



AOT Services in Humboldt County Update

► PRESENTATION BY:

HUMBOLDT COUNTY HEALTH AND HUMAN SERVICES:

BEHAVIORAL HEALTH

7/1/22 TO 2/28/23

Assisted Outpatient Treatment

(brief synopsis)

- ▶ Laura's Law was the passage of AB 1421 in 2002 following the tragic deaths of 3 individuals at the hand of someone with untreated severe mental illness. AB 1421 gave counties the option to opt in to AOT, and very recently was followed by the passage of AB 1976 in 2020 directing counties to implement or opt out of AOT.
- ▶ AOT allows a judge, after extensive due process, to order outpatient treatment for individuals with severe mental illness who meet specific criteria.
- ▶ AOT services include intensive case management, outpatient mental health services, psychotropic medication and substance use disorder treatment, among other things.
- ▶ Humboldt BOS approved a Pilot Project for Assisted Outpatient Treatment on 6/8/21 to fund AOT for approximately 10 participants.

AOT Services in Humboldt County



- ▶ EA Family Services was selected by County BH and other stakeholders, after a thorough RFP process, as the Community Based Organization to provide AOT for Humboldt County.
- ▶ During Fiscal Year 21/22 County Behavioral Health worked on the implementation and start-up of AOT programming.
- ▶ In July 2022 EA began providing direct services to clients referred to them by the County. These services include:
 - ▶ Outreach and Engagement
 - ▶ Case Management
 - ▶ Therapy

Education and Training



- ▶ EA Family Services has conducted Education and Training sessions as a required component of AOT. We are mandated to educate the community about the program and ensure groups are aware how to refer.
- ▶ Some groups that have received training are:
 - ▶ National Alliance on Mental Illness(NAMI)
 - ▶ Fortuna Police Department
 - ▶ Arcata House Partnership
 - ▶ Crisis Intervention Team meeting participants
 - ▶ Community Open House 1-25-23

Referrals to AOT

(as of 2-28-23)

- ▶ Humboldt County has received **22** unique referrals total.
- ▶ **10** Referrals have met criteria for AOT and have been sent to **EA** to initiate services
- ▶ **12** Referrals did not meet criteria for AOT services
- ▶ **7** Clients currently being engaged by EA
 - ▶ 3 clients were closed to services



Demographics

(of the 10 referrals sent to EA as of 2-28-23)

- ▶ Court Ordered: 1
- ▶ Voluntarily Accepted Services: 3
- ▶ Outreach and Engagement only: 3

- ▶ Male: 5 Female: 5
 - ▶ (1 Transgender; 9 Cisgender)

- ▶ Ages: 19, 23, 28, 32, 35, 36, 38, 39, 41, 42

- ▶ Race: 2 African American; 1 Hispanic/Latino; 1 Native American; 6 Caucasian



Outcome Measures

- ▶ Mental Health Crisis Contacts
- ▶ Housing status
- ▶ Contact with Treatment Providers
- ▶ Law Enforcement contacts
- ▶ Employment
- ▶ Hospitalizations

- ▶ Victimization (Theft, assaults of client by others)
- ▶ Violent Behaviors (by client toward person or property)
- ▶ Substance Abuse
- ▶ Intensity/Frequency of treatment
- ▶ Independent Living
- ▶ Enrolled in schooling
- ▶ Adherence to Treatment

Case Review #1

▶ Case 1

- ▶ Client with a diagnostic history of Bi-polar disorder and Amphetamine psychosis.
- ▶ Client has a long history of acting out violently, & disturbing the peace.
- ▶ Client received 10 police responses from EPD within a 4 month span.
- ▶ After numerous altercations with neighbors and the client's property manager, the client was issued a 5150. The landlord issued a 30 day notice.
- ▶ Client was on SV for **1 week**.
- ▶ Client was referred to AOT and offered:
 - ▶ Daily Case Management
 - ▶ Psych appointments
 - ▶ Medication compliance support
 - ▶ Therapy semi-weekly
- ▶ Landlord has rescinded the 30 Day notice.
- ▶ No Law Enforcement or Behavioral Health crisis contacts in over 2 months.

Case Review #2

(Court Ordered Client)

► Case 2

- Client presents with a diagnostic history of Schizoaffective Disorder and Amphetamine psychosis.
- Client has a long history of public intoxication & disturbing the peace. From January 2022 to August 2022 they had 39 Law Enforcement contacts, some of which led to client being detained in H.C.C.F.
- EA staff conducted Outreach over a 4 week span at homeless camps and other community areas. Client refused mental health services each time.
- Client ended up on SV for Grave Disability. While there the client declined medication and continued to refuse referral to Outpatient services
- EA and County Behavioral Health worked with County Counsel's office to petition the court for Court Ordered Treatment.
- As of this presentation, the client has refused to show up for court, but work is being done with EPD and the Public Defender's office to facilitate this.

Stakeholder Feedback

► Leonard La France Commander Eureka Police Department--

“As homelessness, mental health, and substance use disorders are correlated and complex issues creating significant negative impacts to the individual and our community as a whole, the community needs every available option on the table. AOT provides another option which is in line with the Eureka Police Department’s approach of balancing compassion, proactive engagement, and outreach with accountability. When we help heal the individual, we help heal the community.”

Funding to Date



- ▶ The total AOT Program Budget for FY 2021-22 is \$336,226 and for FY 2022-23 is \$855,456
- ▶ County General Fund has allocated \$336,226 for FY 2021-22 and \$379,674 for FY 2022-23. Other revenue sources for this program include Medi-Cal and Behavioral Health realignment.
- ▶ County planning and implementation expenditure for FY 2021-22: \$94,056. EA expenditures details are pending for this period
- ▶ Total cost claimed to Medi-Cal: July 2022 to January 2023: \$39,000

In Conclusion:

- ▶ In conclusion:
 - ▶ Data is limited due to short time frame and small number of participants.
- ▶ Next Steps:
 - ▶ Further evaluate potential impacts of CARE Court, changes to LPS Law/Conservatorships, Cal-AIM, MHSA Modernization, Department of State Hospitals Diversion, etc.
 - ▶ DHHS-BH will return for additional updates and recommendations to your board, as more data is collected and as more information is received related to other State initiatives and mandates, such as those above.

Questions?

