

Organization Name	Humboldt NeuroHealth Therapeutic Services
Director/CEO-First	Jennifer
Director/CEO-Last	Brown
Contact Person Name and Title-First	Bill
Contact Person Name and Title-Last	Evans
Contact Phone	707-786-3032
Contact Email	bill@humboldtneurohealth.org
Contact Address-Street Address	3429 Renner Drive
Contact Address-City	Fortuna
Contact Address-State	Ca
Contact Address-Postal / Zip Code	95540
Contact Address-Country	United States
Total current year organizational budget (\$) -Dollars	\$ 1,021,000.00
# FTE Employees	10
Summarize the organization's mission (in the space provided)	Our mission is to cultivate wellness by supporting the healing and strengthening of individuals and families in order to lift and empower our community.
Program / Project Title	Expanding Service Capacity at Humboldt NeuroHealth
250 Word Maximum	<p>This project will improve the local economy by creating three new full time jobs (\$135,000 per year in salaries) while bringing as much as \$420,000 per year in additional revenue to Humboldt NeuroHealth and Humboldt County, most of which will be spent locally. In addition, an estimated 84 Humboldt County residents will receive the mental health services they otherwise would not receive, thus increasing the quality of their lives and that of their families.</p> <p>Our goal is to provide clinical mental health services and neurofeedback to an additional 84 under-served mental health clients per year in a COVID-safe environment at Humboldt NeuroHealth’s 2313 I Street Eureka location. Humboldt NeuroHealth, like most mental health providers in Humboldt County, has a long wait-list and lengthy wait-time because we lack sufficient capacity, both infrastructure and staff, to meet the demand for mental health services in our area. As a result, hundreds of Humboldt County residents are not receiving the mental health services they require on an ongoing basis. Our current facilities are inadequate to meet the demand of all those who call requesting our services, and this is just a fraction of the overall need in Humboldt County.</p> <p>We will construct, equip and staff two new clinical suites at our 2313 I Street Eureka location. We will accomplish this by obtaining the necessary permits, overseeing construction, equipping the new office space and hiring three additional clinicians to staff the new facilities.</p>
Requested Amount (\$) -	\$ 34,231.00
Total Project Cost (\$) -	\$ 70,557.00
Grant Timeline - From:	04/01/2021
To	03/31/2023

Total Match Amount (\$)-	\$36,326.00
Match as % of of Total Project Budget	0.51
Cash Match Amount (\$)-	\$36,326.00
Cash Match as % of of Total Project Budget	0.49
In-Kind Cash Match Amount (\$)-	\$-
In-Kind Match as % of of Total Project Budget	0
Number of new FTE jobs created, if funded:	3
Number of FTE jobs retained, if funded (jobs that would otherwise be eliminated)	0
Number of permanent, long term, private sector jobs to be created:	0
Please provide a brief explanation of how job creation/retention numbers were calculated	The need for 3 FTE was based on staffing required in order to provide client services in the facilities to be constructed as part of this project.
Type of project-Planning	No
Type of project-Implementation	Yes
Geographic focus of project	Greater Humboldt Bay Area
If you receive less funding than you have requested will you still be able to move forwards w	Yes
*Which Industry is your project working with (check all that apply):	
Diversified Health Care	Yes
Specialty Food, Flowers and Beverages	No
Building and Systems Construction	No
Investment Support Services	No
Management and Innovation Services	No
Niche Manufacturing	No
Tourism	No
Forest Products	No
Arts and Culture	No
Alternative Agriculture	No
Strategy being employed to promote economic development (check off all that apply):	
Supporting development of pre-permitted commercial space	No
Reducing regulatory bottlenecks for business retention or creation	No
Supporting economic development infrastructure	No
Developing new strategies for economic development	No
Providing access to external markets or plugs the economic leaks	No
Retaining and growing existing businesses	Yes
Providing workforce training	Yes
Increasing the number of new businesses	No
Leveraging future funding or projects	Yes
Reducing poverty by helping people to develop business skills	No
Other (describe):	No

Desription of "Other" Strategies	
Are Any of the Following Required, and if so are they already in place?	
Building Permits	No
Market Review	
Legal Review	
Regulatory Approval	
Consultants hired	
Staff hired	No

PROJECT NARRATIVE - Expanding Service Capacity at Humboldt NeuroHealth

1) Need for the project and how it will improve the economy

Humboldt County has a significant problem: we have an acute shortage of mental health services in a context where mental health needs are only increasing. It is our intention to address this problem by increasing our capacity to provide services.

