

# Humboldt County Board of Supervisors **PROCLAMATION**

*in honor of*

## National Suicide Prevention Month

**WHEREAS**, the week of Sept. 7 through 13, 2025, is National Suicide Prevention Week, a time for individuals, organizations and communities around the country to join voices and amplify the message that, "Suicide can be prevented"; and

**WHEREAS**, in Humboldt County we also observe Suicide Prevention Awareness Month in September; and

**WHEREAS**, in the "2023 California Kids Survey," 22% of Humboldt County 11th graders reported considering suicide in the last 12 months. These rates increased with students who were nonbinary (51%) and/or gay, lesbian or bisexual (42%) and nationally, the "2023 Indigenous LGBTQ Youth Mental Health Report" stated that 54% of Indigenous LGBTQ young people reported seriously considering suicide in the past year, compared to 41% in the broader sample of LGBTQ young people; and

**WHEREAS**, it is recognized by the World Health Organization that while suicide can impact anyone, the social and structural determinants of individuals and communities impact individuals' access to tenets of wellness, such as access to effective medical and behavioral health care, social support, livelihood and a sense of hope; and

**WHEREAS**, the Humboldt County Suicide Prevention Network (SPN) is a coalition made up of organizations, youth, schools, local Tribes and community members, that are working to destigmatize suicide, uplift hope and create tools to care for mental health in culturally responsive ways; and

**WHEREAS**, in the U.S., anyone can access 24/7 emotional support by calling or texting the Suicide and Crisis Lifeline at 9-8-8; and



**WHEREAS,** The Trevor Project, a 24/7, nationwide, free and confidential support line dedicated to providing information and support to Two Spirit and LGBTQIA+ youth, can be accessed by calling or texting 866-488-7386; and

**WHEREAS,** suicide prevention is rooted in having caring conversations with folks struggling to find hope in the world, and being able to help build out sources of strength such family support, positive friends, mentors, healthy activities, generosity, spirituality and physical and mental health.

**NOW, THEREFORE, BE IT PROCLAIMED,** that the Humboldt County Board of Supervisors hereby recognizes the week of Sept. 7 through 13, 2025, as Suicide Prevention Week, September 2025 as Suicide Prevention Awareness Month in Humboldt County and Sept. 10, as World Suicide Prevention Day.



September 9, 2025

Michelle Bushnell, Chair