

jeans

for

justice

4-26-11

Wednesday, April 26<sup>th</sup>  
Jeans For Justice Day

Jeans for Justice Day began in 1999 as part of an international protest of an Italian High Court decision to overturn a rape conviction and dismiss charges against a 45-year old rape suspect because his 18-year old victim was wearing jeans at the time of the attack. The Court stated in its decision that, "It is common knowledge...that jeans cannot even be partly removed without the effective help of that person wearing them...and it is impossible if the victim is struggling with all her might." The judgment sparked a worldwide outcry and became an international symbol of injustices experienced by survivors of sexual assault.

Join communities around the world in working to change misconceptions about sexual violence.

**WEAR JEANS** April 26<sup>th</sup>

# Prevention Education Services

## School and community-based outreach and education programs

Programs are available on a wide variety of subjects that focus on awareness and prevention, understanding the laws, supporting survivors, and learning about resources.

- Child Abuse Prevention Project (CAPP) is designed for children from preschool through 6th grade. It is a prevention program that empowers children to recognize and deal effectively with potentially dangerous situations. Parent and teacher workshops are available.
- Sexual Harassment and Bullying Prevention in School and Workplace
- Sexual Assault Prevention
- Relationship Violence Prevention
- Women and Girl's Self Defense follows a women's empowerment model of self defense that focuses on awareness, assertiveness, verbal, and physical self defense skills
- Sex Trafficking/Exploitation Prevention
- Child Abuse/Mandated Reporting and other trainings for professionals

Call our business office to schedule a class. If you do not see what you're looking for, call to tailor a specific class to meet your needs.

# Facts

- Sexual assault can happen to anyone at anytime, anywhere regardless of gender, age, race, class, sexual orientation, ability / disability...
- Locally, perpetrators use alcohol or other drugs as a weapon in 85% of sexual assaults against teens.
- A person with a disability is two times more likely to be sexually assaulted than the general population.
- 1 in 3 women will be sexually assaulted in her lifetime.
- Sexual violence is often a part of hate crimes aimed at people who are perceived to be gay, lesbian, bisexual, transgender, intersex...
- Locally, 85%-90% of sexual assaults are committed by someone the survivor knows.
- 1 in 3 female and 1 in 6 male children will experience sexual violence before the age of 18.
- The primary motive for sexual assault is power, domination, and control.
- 80%-90% of violent crimes against women are committed by someone of the same racial background as the survivor. Native American women are the only people more likely to be assaulted by someone of a different race.
- No one deserves to be sexually assaulted no matter who they are, where they are, or what they are doing!



[www.ncrct.org](http://www.ncrct.org)

### Del Norte County 24-hr Line Hotline (707) 465-2851

Collect Calls Accepted  
TTY Line: (707) 465-2031\*  
Business Line (707) 465-6961\*  
\*(Available M-F 8:30-5:00)  
P.O. Box 1082  
Crescent City, CA 95531

### Humboldt County 24-hr Line Hotline (707) 445-2881

Collect Calls Accepted  
TTY Line: (707) 443-2738\*  
Business Line (707) 443-2737\*  
\*(Available M-F 8:30-5:00)  
P.O. Box 1011  
Eureka, CA 95502

# North Coast Rape Crisis Team

Serving all of  
Del Norte and  
Humboldt Counties

Imagine a world  
without violence!

## HOTLINES

Collect Calls Accepted

**Del Norte 24-hr Line: (707) 465-2851**

TTY Line: (707) 465-2031 M-F 8:30-5:00

**Humboldt 24-hr Line: (707) 445-2881**

TTY Line: (707) 443-2738 M-F 8:30-5:00

# Intervention and Advocacy Services

Free, confidential, and immediate supportive services for people of all ages and genders who are survivors of sexual assault/abuse.