We plan to serve up to 84 additional clients per year by increasing our usable clinical space at our Eureka office. This project will result in construction of two new offices and addition of three new full time, salaried positions valued at a total of \$135,000 per year. We estimate this project will generate up to \$420,000 per year in new revenue for HumboldtNeuroHealth and the Humboldt County economy after the first year.

Significant Need

There are approximately 26,000 Humboldt County residents in poverty that rely on Partnership/Medi-Cal HealthPlan of California for insurance to cover the cost of their mental health needs. 90% of our clients are Partnership/Medi-Cal clients.

Further, impacts on mental health providers have been exacerbated by COVID-19's effects on businesses, job security, education and medical infrastructure. We are seeing overcrowding of emergency rooms at hospitals and primary care physicians being overwhelmed by the need for mental health services in our county, and a growing rate of mental health leave and unemployment in our community.

Impacts of This Need

All of this puts an added burden on each individual community member's mental and emotional health. As a result, many Humboldt County residents are not receiving the mental health services they need in what may be their greatest time of need.

Current Situation and Future Vision

As a Partnership provider, we are steadily increasing our capacity by adding staff and have increased our presence in the community by adding a second location in order to help meet this significant need. However, Humboldt NeuroHealth, like most mental health providers in Humboldt County, has a long wait-list and lengthy wait-time because we lack sufficient capacity, both in infrastructure and staff, to meet the demand for mental health services in our area. Our current facilities are inadequate to meet the demand of all those requesting our services: and this is just a fraction of the overall need in Humboldt County.

At Humboldt NeuroHealth, our mission is to cultivate wellness by supporting the healing and strengthening of individuals and families in order to lift and empower our

PROJECT NARRATIVE - Expanding Service Capacity at Humboldt NeuroHealth

community. Our vision is to increase our ability to provide mental health services and to partner with other providers and sponsors to fully serve the Humboldt County community's mental health needs in order to see that mission realized.

Risks and Challenges

Planning and executing construction and recruiting and hiring staff are certainly made more challenging in this pandemic climate of social distancing, online meetings and business downturn. However, by selecting a top-tier contractor to plan and construct our new facility and relying on experienced staff to recruit and our relatively healthy financial position, we believe we can be successful completing this project.

While factors beyond our control, such as permitting or construction delays, difficulty recruiting new staff or new clients may emerge, we believe these can be mitigated by strategies such as modifying construction schedules, increasing existing public relations and marketing efforts, and if necessary, relying on staffing agencies to provide additional candidates.

Economic Impacts

This project will improve the local economy by creating three new full time jobs with salaries valued at \$135,000 per year, while bringing as much as \$420,000 per year in new revenue to Humboldt NeuroHealth and Humboldt County, most of which will come from out of county from insurance providers and be spent locally. We believe these direct benefits to our economy can be fully realized within just one year of project implementation. While it is difficult to determine what ancillary economic benefits may be derived from this project, the National Association of Community Health Clinics report that "every \$1 invested in health centers generates \$8.72 in economic activity."

2) Measurable Objectives and Expected Outcomes

Year 1 Objectives: (April 1, 2021 - March 31, 2022)

- Complete Construction of two new clinical office suites (first 6 months)
- Hire and train 3 additional full time staff (first 6 months)
- Identify and begin serving 84 new mental health clients (first 12 months)

Year 2 Objectives: (April 1, 2022 - March 31, 2023)

- Achieve as much as \$420,000 in new annual gross revenue (Measured Jan 2021-Dec 2022)
- Continue serving 84 mental health clients in new clinical suites
- Complete Final Project Report

PROJECT NARRATIVE - Expanding Service Capacity at Humboldt NeuroHealth

Return on Investment (ROI)

Using a \$70,000 figure as the baseline investment in this project, over the two year lifespan of the project (April 1, 2021 - March 31, 2023) with gross revenue of \$630,000 over the 18 month period (October 2021 - March 31, 2023) We would expect a 9:1 ROI.

Market Competitiveness and Job Creation

This project directly benefits Humboldt NeuroHealth - a member of the Diversified Health Care Cluster and the additional clients we will serve as a result. Our competitiveness will improve due to our increased capacity to serve clients, public relations and marketing exposure related to this grant and project, and probably most significantly, the word of mouth recognition and references from the clients we serve as they recommend our services to their family, friends and acquaintances.

In addition, three full time jobs will be created with salaries starting at a total of \$135,000 annually, much of which will be spent in the local economy.

Business Investment and Growth

Three new full time positions will be created which equate to a 25% increase in our clinical staff. As a result of this increase in capacity, we estimate that our client load will increase from 210 to 294 (a 40% increase) and our annual revenue will increase by approximately \$420,000 (42%) per year. As a result of this project, we will also be investing in improvements to our office space and physical plant, increasing their value and capability.

