

Celebrating National Children's Mental Health Awareness Day

**Eureka Theater
Saturday, May 6**

**Youth Film
Directing Change
Free Screening**

**Come see film and art
from Humboldt County youth.**

These young filmmakers created films to change the conversation about suicide prevention and mental health at their schools and in their communities.

Featuring

Arts and Quilts from the Hope Center
Reframe Your Brain
poster winners

Also Hosting:

Boys and Girls Club Teen Court
Second Chances Art Show

During Arts Alive!

Saturday, May 6 from 6 to 8 p.m.
Red Carpet and Screening
The Eureka Theater, 612 F St., Eureka



May is Mental Health Matters Month 2017

Events	When	Where
Latino Net and Paso a Paso Baileterapia	Monday, May 1 7 to 8 p.m.	Jefferson Community Center 1000 B St., Eureka
Children's Mental Health Awareness Proclamation	Tuesday, May 2 9 a.m.	Board of Supervisors Chambers Humboldt County Courthouse
Resource table providing, resources, green ribbons and door prizes! Meet the Behavioral Response Team.	Tuesday, May 2 11 a.m. to 1 p.m.	St. Joseph Hospital Lobby 2700 Dolbeer St. Eureka
First 5 Humboldt, DHHS and 0 to 8 Mental Health Collaborative present "Resilience"	Tuesday, May 2 7 p.m.	Arcata Theatre Lounge 1036 G St., Arcata
Resource table providing, resources, green ribbons and door prizes! Meet the Behavioral Response Team.	Wednesday, May 3 11 a.m. to 1 p.m.	Redwood Memorial Hospital Lobby 3300 Renner Dr. Fortuna
Sign-making party for the Mental Health Walk	Thursday, May 4 11 a.m. to 2 p.m.	Burre Room, General Hospital Campus 2200 Harrison St., Eureka Take the elevator to the roof level.
Directing Change Red Carpet and Art Show	Saturday, May 6 6 to 9 p.m.	The Eureka Theater 612 F St., Eureka
Manila Health and Safety Fair	Saturday, May 6 9 a.m. to 12 p.m.	Manila Community Resource Center 1611 Peninsula Dr., Manila
May is Mental Health Matters Month Proclamation	Tuesday, May 9 9 a.m.	Board of Supervisors Chambers Humboldt County Courthouse
Mental Health Walk	Tuesday, May 9 Noon to 1:30 p.m.	720 Wood St. to Courthouse Eureka
Latino Net and Paso a Paso Baileterapia	Friday, May 12 7 to 8 p.m.	Multi Generational Center 2280 Newberg Rd., Fortuna
Connections Matter BBQ – Fortuna	Saturday, May 13 Noon to 2 p.m.	Rohner Park Park Street, Fortuna
Humboldt Skate of Mind: Free skating event for families	Saturday, May 13 1:30 to 3:30 p.m.	Fireman's Pavilion, Rohner Park Park Street, Fortuna
"Dark Side of the Full Moon" screening. Lunch provided by the Southern Humboldt Family Resource Center	Monday, May 15 Noon	Southern Humboldt Family Resource Center 344 Humboldt Ave., Redway
Mental Health First Aid (eight hour training for adults helping adults). Registration required. Call 707-441-5565 or email publichealthpei@co.humboldt.ca.us.	Friday, May 19 8 a.m. to 5 p.m. Lunch provided	Southern Humboldt Family Resource Center Redway Elementary School 344 Humboldt Ave., Redway
St. Joseph Health Willow Creek Community Resource Center/Hope Center Bringing Awareness BBQ	Friday, May 19 Noon	Veteran's Park, Willow Creek Gower Lane, Willow Creek
"Dark Side of the Full Moon" screening	Sunday, May 21 3 p.m.	Arcata Playhouse 1251 Ninth St., Arcata
Connections Matter BBQ Bring a potluck dish! Burgers, hot dogs and a veggie option provided.	Friday, May 26 11 a.m. to 2 p.m.	Carson Park H Street, Eureka

For more information please contact Kellie Jack at 707-441-3783
ALL EVENTS ARE FREE