- 24-hr hotlines (collect calls accepted)
- Support and information for families and friends of survivors
- Information on medical and legal procedures survivors may encounter
- Accompaniment to law enforcement interviews, medical appointments, court proceedings, etc. related to an assault
- Advocacy on behalf of survivors with law enforcement, medical providers, court personnel, etc. (advocacy is helping someone understand and assert their rights)
- Individual counseling
- Support groups for adult survivors of sexual assault/abuse
- Information and referral to community and Tribal resources; i.e. therapy, medical, social services, etc.

## CALM

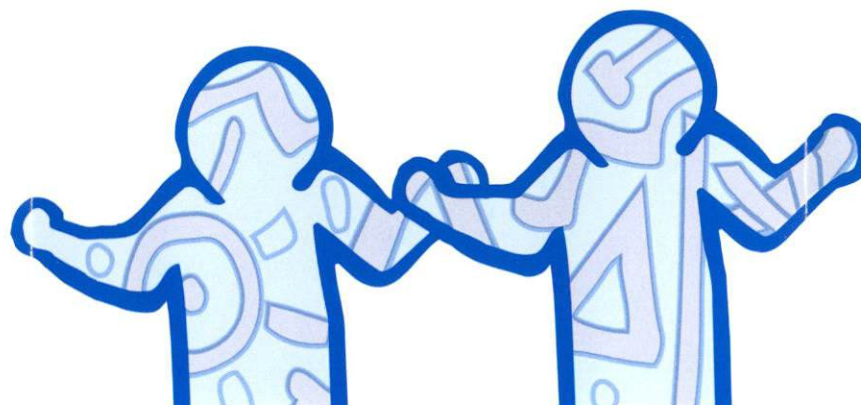
**Children and Adults Learning to Mend** is a program of the North Coast Rape Crisis Team that provides the above services specifically for child survivors and their families.

# If you are sexually assaulted



**it could be important and helpful to consider:**

- getting to a safe place.
- contacting a friend or loved one – someone you trust.
- contacting the North Coast Rape Crisis Team (NCRCT) for believing and non-judgmental support and information.
- allowing NCRCT to provide information regarding reporting and being supported regardless of your decision about reporting.
- hearing from NCRCT about your medical options including: obtaining care for risks of pregnancy, exposure to STDs and/or injury; obtaining an exam to collect medical evidence whether or not you wish to report.
- keeping in mind all medical providers are required to report child abuse, sexual assault, or domestic violence – NCRCT can provide options should this become a barrier.
- that you are not to blame for what happened – this is not something you asked for – it's not fair – it's not your fault.
- remembering you don't have to be alone in this – support is a phone call away – no matter what, it's never too late to call – we are here to support you.



# If someone you know is sexually assaulted:

- let them know that you care.
- be willing to listen, without giving advice or telling them what to do.
- believe what they tell you.
- reassure them that they are not to blame and did nothing wrong.
- don't pressure them for details and let them decide whether they want to tell anyone else – respect their privacy.
- remember they may or may not want to be touched – ask first and respect their wishes.
- do not pressure the survivor to report – reporting is an individual decision and choosing not to report does not mean the assault didn't happen.
- offer choices but allow the survivor to make the decisions that feel right for them.
- remember your feelings are important and you deserve support as well – consider calling us to talk to a counselor.

**Sexual assault: any sexual act attempted or committed without freewill and knowing consent**



## For Adults Supporting Youth

Listen and believe

Offer and respect choices

This can be a difficult time for you as well as your child

Each of you deserves support

While prioritizing your child, self-care is important

We are here for you, too

## For More Information Call

North Coast Rape Crisis Team

Humboldt County

24 Hour Hotline

(707) 445-2881

Collect Calls Accepted

TTY Line: (707) 443-2738\*

Business Line: (707) 443-2737\*

\*(Available M - F, 8:30 - 5)

Del Norte County

24 Hour Hotline

(707) 465-2851

Collect Calls Accepted

TTY Line: (707) 465-2031\*

Business Line: (707) 465-6961\*

\*(Available M - F, 8:30 - 5)

## Additional Resources

Confidential Help Line for Teens

(a line run by teens, open 6pm-10pm)

(800) TLC-TEEN

National Runaway Switchboard 24 hr. hotline

(800) 786-2929

Planned Parenthood

(707) 442-5700

Raven Project

(707) 443-7099

Youth Service Bureau 24 hr. hotline

(707) 444-2273



www.ncrct.org

It isn't your fault!