3) Describe what you will do to achieve your objectives. Describe how you will measure progress towards your objectives.

We will accomplish our goals by obtaining the necessary permits, overseeing construction, equipping the new office space and hiring three additional clinicians to staff the new facilities. We will also use standard business practices to track employee hours, client appointments, income and expenses. Progress will be measured in quarterly reports summarizing outcomes in each of these business categories to ensure we are meeting our objectives, or taking corrective action to ensure we do..

4) Describe the work which has already been done to ensure that this project will be a success (i.e. prior research, planning or permitting). You may attach backup documentation.

To date, contact has been made with the City of Eureka (permitting), Pacific Builders

PROJECT NARRATIVE - Expanding Service Capacity at Humboldt NeuroHealth

(planning and construction) and Bee Medic (primary clinical equipment vendor) in order to obtain estimates for project costs and confirm project feasibility. If required, bid and quote documents can be provided as they become available.

5) List the jobs directly created as an outcome of the successful implementation of this project, titles, roles/general responsibilities, expected employers and expected wages.

Three new neurofeedback clinicians (3.0 FTE) each at \$45,000 per year annual salary will be employed by HumboldtNeuroHealth as an outcome of this project. They will be responsible for scheduling and providing neurofeedback and other therapeutic mental health services, as needed, to clientele of all ages and backgrounds.

6) If appropriate, explain how the project will protect and or improve the natural environment in one or more of the categories listed below.

While we believe in and support sustainable use of resources, open space and working landscapes, and environmental awareness in job creation, these factors do not play a significant role in this project.

7) Explain how the project contributes to the quality of life for Humboldt County residents in any of the categories listed below.

We actively serve many clients with special needs and/or at or below the poverty level in Humboldt County and are only able to receive mental health services through the state of California Partnership program. By reaching an average of 84 new clients each year with mental health services, we expect to see increased mental health outcomes in terms of quality of life for themselves, their families, co-workers and community members and a resultant decrease in mental-health related homelessness, law enforcement calls and hospital visits, as well as improved relationships, fewer mental-health related absences from school or work.

8) Explain the capacity of your organization, staff and project partners to implement this project.

After only 2 years operating as a non-profit, we have a proven track record of success delivering mental health services. Since January of 2020 the number of clients we serve has increased from 122 to 361, having provided over 6,000 sessions by the end of year 2020. We also have an annual operating budget of over \$1,000,000, an experienced Board of Directors and 16 employees with a wide range of experience working in two

PROJECT NARRATIVE - Expanding Service Capacity at Humboldt NeuroHealth

different locations. We are well-positioned to plan, implement and complete this project.

9) If you will be using grant funds to hire expertise please list the consultants or firms you are considering.

While no contract has been signed, we anticipate utilizing Pacific Builders, or a similar local top-tier contractor to complete planning and construction related to this project.

10) Describe how you will acknowledge the Headwaters Fund in your work.

HumboldtNeuroHealth would be pleased to acknowledge the Headwaters Fund in the following ways:

- Press release upon awarding of grant
- Acknowledgement as a sponsor and partner on the Humboldt NeuroHealth website
- Acknowledgement at public events/fundraisers and the upcoming ribbon-cutting at our new Eureka location
- Press release upon completion of project work
- Small, permanent high-quality plaque displayed in each new clinical suite

BUDGET PLAN - Expanding Service Capacity at Humboldt NeuroHealth

Project Expense Item	Total Cost (\$)	Requested Amount from Headwaters Grant Fund	Amount from Matching Funds	Source of Matching Funds
Direct Salaries & Wages Project Manager .2 FTE - 6 months	\$6,000	\$3000	\$3000	
Sub-total: All Direct Salaries & Wages	\$6,000	\$3000	\$3000	Cash
Benefits & Payroll Taxes @ 15%	\$900	\$900	\$0	
Building Permits/Fees	\$2000	\$1000	\$1000	Cash
Construction Plans, Build, & Fixtures (All work to be completed at prevailing wage)	\$25,000	\$12,500	\$12,500	Cash
Office Furniture 2 Clinician Desks @ \$700 2 Clinician chairs @ \$300 2 Client chairs @ \$600 2 Office Decor @ \$200	\$3600 \$1400 \$600 \$1200 \$400	\$1800 \$700 \$300 \$600 \$200	\$1800 \$700 \$300 \$600 \$200	Cash
Equipment 2 Widescreen TVs @ \$300 2 Computers @ \$2000 2 Computer Displays @ \$300 2 Neurofeedback Systems 2 Pro Air Purifier Systems	\$24,072.31 \$600 \$4000 \$600 \$16,472.31 \$2400	\$12,036.15 \$300 \$2000 \$300 \$8236.15 \$1200	\$12,036.16 \$300 \$2000 \$300 \$8236.16 \$1200	Cash
Training NFB Training 3 @ \$2995	\$8985	\$2995	\$5990	Cash
Overhead- non-staff related	-	-	-	
Overhead- staff related (breakdown by individual position; include payroll taxes and fringe benefits)	-	-	-	
All Overhead Costs as % of Total Project Cost	0%	0%	0%	
Total Project Cost	\$70,557.31	\$34,231.15	\$36,326.16	

