

BOARD OF SUPERVISORS, COUNTY OF HUMBOLDT, STATE OF CALIFORNIA

Certified copy of portion of proceeding, Meeting on \_\_\_\_\_

RESOLUTION NO. \_\_\_\_\_

RESOLUTION REGARDING CANNABIS USE DURING PREGNANCY AND  
BREASTFEEDING

WHEREAS, Humboldt County community partners have come together and taken a position on cannabis use during pregnancy and breastfeeding; and

WHEREAS, there is no research evidence that shows cannabis use is safe while pregnant or breastfeeding; and

WHEREAS, cannabis use in pregnancy can affect the baby's brain development, according to Neurotoxicology and Teratology, volume 34; and<sup>i</sup>

WHEREAS, smoking cannabis during pregnancy may increase the risk of low birth weight, according to research done by the Mayo Clinic, the American College of Obstetricians & Gynecologists and other pediatric research;<sup>ii</sup> and

WHEREAS, tetrahydrocannabinol (THC), the compound in cannabis that produces a high, is present in higher concentrations in human breast milk than in the mother's blood, according to the Academy of Breastfeeding Medicine Clinical Protocol #21.<sup>iii</sup>

NOW, THEREFORE, BE IT RESOLVED that: women in Humboldt County who are contemplating pregnancy, already pregnant, breastfeeding or who plan to breastfeed should avoid using cannabis in any form, including smoking, eating, vaporizing or as lotions or salves.

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REX BOHN  
CHAIR, BOARD OF SUPERVISORS  
COUNTY OF HUMBOLDT

Adopted on motion by \_\_\_\_\_, seconded by \_\_\_\_\_ and the following vote:

AYES:

BOARD OF SUPERVISORS, COUNTY OF HUMBOLDT, STATE OF CALIFORNIA

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NAYS:

ABSENT:

ABSTAIN:

STATE OF CALIFORNIA )

)

County of Humboldt )

I \_\_\_\_\_, Clerk of the Board of Supervisors, County of Humboldt, State of California, certify the foregoing to be a full, true, and correct copy of the original made in the above-entitled matter by said Board of Supervisors at a meeting held in Eureka, California as the same now appears of record in my Office.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of said Board of Supervisors

KATHY HAYES

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Clerk of the Board of Supervisors of the County of Humboldt, State of California

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<sup>i</sup> *School achievement in 14-year old youths prenatally exposed to marijuana*, Neurotoxicology and Teratology, volume 34, August 2011.

<sup>ii</sup> *Birth outcomes associated with cannabis use before and during pregnancy*. Pediatric Research, February 2012.

<sup>iii</sup> *The Academy of Breastfeeding Medicine Clinical Protocol #21: Guidelines for Breastfeeding and Substance Use or Substance Use Disorder*, volume 10, #3, 2015.