



AGENDA ITEM NO.
D-3

COUNTY OF HUMBOLDT

For the meeting of: May 6, 2014

Date: April 18, 2014
To: Board of Supervisors
From: Supervisor Mark Lovelace
Subject: Proclaim May 2014 as Children's Mental Health and Perinatal/Postpartum Mood and Anxiety Disorder Awareness Month in Humboldt County

RECOMMENDATION(S): That the Board of Supervisors adopt the Proclamation.

SOURCE OF FUNDING: N/A

DISCUSSION: It has been requested that the Board of Supervisors recognize May 2014 as Children's Mental Health and Perinatal/Postpartum Mood and Anxiety Disorder Awareness Month.

FINANCIAL IMPACT: N/A

OTHER AGENCY INVOLVEMENT: N/A

ALTERNATIVES TO STAFF RECOMMENDATIONS:

ATTACHMENTS: Proclamation

Prepared by Tracy DAmico

Signature *Mark Lovelace*

REVIEW: Auditor _____ County Counsel _____ Personnel _____ Risk Manager _____ Other _____

TYPE OF ITEM:
 Consent
 Departmental
 Public Hearing
 Other Special Presentation

BOARD OF SUPERVISORS, COUNTY OF HUMBOLDT
Upon motion of Supervisor **Lovelace**
Seconded by Supervisor **Bass**
And unanimously carried by those members present,
The Board hereby adopts the recommended action
contained in this report.

PREVIOUS ACTION/REFERRAL:

Board Order No. _____

Meeting of: _____

Dated: May 6, 2014
Tracy DAmico, Deputy Clerk of the Board

By: *Ann Hartwell*

PROCLAMATION
of the
Board of Supervisors
County of Humboldt

Whereas, National Children's Mental Health Awareness Day is May 8th, and May is Mental Health Month; and

Whereas, all children deserve mental health, which is characterized by healthy social and emotional development and opportunities within the context of their family, community and culture to:

- learn and explore their environments
- develop close satisfying relationships with others
- experience, express and manage a full range of positive and negative emotions; and

Whereas, children's mental health is impacted by the quality of their relationships with primary caregivers, and effective intervention and prevention starts by supporting families during pregnancies and continuing throughout child-rearing years; and

Whereas, perinatal mood disorders impact one-million women per year, with 11% to 18% of women reporting postpartum depressive symptoms and 4% of fathers identifying as depressed during their child's first year of life and these disorders can interfere with the parents' ability to care for their children and develop healthy attachments; and

Whereas, each year in America approximately 5 million children are impacted by some form of trauma and 10% to 14% of children under 5 years of age display severe social and emotional problems, with potentially devastating impacts on children's school readiness and life-long health; and

Whereas, studies indicate there is still much to be done to support children's mental health as highlighted by the Children's Defense Funds data stating that every 4-and-a-half hours a child commits suicide, every 8 minutes a child is arrested for a violent offense, and every 3-and-a-half minutes a child is arrested for a drug offense; and

Whereas, research from diverse fields from neuroscience to child development, illuminate successful strategies for building a trauma-informed and multi-disciplinary children's mental health system and there are many local efforts integrating these strategies.

NOW, THEREFORE, the Humboldt County Board of Supervisors does hereby proclaim **May 8th 2014 as National Children's Mental Health Awareness Day**, and urges all community members to increase their awareness regarding children's mental health.

Dated: May 6, 2014

Rex Bohn

REX BOHN Chair