Humboldt NeuroHealth Board of Directors



Dennis Scott

Dennis Scott is the President of the [McLean Foundation](#). He is committed to empowering communities in Eel River Valley and Humboldt County by providing funding, leadership, and support. He first joined the board because he saw how dedicated the clinicians at Humboldt NeuroHealth were when providing such desperately needed healthcare services in our community. If he's not working, you can find Dennis golfing and spending quality time with his pets.



Leah Price

Leah Price is a Realtor for [Landmark Real Estate](#). With a passion for finding people their forever homes, Leah is committed to seeing our communities thrive. After seeing how much her own family members benefited from the programs available at Humboldt Neurohealth, she decided to join the board. When she's not actively searching for someone's dream home, she meets with the Sunrise Rotary Club, gardens with the Fortuna Garden Club, and spends time with her sweet little grandkids.




Maria Herrera

Maria Herrera is a loan officer with Briton Mortgage. Driven by a passion to help others achieve their dreams of owning their own home, she utilizes her 30+ years of experience in the real estate and lending industry to brighten their path to homeownership. After seeing the service Humboldt NeuroHealth provides for people that need the extra care that conventional medicine can't provide, Maria decided to join the board and has loved being a part of Humboldt Neurohealth ever since. When out of the office, you'll find Maria spending time with her family, her number one priority.



Cheryl Wells

Cheryl Wells has spent most of her adult life serving and advocating for children in both private and public school systems. She was a foster parent for 17 years, adopting 2 of her foster children and also served as a CASA Advocate and Case Manager. She and her husband Mike have 6 grown children and 10 beautiful grandchildren. Recently retired, she desires to continue to serve by bringing her love for children and families, experience working in the schools and juvenile court system to the vital work of Humboldt Neurohealth. | 

January 4th, 2020

To Whom It May Concern:

I'm writing this letter in support of Humboldt Neurohealth and their application for the Headwaters Grant. My name is Danielle Hinrichs, I'm a teacher at Ridgewood Elementary and I'm a mom of three children. Five years ago, our family was involved in a head-on collision while on vacation. Our whole family was in the car and thankfully we walked away with minor physical injuries. My son Henry was four at the time of the accident. Since the accident we have dealt with multiple therapists and treatment plans to help him with his PTSD and anxiety from the accident. I'm not a professional, but he was sleeping when the accident occurred and I believe that whatever sleep cycle he was in had an effect on how he mentally processed the accident. Fast forward four years later when a good friend of mine, Larissa Krause was going through EDMR training and discussing with me how neurofeedback might benefit Henry. At this point he was seeing his counselor, talking with a psychiatrist about medications, and we started neurofeedback with Larissa.

Neurofeedback has helped immensely with Henry's anxiety and processing through his feelings and frustrations. Larissa has been patient with him, she frequently communicates with us, and is very upfront when she feels like she needs to try different techniques with him. Recently Henry began the process of EDMR to start working through the trauma that he suffered and work backwards to deal with his PTSD. The road that he is taking takes patience and consistency. Over the past year I have seen him be able to react differently to situations that were previously very hard for him. As an educator, I see students daily that would benefit from this therapy. I see students that are angry, that have had far worse trauma than I could even imagine, and would benefit greatly from the services at Humboldt Neurohealth. It's heart-breaking as a parent and teacher to tell others about how well my son is doing from the services he has received from Humboldt Neurohealth and knowing that they would have to be put on a waitlist and not have access to programs that they can't wait for. So many children and adults can't even function in our society because of the trauma that they have endured. We owe it to our children and our community to give them the type of therapy that can truly work for them and help them to blossom into healthy individuals. My son's life is changed because of the therapy he has received from Humboldt Neurohealth. My hope is that many others can start receiving this as well.