It isn't something you asked for.

It isn't love.

It isn't fair.

It isn't your fault.

No matter where you were.

No matter what you were doing.

No matter what any one says.

Even if you were not believed.

No matter what...  
It isn't your fault!



# Children & Adults Learning M to end

C.A.L.M. is a program of the North Coast Rape Crisis Team

C.A.L.M. HOTLINE  
Humboldt: (707) 445-2881  
Del Norte: (707) 465-2851  
24 hours a day (collect calls OK)

## We Are Advocates!

An advocate is someone who hears you and responds to what you are asking for. We can help your voice be heard throughout the court process.

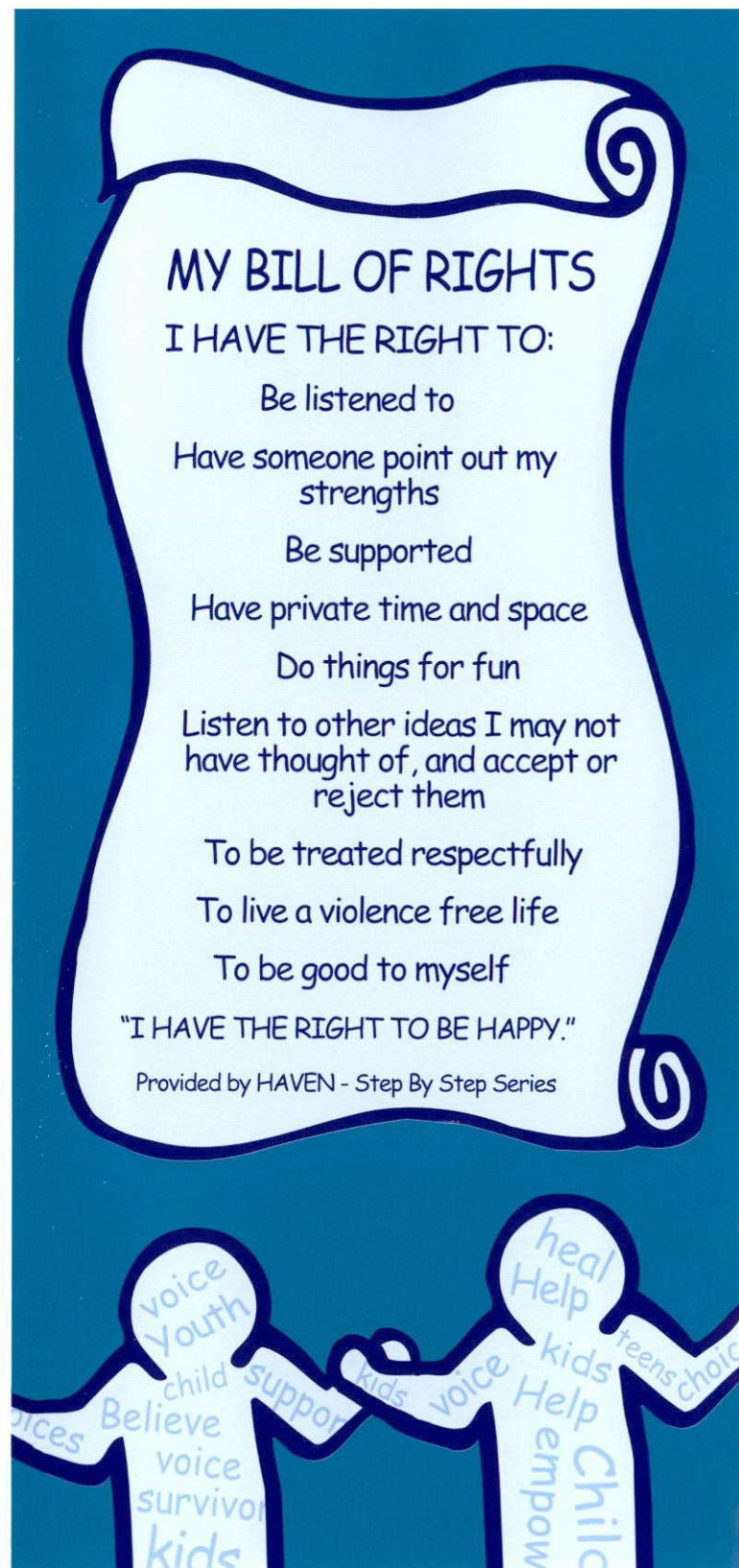
### We are here to accompany you!

