



COUNTY OF HUMBOLDT

AGENDA ITEM NO.  
**E-2**

For the Meeting of: May 9, 2017

Date: April 13, 2017  
To: Board of Supervisors  
From: Supervisor Virginia Bass  
Subject: Proclaim May 2017 as Mental Health Month in Humboldt County.

RECOMMENDATION(S): That the Board of Supervisors adopt the Proclamation.

SOURCE OF FUNDING: N/A

DISCUSSION: The Board of Supervisors wishes to recognize May as Mental Health Month to bring awareness to the behavioral health needs of our citizens and to recommit to ending stigma and discrimination towards anyone experiencing a behavioral health challenge in our community.

FINANCIAL IMPACT: N/A

OTHER AGENCY INVOLVEMENT:

ALTERNATIVES TO STAFF RECOMMENDATIONS: Board discretion.

ATTACHMENTS: Proclamation.

Prepared by Tracy Damico

Signature Virginia Bass

REVIEW: Auditor \_\_\_\_\_ County Counsel \_\_\_\_\_ Personnel \_\_\_\_\_ Risk Manager \_\_\_\_\_ Other \_\_\_\_\_

TYPE OF ITEM:  
\_\_\_\_ Consent  
\_\_\_\_ Departmental  
\_\_\_\_ Public Hearing  
 Other Special Presentation 10 minutes

BOARD OF SUPERVISORS, COUNTY OF HUMBOLDT  
Upon motion of Supervisor Bass  
Seconded by Supervisor Fennell  
And unanimously carried by those members present,  
The Board hereby adopts the recommended action  
contained in this report.

PREVIOUS ACTION/REFERRAL:

Board Order No. \_\_\_\_\_

Dated: May 9, 2017  
Ana Hartwell, Deputy Clerk of the Board

Meeting of: \_\_\_\_\_

By: Ana Hartwell

**PROCLAMATION**  
**OF THE**  
**BOARD OF SUPERVISORS**  
**COUNTY OF HUMBOLDT**

**WHEREAS**, "May is Mental Health Matters Month" and greater public awareness about mental illness changes attitudes, promotes wellness, reduces stigma and discrimination; and

**WHEREAS**, one out of every four people experiences some form of mental illness; and

**WHEREAS**, mental health challenges strike without regard to age, gender, race, sexual orientation, social status, income level or level of ability; and

**WHEREAS**, many people with a mental health challenge require a behavioral health approach that encompasses both mental health and substance abuse recovery; and

**WHEREAS**, behavioral health recovery is a journey of discovery, healing, hope and transformation, enabling people with behavioral health challenges to live meaningful lives in a community of their choice while striving to achieve their full potential; and

**WHEREAS**, stigma and discrimination negatively impact the lives of people with behavioral health challenges, hindering their recovery and their ability to maintain employment and housing, and fear of discrimination keeps many people from seeking help; and

**WHEREAS**, research shows that the most effective way to reduce stigma and discrimination is through personal contact with someone with behavioral health challenges; and

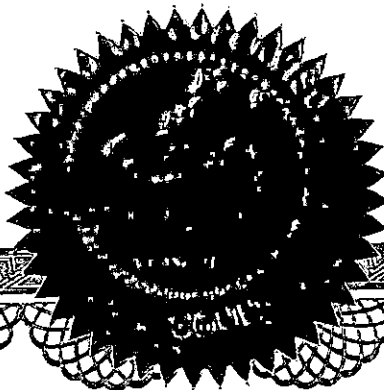
**WHEREAS**, the Humboldt County Department of Health & Human Services calls upon the community to increase awareness and understanding of mental health.

**NOW, THEREFORE**, the Board of Supervisors of the County of Humboldt hereby proclaims

**May 2017 is Mental Health Matters Month**

recognizing the many private and public organizations and individuals who work tirelessly with the DHHS to support community members with mental illness and substance abuse problems in their recovery because Humboldt County believes each mind matters.

DATED: May 9, 2017



*Virginia Bass*  
Virginia Bass, Chair