Sincerely,
Danielle Hinrichs



12/29/19

Headwaters Fund Board
Attn: Grant Programs

RE: Humboldt NeuroHealth Grant Request

To Whom it May Concern,

I am writing this letter on behalf of Humboldt NeuroHealth Therapeutic Services and the Owner/Director, Jennifer Brown. I have known Jennifer Brown for the last 11 years, having met Jen when she was a therapist/Social Worker and she was attending my classes to keep her licensure current; she is a Licensed Clinical Social Worker. At the time, I was an instructor for Butte College's Foster/Kinship Care Program, living in Humboldt County and also teaching for College of the Redwood's Foster/Kinship Care Education Program. Jen and I became friends over the course of a few years. I invited her up to Humboldt County in hopes of enticing her to move her therapy practice here to Humboldt County from Lake County; I was successful!

Jen moved her state-of-the-art business providing Neurofeedback and play therapy to Humboldt with the hope of establishing a first rate therapeutic model for people dealing with trauma history. She has done just that. I currently teach for South Bay School District as the TK-8th grade Independent Studies Lead Teacher. Humboldt NeuroHealth Therapeutic Services has brought therapeutic services into our district to serve underserved students at our school site who would otherwise not be availed of exemplary therapeutic services. Humboldt NeuroHealth Therapeutic Services accepts Partnership Health Plan which allows people who are in need of therapy and rely on state funded health insurance to access much needed neurohealth services.

My husband and I are the parents of eight children, two by birth, five by adoption through foster care and one foster child. All of our children adopted through foster care have experienced severe trauma. Jen's background as a Licensed Clinical Social Worker availed many of our children of superior therapeutic services. My recommendation for Jennifer Brown and Humboldt NeuroHealth Therapeutic Services to be the recipient of a grant from the Headwaters Fund comes from a place of knowing the need for high-quality therapeutic services for the underserved populations of Humboldt County, and also knowing first hand how difficult those services are to find for the children and adults in our county needing therapeutic services related to early childhood trauma. Jennifer Brown is a person of integrity who also possesses a strong business sense and desire to help those most in need.

I have had the privilege of providing ongoing staff development for Humboldt NeuroHealth Therapeutic Services current clinicians and staff. Jen is committed to finding and training interns from Humboldt State University and the surrounding areas. I have personally worked with these staff members and am impressed by their commitment to not only their profession, but also to the clients they serve. It is my personal opinion, that were The Headwaters Fund to invest in Humboldt NeuroHealth Therapeutic Services by awarding a grant to expand her service model by hiring and training more clinicians who would serve the underserved populations of Humboldt County, The Headwaters Fund would be investing in the wellbeing of the people of Humboldt County.

Just recently, Humboldt NeuroHealth Therapeutic Services began a new endeavor to expand the business, creating the non-profit WRAP program for families who have adopted children from foster care who are in need of extended therapeutic family services called *Wired Together*. This brand new program that serves families in Humboldt County has the potential to bring about state-of-the-art trauma informed services to the most needy demographic I come into contact with in both my work and personal life. The positive impact is only limited by Jen's current resources. My hope is that The Headwaters Fund will graciously provide a grant award to Humboldt NeuroHealth Therapeutic Services that will positively impact the lives of future generations of residents of Humboldt County with better mental health outcomes that will result in improved quality of life for them and all of those around them.

Respectfully,



Ronda Evans
530-321-9705

Dear Headwaters Grant Committee:

My name is Rose Becker and I am a Licensed Clinical Social Worker with a private practice in Eureka, CA. I have worked with a variety of treatment issues and populations throughout my professional career. Specifically, I have extensive experience treating depression and anxiety. I have specialized training in maternal mental health, pregnancy & infant loss, and traumatic grief. In our culture, there is a strong narrative surrounding what "family" means. We have certain expectations for what a family should look like, who is included and how a family should function. My goal is to engage my clients in working through the various issues that can arise from living outside our culture's norms. While working with the parents, I often refer the children to Humboldt NeuroHealth Therapeutic Services to help with attachment disorders, defiance, anger, and anxiety disorders.

One of the most challenging things that I face as a mental health clinician, is being able to refer my clients to another clinician that has capacity to take another client, and among clinicians in Humboldt County even fewer are trauma informed and up to date with how to best treat children with emotional disorders. In my opinion, Humboldt NeuroHealth Therapeutic Services continues to value providing evidence based training to their clinicians. They are willing and able to collaborate care with me so we can provide the best treatment to our families. I fully support their ability to grow successfully in our rural community providing excellent quality care to all individuals that they serve.

It would be a wonderful thing to this community if Humboldt NeuroHealth Therapeutic Services was able to have more resources that would allow expansion so they could continue to hire and train more clinicians. Therefore, I fully endorse this letter of support to Humboldt NeuroHealth Therapeutic Services awardment of the Headwaters Grant. Please feel free to contact me if you have any questions.

