



COUNTY OF HUMBOLDT

AGENDA ITEM NO.

D-4

For the Meeting of: May 5, 2015

Date: April 13, 2015
To: Board of Supervisors
From: Supervisor Mark Lovelace
Subject: Proclaim May 7, 2015 as National Children's Mental Health Awareness Day in Humboldt County.

RECOMMENDATION(S): That the Board of Supervisors adopt the Proclamation.

SOURCE OF FUNDING: N/A

DISCUSSION: The Board of Supervisors wishes to recognize May 7, 2015 as National Children's Mental Health Awareness Day in Humboldt County to bring awareness to the behavioral health needs of all children, youth, and young adults in our community.

FINANCIAL IMPACT: N/A

OTHER AGENCY INVOLVEMENT:

ALTERNATIVES TO STAFF RECOMMENDATIONS: Board discretion.

ATTACHMENTS: Proclamation.

Prepared by Kathy Hayes

Signature [Handwritten Signature]

REVIEW: Auditor County Council Personnel Risk Manager Other

TYPE OF ITEM: Consent, Departmental, Public Hearing, XX Other Special Presentation 10 minutes

BOARD OF SUPERVISORS, COUNTY OF HUMBOLDT
Upon motion of Supervisor Lovelace
Seconded by Supervisor Bass
And unanimously carried by those members present,
The Board hereby adopts the recommended action contained in this report.

PREVIOUS ACTION/REFERRAL:

Board Order No.

Meeting of:

Dated: May 5, 2015
Ana Hartwell, Deputy Clerk of the Board

By: [Handwritten Signature]



# PROCLAMATION

## OF THE BOARD OF SUPERVISORS COUNTY OF HUMBOLDT

**WHEREAS** , National Children's Mental Health Awareness Day is May 7<sup>th</sup>, 2015; and

**WHEREAS** , all children, youth, and young adults deserve mental health, which is characterized by healthy social and emotional development and opportunities within the context of their family, community, culture, and personal identity to:

- learn and explore their environments
- develop close satisfying relationships with others
- actualize their intellectual and emotional potential
- build competence in cultural, relevant, skills and abilities
- cope effectively with naturally occurring stressors of life
- contribute meaningfully to their communities
- transition successfully to adulthood
- experience, express and manage a full range of positive and negative emotions; and

**WHEREAS** , perinatal mood disorders impact one million women per year and paternal Postpartum depression is being increasingly recognized as these disorders can interfere with the parents ability to care for and develop healthy attachments with their children, thus impacting the development of those children; and

**WHEREAS**, effective youth interventions as identified by the World Health Organization focus on attending to the "whole" youth, promoting positive youth development, the prevention of mental health problems, and gaining access to mental health treatment alternatives that facilitate holistic wellness; and

**WHEREAS** , diverse research in fields from neuroscience to child and adolescent development identify successful strategies for building a trauma-informed and multidisciplinary health system serving children, youth and young adults, and there are many local efforts providing education and training and integrating these strategies.

**NOW, THEREFORE** , the Humboldt County Board of Supervisors recognizes the importance of highlighting children's mental health, and hereby proclaims **May 7, 2015 as National Children's Mental Health Awareness Day**, and urges all community members to increase their awareness regarding the mental health of children, youth, and young adults.

DATED: May 5, 2015



*Estelle Fennell*

ESTELLE FENNELL, Chair