERVISORS COUNTY OF HUMBOLDT



WHEREAS, the people of Humboldt County, California are deserving of good health; and

WHEREAS, in a world filled with inequality, crises and poverty, breastfeeding is the foundation of lifelong good health for babies and mothers; and

WHEREAS, exclusive breastfeeding is recommended by the American Academy of Pediatrics and the World Health Organization for the first six months of life and babies should continue to breastfeed for at least a year and for as long as mutually desired by mother and baby; and

WHEREAS, in the event of a disaster depriving people of food, shelter and resources needed to survive, breast milk is the first line of defense for safe infant feeding; and

WHEREAS, breastfeeding prevents hunger and malnutrition in all its forms and ensures food security for babies, even in times of adversity and natural disasters; and

WHEREAS, with no additional burden on household income, breastfeeding is a natural and low-cost way of feeding babies and children which contributes to poverty reduction; and

WHEREAS, women who breastfeed and work outside the home deserve to be supported by their employers; and

WHEREAS, federal law requires employers to provide reasonable break time and a safe place for women to express breastmilk for their nursing children until the child is 1, and California law places no age limits on how long a women can receive reasonable accommodations to pump breastmilk for her child while at work; and


WHEREAS, the Humboldt County Breastfeeding Task Force celebrates World Breastfeeding Week Aug. 1-7, 2019, by celebrating the theme: Empower Parents, Enable Breastfeeding.

NOW THEREFORE, BE IT RESOLVED, that the Humboldt County Board of Supervisors, in recognition of World Breastfeeding Week, hereby proclaims

**August 1 through 7, 2019 as
Breastfeeding Awareness and Promotion Week**

BE IT FURTHER RESOLVED, that all citizens recognize and promote the efforts of breastfeeding families, health professionals and the Humboldt County Department of Health & Human Services by providing support, encouragement and help so mothers can succeed with breastfeeding

DATED: August 20, 2019


REX BOHN, Chair