

Local Resources

- Emergencies call 911
- Humboldt Domestic Violence Services
24 Hours (707) 443-6042
- North Coast Rape Crisis Team
24 Hours (707) 445-2881
- Two Feathers Native American Family Services
(707) 839-1933
- WISH
24 Hours (707) 223-5990
- Mental Health Crisis Line
24 Hours (707) 445-7715
- Child Welfare Services
(707) 445-6180
- D.A. Victim Witness
(707) 445-7417
- RCAA's Youth Service Bureau
(707) 443-8322

The Spectrum of Prevention

- Influencing Policy and Legislation
- Changing Organizational Practices
- Fostering Coalitions and Networks
- Educating Providers
- Promoting Community Education
- Strengthening Individual Knowledge and Skills

We cannot stop the overall flow of violence in women's and girl's lives by running shelters or men's programs for batterers alone. We must address the root causes of domestic violence directly. With such a monumental task at hand, the full participation of our communities is required.

Donna Garske
Founder, Transforming Communities

The Prevention Committee

A committee of the Humboldt County Domestic Violence Coordinating Council



Working together towards prevention of intimate partner violence.

The Prevention Committee's

Vision and Mission:

Vision:

A community free of violence where people work together to support the health and well-being of all individuals and families.

Mission:

The Prevention Committee works together to prevent intimate partner violence, sexual assault, and other forms of abuse; toward that end, we promote healthy relationships and sex positivity in Humboldt County.

How we do this:

Connect with others across agencies; provide updates, and discuss/make decisions about future committee activities related to domestic and intimate partner violence prevention.

Projects of the Prevention

Committee:

Silent Witness:

The Silent Witness Project was created to honor the victims who have been murdered in acts of domestic violence. This tribute creates a chance for the community to understand the loss that has been suffered. It is also an opportunity to educate the community about the devastation that is caused by domestic violence.



Domestic Violence Awareness

Month:

Collaborate as a committee to have activities that raise awareness of this month long campaign. Such activities include Silent Witness displays, outreach at community events, proclamations to the board of supervisors, and more.

Join the Prevention

Committee and help us:

Raise awareness about the problem of violence.

Educate about healthy relationships.

Advocate for policies that support healthy communities.

Recognize inequities in our community.

The Prevention Committee meets on the second Thursday of every month from Noon-1:30pm at the Community Wellness Center, 908 7th St. Eureka
Call Anna at (707)441-5568 for more information or to get involved.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	 <p>love is respect</p>	<p>Proclamation to Board of Supervisors 9am</p>	<p>Being physically or sexually abused makes teen girls 6 times more likely to become pregnant and twice as likely to get a STI.</p>	<p>Planned Parenthood NorCal has a drop in Teen Clinic for all your birth control and STI testing and treatment needs - Thursdays from 2:30-5:30 442-5700</p>	<p>How Can I Help? training - CWC (registration required)</p>	<p>St. Joseph Health Fair 10am-3pm</p>
14	<p>Is your parent in an abusive relationship? Learn how you can help here: http://www.loveisrespect.org/for-someone-else/help-my-parent/</p>	<p>Domestic Violence Coordinating Council board meeting - CWC 12pm-2pm</p>	<p>Perinatal Mood and Anxiety Disorder Task Force Meeting - CWC Library 2pm-3:30pm</p>	<p>DVCC Prevention Committee meeting -CWC Library 12pm-1:45pm</p>	<p>Help distribute the National Respect Announcement today! Learn more at loveisrespect.org</p>	<p>Are you being abused? Call HDVS for local assistance 443-6042 -24 Hour Line</p>
21	<p>Is your relationship healthy? Take this quiz to find out: http://www.loveisrespect.org/for-someone-else/is-my-relationship-healthy-quiz/</p>	<p>Wear Orange Day - Wear orange in honor of Teen DV Month</p>	<p>1 in 3 adolescents in the U.S. is a victim of physical, sexual, emotional or verbal abuse from a dating partner, a figure that far exceeds rates of other types of youth violence</p>	<p>Suicide Prevention Network meeting - CWC 2pm-4pm</p>	<p>Have you experienced sexual violence? Call NCRCT for local assistance 445-2881 - 24 Hour Line</p>	<p>Check out this Healthy Relationships Playlist, songs based on trust, respect, equality & honesty: http://www.loveisrespect.org/content/healthy-relationship-playlist-3-0/</p>
28	<p>Only 33% of teens who were in a violent relationship ever told anyone about the abuse.</p>	<p>NO MORE TOGETHER WE CAN END DOMESTIC VIOLENCE & SEXUAL ASSAULT</p>		<p>Are you being abused? Call HDVS for local assistance 443-6042 -24 Hour Line</p>	<p>CAPCC Roundtable Conference - Working in the Culture of Trauma Informed Care HCOE 8:30am-4:30pm (registration is required)</p>	<p>Is your child in an abusive relationship? Learn how you can help here: http://www.loveisrespect.org/for-someone-else/help-my-child/</p>

Strong

Check yourself



- I leap over tall buildings in a single bound.
- I stand up to my buddies when they are disrespectful to women.
- I understand that "acting like a girl" is not a weakness.
- All of the above.**

We are all responsible for teaching young boys and girls about respect and healthy relationships. More importantly, we are all responsible for modeling good behavior.

Check yourself.

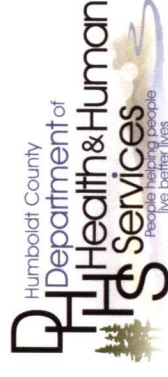
Help is available.
Call for information.

National Domestic Violence Hotline:
1-800-799-7233

Humboldt Domestic Violence Services:
707-443-6042

North Coast Rape Crisis Team:
707-445-2881

DHHS Family Violence Prevention Program:
707-268-2132



Courageous

Check yourself

- I face evil super villains without flinching.
- I don't laugh at sexist jokes.
- I call my friend out when he is treating his partner badly.
- If I'm told I throw like a girl, I say "thank you".
- All of the above.**



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