



# COUNTY OF HUMBOLDT

For the meeting of: 6/25/2019

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File #: 19-895

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**To:** Board of Supervisors

**From:** DHHS: Mental Health

**Agenda Section:** Consent

**SUBJECT:**

Professional Services Agreement with Crestwood Behavioral Health, Inc. Regarding the Provision of Long-Term Residential Mental Health Treatment Services

**RECOMMENDATION(S):**

That the Board of Supervisors:

1. Approve, and authorize the Chair of the Board to execute, the attached professional services agreement with Crestwood Behavioral Health, Inc. regarding the provision of long-term residential mental health treatment services to adults with mental illnesses for the period of July 1, 2019 through June 30, 2022;
2. Authorize the Department of Health and Human Services - Mental Health Director, or a designee thereof, to execute any and all subsequent amendments to the attached professional services agreement with Crestwood Behavioral Health, Inc. after review and approval by County Counsel, Risk Management and the County Administrative Office; and
3. Direct the Clerk of the Board to return a fully executed original copy of the attached professional services agreement with Crestwood Behavioral Health, Inc. to the Department of Health and Human Services - Contract Unit for further processing.

**SOURCE OF FUNDING:**

Mental Health Fund

**DISCUSSION:**

The Humboldt County Department of Health and Human Services - Mental Health (DHHS - Mental Health), in conjunction with the Humboldt County Public Guardian's Office, utilizes a variety of placement options to provide long-term mental health treatment services to mentally ill patients who require assistance in a secure setting. It is important for the placement team to have access to a variety of treatment options because vacancies and client needs fluctuate.

Crestwood Behavioral Health, Inc. (Crestwood) operates a variety of facilities throughout California designed to serve diverse client needs, including, without limitation, an adult residential treatment facility and a secure mental health rehabilitation center, both of which are located in the City of Eureka.

Crestwood's adult residential treatment facility, known as the Pathways program, serves as a sub-acute psychiatric residential facility, offering rehabilitative mental health services for severely and persistently mentally ill persons. All mental health treatment services provided by Crestwood's Pathways program focus on transitioning clients to independent living within their communities.

Crestwood's mental health rehabilitation center (MHRC) serves clients who require 24-hour monitoring in a locked and secure environment due to the severity of their mental illness. DHHS - Mental Health clients placed at Crestwood's MHRC are monitored by the county's multi-disciplinary Strategic Assistance for Adult Recovery Interventions (SAFARI) committee. The SAFARI committee authorizes services, determines the appropriate level of care, and monitors clients' needs in the community upon discharge. When an initial placement at Crestwood's MHRC occurs, transitional plans for a less restrictive placement are put into place, and reviewed monthly, in order to transition the client to community living as soon as may be appropriate. All mental health treatment services provided at Crestwood's MHRC are delivered with a wellness focus which includes, without limitation, concepts of recovery and resilience.

On June 28, 2016 (item C-18), the Board approved the current professional services agreement with Crestwood for the period of July 1, 2016 through June 30, 2019. The Board subsequently approved four amendments to the current professional services agreement with Crestwood, which increased the maximum amount payable thereunder and adjusted the rates of compensation set forth therein. The attached professional services agreement will allow eligible DHHS - Mental Health clients to receive mental health treatment services at Crestwood's adult residential treatment facility and mental health rehabilitation center for the period of July 1, 2019 through June 30, 2022.

Accordingly, DHHS - Mental Health recommends that the Board approve, and authorize the Chair of the Board to execute, the attached professional services agreement with Crestwood regarding the provision of long-term mental health treatment services to adults with mental illnesses. It is also recommended that the Board authorize the DHHS - Mental Health Director, or a designee thereof, to execute any future amendments to the attached professional services agreement with Crestwood, after review and approval by County Counsel, Risk Management and the County Administrative Office, in order to avoid delays in the provision of needed mental health treatment services.

**FINANCIAL IMPACT:**

The attached professional services agreement with Crestwood has a maximum amount payable of \$7.5 million for the period of July 1, 2019 through June 30, 2022. In no event shall the maximum amount paid under the attached professional services agreement with Crestwood exceed \$2.5 million per fiscal year for fiscal years 2019-20 through 2021-22. However, if local, state or federal funding is reduced or eliminated, the County of Humboldt may reduce the above-referenced maximum amount payable or terminate the attached professional services agreement with Crestwood in its entirety.

Expenditure appropriations related to the attached professional services agreement with Crestwood have been included in the proposed fiscal year 2019-20 budget for DHHS - Mental Health Adult Services budget unit 1170-496. Funding for the attached professional services agreement with Crestwood is available through state realignment and Mental Health Services Act revenues received by

DHHS - Mental Health. As a result, approval of the attached professional services agreement with Crestwood will not impact the Humboldt County General Fund.

**STRATEGIC FRAMEWORK:**

This action supports your Board's Strategic Framework by protecting vulnerable populations , and improving the safety and health of our communities.

**OTHER AGENCY INVOLVEMENT:**

None

**ALTERNATIVES TO STAFF RECOMMENDATIONS:**

The Board could choose not to approve the attached professional services agreement with Crestwood regarding the provision of long-term mental health treatment services to adults with mental illnesses. However, this alternative is not recommended since it would require DHHS - Mental Health to place clients at inpatient facilities which will be much more costly and may not provide the appropriate level of treatment for such clients.

**ATTACHMENTS:**

1. Professional Services Agreement with Crestwood Behavioral Health, Inc. Regarding the Provision of Long-Term Mental Health Treatment Services for Fiscal Years 2019-2020 through 2021-2022

**PREVIOUS ACTION/REFERRAL:**

Board Order No.: C-8, C-15, C-12, C-12, C-18, C-8, C-13, C-16, C-14

Meeting of: 7/22/14, 4/28/15, 1/19/16, 5/24/16, 6/28/16, 6/20/17, 8/15/17, 6/5/18, 10/16/18

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