Best Regards,

A handwritten signature in dark ink, appearing to read 'RBW, LCSW', written in a cursive, flowing style.

Rose Becker, LCSW #73844
350 E Street, Suite 409
Eureka, CA 95501
Phone: 707-497-8932



James Killfoil, M.D.
Evan Buxbaum, M.D.
Board Certified in Pediatrics
Care of Infants and Children
Constance Mitchell, PNP

To whom it may concern,

I am a community pediatrician practicing in Fortuna California. I am writing to you today to recommend Humboldt Neurohealth Therapeutic Services for the Headwaters Grant.

Humboldt County, and rural America generally, is in the grip of a crisis of mental health care. Pediatric mental health care is in particularly short supply. Our county is suffering, with one of the highest rates of Adverse Childhood Experience (ACE) scores of 4 or above in the state. My patients wait months to get in with a therapist, and when they do too often it is with someone only minimally trained in working with the pediatric population.

Humboldt Neurotherapy has been an incredible asset to the community. Their therapists are trauma informed, pediatric trained and highly skilled. I have seen them work wonders with some of my most challenging patients.

Moreover, they incorporate brain training into their therapeutic work, which is invaluable to children with trauma histories, mood and behavioral disorders, and attention deficit disorder. Their work with Neurofeedback in conjunction with age appropriate therapeutic techniques is eliciting therapeutic improvement in cases where therapy alone couldn't.

My only complaint about Humboldt Neurohealth is the long waiting list to see them. With this grant to fund further hiring, training and retention of qualified practitioners I believe they will be able to help more of our community's most vulnerable children.

Thank you for your time,

Evan Buxbaum MD

Redwood Pediatric Medical Group
3305 Renner Dr Fortuna, Ca 95540
Phone-(707) 725-9355 Fax (707) 725-2426

January 13th, 2020

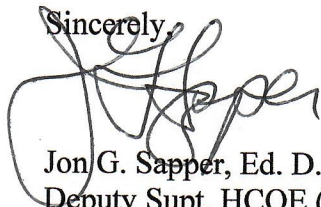
To: Headwaters Fund Board Grant Committee

As the former Deputy Superintendent for the Humboldt County Office of Education, a founding board member of the Headwaters Fund and one who is currently involved with mental health services in Humboldt County, I've come to understand that addressing mental health needs in our county is one of the most important things we can do to achieve healthy learning outcomes for our children. Yet, accessing quality mental health services for children and families has proven to be a significant challenge for many years. The importance of this issue cannot be overstated. Humboldt NeuroHealth is addressing this barrier head on by bringing services to school campuses and providing support to children and their families. Approval of this funding request would expand the number of children and families being served who are presently unable to access these greatly needed services.

Simply stated, there is a severe shortage of trained and skilled therapists in Humboldt County. A larger facility, as proposed, will allow for increased recruitment, training and retention of licensed clinicians providing EMDR, Play Therapy, Cognitive Behavior Therapy and Neuro-Feedback services. These services have high success in supporting mental health needs of children and their families throughout the nation.

Headwaters support for this project will help lay the foundation to increase high paying sustainable jobs in the Health Care Sector and improve the quality of life for children and families in our County. I strongly encourage your support of this important application and project.

Sincerely,

A handwritten signature in black ink, appearing to read "Jon G. Sapper", is written over the word "Sincerely,".

Jon G. Sapper, Ed. D.
Deputy Supt. HCOE (Ret.)
1965 Home Ave.
Fortuna, CA 95540
(707) 498-6065

INTERNAL REVENUE SERVICE
P. O. BOX 2508
CINCINNATI, OH 45201

DEPARTMENT OF THE TREASURY

Date: **AUG 14 2019**

HUMBOLDT NEUROHEALTH THERAPEUTIC
SERVICES
C/O JENNIFER BROWN
2145 MYRTLE AVE
EUREKA, CA 95501

Employer Identification Number:
83-2600783

DLN:
17053114317039

Contact Person:
JACOB A MCDONALD ID# 31649

Contact Telephone Number:
(877) 829-5500

Accounting Period Ending:
December 31

Public Charity Status:
170(b)(1)(A)(vi)

Form 990/990-EZ/990-N Required:
Yes

Effective Date of Exemption:
December 20, 2018

Contribution Deductibility:
Yes

Addendum Applies:
No

Dear Applicant:

We're pleased to tell you we determined you're exempt from federal income tax under Internal Revenue Code (IRC) Section 501(c)(3). Donors can deduct contributions they make to you under IRC Section 170. You're also qualified to receive tax deductible bequests, devises, transfers or gifts under Section 2055, 2106, or 2522. This letter could help resolve questions on your exempt status. Please keep it for your records.