To accompany means: someone going with you to court, the D.A.'s Office, Police, Sheriffs or the hospital and offering you support.

We also help people find other services they might need.

No matter what the legal outcome is, we are here to support and listen to you.

We are here for you...  
You have a choice with us.



## Feelings

If you have been sexually assaulted, abused or if you have experienced any unwanted touches, it can really hurt your feelings. Feelings people often experience after being hurt go up and down, like riding a roller coaster. They can be so out of control you might feel like you are going crazy - but you're NOT.

Sometimes people have a hard time understanding what's going on with you and that can make you feel alone.

All of these things are very common and that's why it's so important to let yourself get support.

If you would like more information C.A.L.M. can be reached at:

Telephone is answered by North Coast Rape Crisis Team.

Humboldt Office: (707) 443-2737

Del Norte Office: (707) 465-6961

### C.A.L.M. HOTLINE

Humboldt: (707) 445-2881

Del Norte: (707) 465-2851

24 hours a day (collect calls OK)

## Facts

- Since 2007, the National Human Trafficking Hotline, operated by Polaris, has received reports of 22,191 sex trafficking cases inside the United States.
- In 2016, the National Center for Missing & Exploited Children estimated that 1 in 6 endangered runaways reported to them were likely sex trafficking victims.
- Globally, the International Labor Organization estimates that there are 4.5 million people trapped in forced sexual exploitation globally.
- In a 2014 report, the Urban Institute estimated that the underground sex economy ranged from \$39.9 million in Denver, Colorado, to \$290 million in Atlanta, Georgia.



## Resources

### North Coast Rape Crisis Team

[www.ncrct.org](http://www.ncrct.org)

Del Norte: (707) 465-2851

Humboldt: (707) 445-2881

[www.polarisproject.org](http://www.polarisproject.org)

(888) 373-7888

[www.itsgameover.org](http://www.itsgameover.org)

[www.rebeccabender.org](http://www.rebeccabender.org)

[www.sharedhope.org](http://www.sharedhope.org)

[www.missingkids.org](http://www.missingkids.org)

### Supporting Survivors

1. **Believe**—the survivor has entrusted you with their story, believe what they tell you.
2. **Listen**—if you can hear the survivors story, listen to them. If it's too hard to listen...
3. **Offer Resources**—there are many agencies in our community that exist to help survivors, like the North Coast Rape Crisis Team.
4. **Respect Their Choices**—all control and options were taken away from the survivor during the assault, allow them to make their own choices even if you don't agree with them.

The information in the brochure was taken from the Human Trafficking Resource Center, 2017

# Sex Trafficking



### North Coast Rape Crisis Team

*"Imagine a world without violence"*

24-hr Hotline: (707) 445-2881

TTY (M-F 8:30-5:00): (707) 443-2738

Business Line: (707) 443-2737

[www.ncrct.org](http://www.ncrct.org)

## What is Sex Trafficking

Sex trafficking is a form of modern slavery that exists throughout the United States and globally.

Sex traffickers use violence, threats, lies, debt bondage, and other forms of coercion to compel adults and children to engage in commercial sex acts against their will.

Under U.S. federal law, any minor under the age of 18 years induced into commercial sex is a victim of sex trafficking—regardless of whether or not the trafficker used force, fraud, or coercion.

