



# COUNTY OF HUMBOLDT

For the meeting of: 6/25/2019

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File #: 19-896

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**To:** Board of Supervisors

**From:** DHHS: Mental Health

**Agenda Section:** Consent

**SUBJECT:**

Professional Services Agreement with Helios Healthcare, LLC, Doing Business As Idylwood Care Center, Regarding the Provision of Long-Term Residential Skilled Nursing and Mental Health Treatment Services

**RECOMMENDATION(S):**

That the Board of Supervisors:

1. Approve, and authorize the Chair of the Board to execute, the attached professional services agreement with Helios Healthcare, LLC, doing business as Idylwood Care Center, regarding the provision of long-term residential skilled nursing and mental health treatment services to adults with chronic physical and mental illnesses for the period of July 1, 2019 through June 30, 2022;
2. Authorize the Department of Health and Human Services - Mental Health Director, or a designee thereof, to execute any and all subsequent amendments to the attached professional services agreement with Helios Healthcare, LLC, after review and approval by County Counsel, Risk Management and the County Administrative Office; and
3. Direct the Clerk of the Board to return a fully executed original copy of the attached professional services agreement with Helios Healthcare, LLC to the Department of Health and Human Services - Contract Unit for further processing.

**SOURCE OF FUNDING:**

Mental Health Fund

**DISCUSSION:**

The Humboldt County Department of Health and Human Services - Mental Health (DHHS - Mental Health), in conjunction with the Humboldt County Public Guardian's Office, utilizes a variety of placement options to provide long-term mental health treatment services to mentally ill clients who require assistance in locked and unlocked facilities. It is important for the placement team to have a variety of treatment options because vacancies and client needs fluctuate.

Helios Healthcare, LLC, doing business as Idylwood Care Center, operates the Courtyard at Idylwood,

a locked skilled nursing facility, and the Gardens at Idylwood, an unlocked skilled nursing facility, located in Sunnyvale, California. Helios Healthcare, LLC's skilled nursing facilities provide medical and mental health treatment services to individuals over 18 years of age who require 24-hour monitoring in a residential setting due to the severity of their physical and mental illnesses. The services provided by Helios Healthcare, LLC are not available in Humboldt County. All of the medical and mental health treatment services provided at Helios Healthcare, LLC's skilled nursing facilities are designed to transition clients to independent living within their communities, and are delivered with a wellness focus, which includes, without limitation, concepts of recovery and resilience.

Humboldt County clients placed at Helios Healthcare, LLC's skilled nursing facilities are monitored by the county's multi-disciplinary Strategic Assistance for Adult Recovery Interventions (SAFARI) committee. The SAFARI committee authorizes services, determines the appropriate level of care and monitors client needs in the community upon discharge through regular communications with the facility that includes updates on client progress. When an initial placement at either of Helios Healthcare, LLC's skilled nursing facilities occurs, transitional plans for less restrictive placement are put in place, and reviewed monthly, in order to transition the client to community living as soon as may be appropriate.

On June 28, 2016 (Item C-19), the Humboldt County Board of Supervisors approved the current professional services agreement with Helios Healthcare, LLC regarding the provision of long-term skilled nursing and mental health treatment services to adults with chronic physical and mental illnesses for the period of July 1, 2016 through June 30, 2019. The Board subsequently approved the first amendment to the current professional services agreement with Helios Healthcare, LLC, which adjusted the daily rates set forth therein, on Oct. 16, 2018 (Item C-13). The attached professional services agreement will allow eligible DHHS - Mental Health clients to receive skilled nursing and mental health treatment services at Helios Healthcare, LLC's skilled nursing facilities for the period of July 1, 2019 through June 30, 2022.

Accordingly, DHHS - Mental Health recommends that the Board approve, and authorize the Chair of the Board to execute, the attached professional services agreement with Helios Healthcare, LLC regarding the provision of long-term skilled nursing and mental health treatment services to adults with chronic physical and mental illnesses. It is also recommended that the Board authorize the DHHS - Mental Health Director, or a designee thereof, to execute any future amendments to the attached professional services agreement with Helios Healthcare, LLC, after review and approval by County Counsel, Risk Management and the County Administrative Office, in order to avoid delays in the provision of needed skilled nursing and mental health treatment services.

**FINANCIAL IMPACT:**

The attached professional services agreement with Helios Healthcare, LLC has a maximum amount payable of \$387,630 for the period of July 1, 2019 through June 30, 2022. In no event shall the maximum amount paid under the attached professional services agreement with Helios Healthcare, LLC exceed \$129,210 per fiscal year for fiscal years 2019-20 through 2021-22. However, if local, state or federal funding is reduced or eliminated, the County of Humboldt may reduce the above-referenced

maximum amount payable or terminate the attached professional services agreement with Helios Healthcare, LLC in its entirety.

Expenditure appropriations related to attached professional services agreement with Helios Healthcare, LLC have been included in the proposed fiscal year 2019-20 budget for DHHS - Mental Health Adult Services budget unit 1170-496. Funding for the attached professional services agreement with Helios Healthcare, LLC is available through state realignment and Mental Health Services Act revenues received by DHHS - Mental Health. As a result, approval of the attached professional services agreement with Helios Healthcare, LLC will not impact the Humboldt County General Fund.

**STRATEGIC FRAMEWORK:**

This action supports your Board's Strategic Framework by protecting vulnerable populations , supporting self-reliance of citizens and improving the safety and health of our communities.

**OTHER AGENCY INVOLVEMENT:**

None

**ALTERNATIVES TO STAFF RECOMMENDATIONS:**

The Board could choose not to approve the attached professional services agreement with Helios Healthcare, LLC regarding the provision of long-term skilled nursing and mental health treatment services to adults with chronic physical and mental illnesses. However, this alternative is not recommended since it would require DHHS - Mental Health to place clients at inpatient facilities which will be more costly and may not provide the appropriate level of treatment for such clients.

**ATTACHMENTS:**

1. Professional Services Agreement with Helios Healthcare, LLC, Doing Business As Idylwood Care Center, Regarding the Provision of Long-Term Skilled Nursing and Mental Health Treatment Services for Fiscal Years 2019-2020 through 2021-2022

**PREVIOUS ACTION/REFERRAL:**

Board Order No.: C-8; C-21; C-13; C-5; C-19; C-13

Meeting of: 6/28/11; 02/26/12; 06/25/13; 06/03/14; 06/28/16; 10/16/18

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