Organizations exempt under IRC Section 501(c)(3) are further classified as either public charities or private foundations. We determined you're a public charity under the IRC Section listed at the top of this letter.

If we indicated at the top of this letter that you're required to file Form 990/990-EZ/990-N, our records show you're required to file an annual information return (Form 990 or Form 990-EZ) or electronic notice (Form 990-N, the e-Postcard). If you don't file a required return or notice for three consecutive years, your exempt status will be automatically revoked.

If we indicated at the top of this letter that an addendum applies, the enclosed addendum is an integral part of this letter.

For important information about your responsibilities as a tax-exempt organization, go to www.irs.gov/charities. Enter "4221-PC" in the search bar to view Publication 4221-PC, Compliance Guide for 501(c)(3) Public Charities, which describes your recordkeeping, reporting, and disclosure requirements.

HUMBOLDT NEUROHEALTH THERAPEUTIC

Sincerely,

Stephen A. Martin

Director, Exempt Organizations
Rulings and Agreements

Humboldt Neurohealth Therapeutic Services

Budget 2021

January through December 2021

	Jan - Dec 21
Ordinary Income/Expense	
Income	
Direct Public Support	1,000.00
Grants	
Private Foundation Grants	20,000.00
Total Grants	20,000.00
Program Income	1,000,000.00
Total Income	1,021,000.00
Expense	
Business Expenses	2,000.00
Contract Services	
Accounting Fees	7,000.00
Education	20,000.00
Outside Contract Services	
Adoption Assistance Program Pmt	50,000.00
Grant Services	5,000.00
WRAP Services	2,000.00
Total Outside Contract Services	57,000.00
Total Contract Services	84,000.00
Employee Health Insurance	22,000.00
Occupancy	
Depr and Amort - Allowable	5,000.00
Janitorial/Cleaning	3,000.00
Rent / Lease	83,000.00
Utilities	5,000.00
Total Occupancy	96,000.00
Operations	
Advertising/Marketing	5,000.00
Dues & Subscriptions	13,000.00
Office Expenses	8,000.00
Supplies	15,000.00
Telephone, Telecommunications	6,000.00
Total Operations	47,000.00
Other Types of Expenses	
Insurance	
Liability/Malpractice/contents	6,000.00
Workers Compensation	5,000.00
Total Insurance	11,000.00
Total Other Types of Expenses	11,000.00
Payroll Expenses	
Payroll Tax Expense	40,000.00
Salary and Wages	600,000.00
Total Payroll Expenses	640,000.00
Travel and Meetings	
Training	30,000.00
Total Travel and Meetings	30,000.00
Total Expense	932,000.00
Net Ordinary Income	89,000.00
Net Income	89,000.00

Timeline & Milestones - Expanding Service Capacity at Humboldt NeuroHealth

Date	Milestone
April 15, 2021	Grant Award Announced (estimated)
May 15, 2021	Construction Plans Completed Building Permit Application Submitted
June 1, 2021	Clinician Job Announcements Posted
June 15, 2021	Building Permit Approval Received Office furniture and equipment ordered Clinician Interviews Begin
July 1, 2021	Construction Begins Job offers extended to new clinicians
July 15, 2021	Construction Completed Painting Begins
July 20, 2021	Painting Completed New furniture and equipment installed
August 1, 2021	New Clinical suites fully operational Training begins for new clinicians Outreach/scheduling new clients begins
September 2021	New clinicians begin seeing new clients Internal Quarterly Report Completed
December 2021	Internal Quarterly Report Completed
March June September December 2022	Internal Quarterly Reports Completed
March 2023	Internal Quarterly Report Completed
April 2023	Final Project Report Complete and Submitted

Jennifer Brown, LCSW

3429 Renner Dr Fortuna CA 95540 | 707-296-9295 | Jennifer.Brown@humboldtneurohealth.org

Objective

To provide services to youth and families where they normally wouldn't have access while at a setting that is least disruptive to their education.

Education

MASTERS SOCIAL WORK | 05/2010 | CAL STATE LONG BEACH

Certificates and Training

- Neurofeedback, EMDR, Comprehensive Resource Model, Internal Family Systems, Theraplay, Cognitive Behavioral Therapy, Dyadic Developmental Psychotherapy, Love and Logic

Experience

**EXECUTIVE DIRECTOR | HUMBOLDT NEUROHEALTH THERAPEUTIC SERVICES
07/01/2019-CURRENT**

Responsible for leading and guiding HNH to be a thriving community clinic. Responsible for communicating effectively with the board of directors, fiscal integrity, HNH carrying out its mission, hiring and retention of staff, auditing all clinicians charting so that it is up to standard. Has a caseload of 20 clients, supervises 3 clinical interns, provides ongoing training and support to all employees.