The situations that sex trafficking victims face vary dramatically. Many victims become romantically involved with someone who then forces or manipulates them into prostitution. Others are lured in with false promises of a job, such as modeling or dancing. Some are forced to sell sex by their parents or other family members. They may be involved in a trafficking situation for a few days or weeks, or may remain in the same trafficking situation for years.

Victims of sex trafficking can be U.S. citizens, foreign nationals, women, men, children, and LGBTQ individuals. Vulnerable populations are frequently targeted by traffickers, including homeless and youth on the streets, as well as victims of domestic violence, sexual assault, war, or social discrimination.

Sex trafficking occurs in a range of venues including fake massage businesses, via online ads or escort services, in residential brothels, on the street or at truck stops, or at hotels and motels.

## Myths/Misconceptions

- Myth:** *Trafficked persons can only be foreign nationals or are only immigrants from other countries.*
- Reality:** **The federal definition of human trafficking includes both U.S. citizens and foreign nationals.**
- Myth:** *There must be elements of physical restraint, physical force, or physical bondage when identifying a human trafficking situation.*
- Reality:** **Trafficking does not require physical restraint, bodily harm, or physical force. Psychological means of control, such as threats, fraud, or abuse of the legal process, are sufficient elements of the crime.**
- Myth:** *Victims of human trafficking will immediately ask for help or assistance and will self-identify as a victim of a crime.*
- Reality:** **Victims of human trafficking often do not immediately seek help or self-identify as victims of a crime due to a variety of factors, including lack of trust, self-blame, or specific instructions by the traffickers regarding how to behave when talking to law enforcement or social services.**
- Myth:** *Human trafficking only occurs in illegal underground industries.*
- Reality:** **Trafficking can occur in legal and legitimate business settings as well as underground markets.**
- Myth:** *If the trafficked person consented to be in their initial situation or was informed about what type of labor they would be doing or that commercial sex would be involved, then it cannot be human trafficking or against their will because they "knew better."*
- Reality:** **Initial consent to commercial sex or a labor setting prior to acts of force, fraud, or coercion (or if the victim is a minor in a sex trafficking situation) is not relevant to the crime, nor is payment.**



**It's never too late to reach out for support**

**24 hr. Hotlines**

Del Norte: (707) 465-2851

Humboldt: (707) 445-2881

Visit us on the web: [www.ncrct.org](http://www.ncrct.org)



The HSU Womyn's  
Resource Center  
& North Coast Rape  
Crisis Team Present:

# TAKE BACK THE NIGHT

## Week of Events

APRIL 3 - 7

**Immigration Activist  
Jennicet Gutierrez**

Monday, April 3 at 6pm  
Kate Buchanan Room

**Healing Arts  
Workshop with  
Oceana Madrone**

Wednesday, April 5  
3:00pm  
RWC Lounge

**Self Care Space**

Thursday, April 6  
2-4pm in the  
RWC Lounge

**Clothesline Project  
T-Shirt Making**

Monday, April 3  
2 - 4:30pm  
Nelson Hall East 106

**Human  
Trafficking  
Workshop with  
Elle Snow**

Thursday, April 6 at 6pm  
Siemens Hall 109

**Indigenous  
Women's Resilience  
Lecture with  
Chisa Oros**

Tuesday, April 4 at 6pm  
BSS 166

**Collaborative  
Mural Project**

Monday-Thursday  
11am - 3pm  
Art Quad

**Take Back  
the Night**

Friday, April 7  
Rally, Speakout,  
& March

The HSU Womyn's  
Resource Center  
& North Coast Rape  
Crisis Team Present:

# TAKE BACK THE NIGHT

FRIDAY, APRIL 7

Humboldt State University

Clothesline and Silent Witness Projects

On display all day  
at the UC Quad

Rally KBR\* - 5:30pm Survivor Speak Out KBR - 6:30pm

Learn about and network with local and campus organizations. Enjoy music and spoken word from local artists. Survivors of sexual assault are welcomed to share their stories and experiences.

