



COUNTY OF HUMBOLDT

AGENDA ITEM NO.

CI

For the Meeting of: May 1, 2018

Date: April 26, 2018
To: Board of Supervisors
From: Supervisor Virginia Bass
Subject: Proclaim May 2018 as Mental Health Awareness Month in Humboldt County.

RECOMMENDATION(S): That the Board of Supervisors adopt the Proclamation.

SOURCE OF FUNDING: N/A

DISCUSSION: The Board of Supervisors wishes to recognize May as Mental Health Month to bring awareness to the behavioral health needs of our citizens and to recommit to ending stigma and discrimination towards anyone experiencing a behavioral health challenge in our community.

FINANCIAL IMPACT: N/A

OTHER AGENCY INVOLVEMENT:

ALTERNATIVES TO STAFF RECOMMENDATIONS: Board discretion.

ATTACHMENTS: Proclamation.

Prepared by Tracy Damico

Signature Virginia Bass

REVIEW: Auditor County Counsel Personnel Risk Manager Other

TYPE OF ITEM:
XX Consent
Departmental
Public Hearing
Other

BOARD OF SUPERVISORS, COUNTY OF HUMBOLDT
Upon motion of Supervisor Bass
Seconded by Supervisor Wilson
And unanimously carried by those members present,
The Board hereby adopts the recommended action
contained in this report.

PREVIOUS ACTION/REFERRAL:

Board Order No.
Meeting of:

Dated: 5/1/18
Ana Hartwell, Deputy Clerk of the Board

By: [Signature]

PROCLAMATION

OF THE BOARD OF SUPERVISORS COUNTY OF HUMBOLDT

Whereas, mental health is part of overall health; and

Whereas, one in five adults experience a mental health problem in any given year and one in 17 adults lives with mental illness such as major depression, bipolar or schizophrenia; and

Whereas, approximately one half of chronic mental illnesses begins by the age of 14 and three quarters by age 24; and

Whereas, long delays, sometimes decades, often occur between the time symptoms first appear and when individuals get help; and

Whereas, early identification and treatment can make a difference in successful management of mental illness and recovery; and

Whereas, it is important to maintain mental health and learn the symptoms of mental illness in order to get help when it is needed; and

Whereas, ever citizen and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discourage people from getting help; and

Whereas, public education and civil activities can encourage mental health and help improve the lives of individuals and families affected by mental illness.

Now, Therefore be it Resolved, that the Humboldt County Board of Supervisors do hereby proclaim **May 2018 as Mental Illness Awareness Month** to increase public understanding of the importance of mental health and to promote identification and treatment of mental illness.

DATED: May 1, 2018



Ryan Sundberg, Chair