JENNIFER BROWN, LCSW | PRIVATE PRACTICE | 08/01/2014-06/30/2019

Provided individual and family therapy to improve quality of life using various different modalities, including EMDR, Theraplay, Neurofeedback, Art therapy, Play therapy, Internal Family Systems, and CBT. Supervised interns and provided case consultation.

BEHAVIORAL HEALTH SPECIALIST | ADVENTIST HEALTH | 05/20/2010-09/16/2015

Provided individual and family therapy for ages 3-18. Led monthly case conferences between Konocti Unified School District and the Pediatricians on staff. I was an integral part of the team that implemented a behavioral health department at Lower Lake High school.

CASE MANAGER | REDWOOD CHILDREN SERVICES | 01/02/2008-05/30/2010

Provided case management to foster youth, ensuring that foster parents and children placed in the home had access to services and that all needs were met.

**JUVENILE CORRECTIONAL OFFICER | SONOMA COUNTY PROBATION
08/01/2006-11/15/2009**

Provided structure, safety, and managed all residents on my unit. Security and court visitation.

Megan Shewmaker

2503 California St. Eureka, CA 95501 707-599-5313
megan.shewmaker@humboldtneurohealth.org

Skills & Abilities	Neurofeedback, EMDR, Play Therapy, Trauma Focused
Experience	<p>Licensed Clinical Social Worker, Humboldt NeuroHealth Therapeutic Services</p> <p>04/2018 – Current</p> <ul style="list-style-type: none">• Provide one on one and family counseling to children, adults, and families. <p>Social Worker IV, Humboldt County Child Welfare Services, Eureka, CA</p> <p>08/14-03/18</p> <ul style="list-style-type: none">• Undertook case studies for the purpose of assessing problems and determining appropriate types and methods of treatment.• Provided intensive long or short-term treatment plans, which require a comprehensive fund of professional knowledge with the aim of improving or restoring individual or family functioning.• Performed the following specific types of counseling: marital, family inter-relationship, protective services for children or adults incapable of self-care.• Investigated and provided services to children where their physical or emotional welfare is involved such as cases of neglect, emotional or behavioral problems, physical or mental disabilities, or other health conditions involving a child's personality.• Interpreted and explained rules, regulations and policies to clients and applicants.• Maintained casework record and handled relevant correspondence.
Education	<p>Humboldt State University – Arcata, CA – Masters Social Work, May 2015</p> <p>Southern Oregon University, Ashland, OR- Bachelor of Science in Psychology, June 2011</p>

LARISSA KRAUSE, LCSW, PPSC

1339 Marsh Rd | Eureka, CA 95501 | (707) 834 0080 |
larissa.krause@humboldtneurohealth.org

OBJECTIVE

Dedicated Clinical Social Worker with rich experience in case management and community networking. Fluent in Parts Work, EMDR, Mindfulness Based Intervention, Strengths-based framework of practice, with an emphasis on Trauma Informed Approach, Decolonization, and Rural Community. Respectful, attentive, and committed to meeting the unique individual needs of clients. Invested in supporting caring professional self-care and sustainable wellness models.

SKILLS & ABILITIES

- EMDR, Internal Family Systems, Neurofeedback, Motivational Interviewing, Narrative, Trauma Informed, Comprehensive Resource Model.

EXPERIENCE

Operations Manager, Humboldt NeuroHealth Therapeutic Services 08/18 – Present
Eureka, CA

- Managing operations, including all Eureka based staff. Maintaining a case load of 25 a week.

Asst. Director of Distance Learning and Field Education Lecturer, Humboldt State University, Department of Social Work 08/16 – 05/19
Arcata, CA

- Assistant Coordinator for Distance Learning and Field Education, Faculty Lecturer

School Social Worker, Cullen Elementary 08/17-06/18

- Provided supervision to BASW and MSW interns, Groups, Administrative Consultation, Conflict Resolution.

College of the Redwoods, Associate Faculty Counselor- CalWORKs 04/16 – 06/17

- Provided academic counseling, developed student education plans, liaison between DHHS and CR for CALWORKs students

EDUCATION

San José State University- San Jose, CA - Personnel Services Credential Program (PPSC) 2015

Humboldt State University – Arcata, CA – Masters Social Work 2015

Humboldt State University – Arcata, CA – Bachelors Social Work 2010