

Humboldt County Board of Supervisors

PROCLAMATION

in honor of

National Recovery Month

WHEREAS, September is National Recovery month. Recovery Happens in Humboldt County celebrates more than 20 million Americans that have gained the courage to seek recovery and committed to a changed lifestyle; making better choices so that their families and communities can heal as well; and

WHEREAS, Humboldt County has made a commitment to helping by providing resources and support to people struggling with addiction, as well as their loved ones, and encouraging active choices for a better tomorrow; and

WHEREAS, we must encourage relatives, friends, and community members of individuals with mental health challenges to have a safe place to heal from the trauma addiction has done in their lives; and

WHEREAS, countless lives have been impacted by addiction and generational trauma in Humboldt County, with no outlet or process to heal, further feeding substance use dependency. Individuals struggling with addiction must have access to medications, therapy, group healing or spiritual means. Addiction is unique for each person, and we must embrace and encourage individually focused treatment and healing through friendship and community support; and

WHEREAS, our communities are filled with people struggling with addiction in silence, unbeknownst to family and friends. On September 7,

2024, lets walk beside one another reminding those struggling with addiction that they are not alone, and that recovery DOES happen in Humboldt; and

WHEREAS, we find ourselves with gratitude for the professionals working in our local justice system who are working diligently to effect change in the Humboldt community, addressing addiction and mental health challenges through innovative interventions. We are thankful for the professionals working in mental health field, counselors, therapists, behavioral aides, social workers, substance use treatment facilities, and more for their compassion, empathy, and perseverance helping people through their recovery process; and

WHEREAS, Recovery Happens in Humboldt County was started by Crossroads Treatment Facility, Humboldt Recovery Center, and substance abuse counselors in the county who saw a need to unite the community and advocate for people in recovery. For those who have been struggling in silence, we want you to know that you are not alone, you are more than your addiction, you can do this! Celebrate recovery out loud and join us September 7, 2024 at Sequoia Park for our annual picnic, a free BBQ featuring burgers, hot dogs, a chili cook-off with trophies, and a bounce house for kids. There will be a Tribal drum circle, two entertainers as well as raffles for continued events like this.

NOW, THEREFORE, BE IT RESOLVED, that the Humboldt County Board of Supervisors, recognizes September as National Recovery month and invites residents of Humboldt County to join in celebrating recovery.

Dated: August 27, 2024



Rex Bohn, Chair