\*Kate Buchanan Room

Women-identified, Trans, and  
Gender-Nonconforming March

UC Quad to  
Arcata Plaza - 8:30pm

Women-identified, Trans, and Gender-Nonconforming individuals will march together to the Arcata Plaza. Transportation by bus to the Plaza will be available for all genders who wish to attend the silent vigil and/or march back to campus.

Silent Vigil Arcata Plaza - 9:45pm

Everyone is welcome to meet up with marchers for a silent vigil in memory of those who have died as a result of sexualized violence.

All Genders March Arcata Plaza to UC Quad - 10:20pm

Survivors and allies of all genders will march together from the Arcata Plaza to the UC Quad, where there will then be space for everyone to reflect and share openly.



Persons who wish to request disability related accommodations should contact Ariel Fishkin at the Womyn's Resource Center at 707-826-4216, or email at [hsuwomen@gmail.com](mailto:hsuwomen@gmail.com) as soon as possible.

Some accommodations may take up to several weeks to arrange.

# Sexual Assault and Child Abuse Awareness Month

## April, 2017



**The Clothesline Project:** A collection of t-shirts designed by survivors of violence against women. Visit the collection at Take Back the Night (4/7/17, see details below). Call the North Coast Rape Crisis Team if you would like to make a t-shirt for the project. 707-443-2737

**Displays:** Portions of the Clothesline Project and other materials will also be displayed in local libraries, at HSU, the Booklegger, and other locations around the community during the month of April.



**Jane Doe in Wonderland:** Game Over presents a play exploring experiences and impacts of human trafficking. Multiple performances throughout the end of March and the first two weeks of April. For information regarding times, locations, and tickets, please visit [www.janedoeinwonderland.com](http://www.janedoeinwonderland.com).



### Humboldt County Board of Supervisors Proclaim

- 4th** Sexual Assault Awareness Month (NCRCT), National Crime Victim's Rights Week (DA Victim Witness), and Child Abuse Awareness Month (CAPCC), 9am.
- 11th** Child Abuse Services Team (CAST), 9am.
- 25th** Sexual Assault Response Team (SART), 9am.

### City Councils Proclaim

- 4th** Eureka City Council Proclaims Sexual Assault Awareness Month, Eureka City Hall, 6pm.
- 5th** Arcata City Council Proclaims Sexual Assault Awareness Month, Arcata City Hall, 6pm.



**1st Arts Alive:** Enjoy art and music while learning about local service organizations at the Gazebo in Old Town, Eureka. Sign our pledge and find out how you can help end sexualized violence.



**3-7th Workshops and Events for Take Back the Night Week:** A series of workshops and events held at HSU throughout the week of Take Back the Night. For more information call HSU Women's Resource Center at 707-826-4216 or North Coast Rape Crisis Team at 707-443-2737.

**7th Take Back the Night:** Rally, speakers, performances, survivor speak out, and march through Arcata and HSU's campus. Events begin at 5:30pm in the Kate Buchanan Room (next to the Quad) at Humboldt State University.



**26th Jeans for Justice Day:** Wear jeans to show your support for survivors and to end the myths about sexualized violence. Look for "Jeans for Justice" stickers and info at displays throughout the county, or contact the North Coast Rape Crisis Team at 707-443-2737.



**28th Children's Memorial Flag Raising Ceremony:** Join us in celebrating the life of every child as we remember those who did not survive abuse. 9am at the Teen Center, 3015 J and Harris St, Eureka. Sponsored by CAPCC and Partners.



**30th Child Abuse Awareness Ride and Poker Run:** This is a fundraiser to support Bikers Against Child Abuse (BACA) in supporting abused children in our community. Meet at Redwood Harley-Davidson at 10am for sign-ups, bikers leave at 12pm. There will be several stops along the way, ending at Blue Lake Casino. Call 707-616-6166 for more information.

## North Coast Rape Crisis Team

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\*available M-F 8:30-5:00