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CITIZENS' ADVISORY COMMITTEE ON MEASURE Z EXPENDITURES APPLICATION FOR FUNDING

The Humboldt County Citizens' Advisory Committee on Measure Z Expenditures is now accepting applications for funding. Measure Z, Humboldt County's Public Safety/Essential Services Measure, is a half-cent sales tax, passed by the voters of Humboldt County during the November 2014 general election.

The Advisory Committee meets on each Thursday in March to review applications and will make recommendations to the Humboldt County Board of Supervisors in April.

Applications for funding must be filed with the County Administrative Office BY 5:00 P.M. ON FEBRUARY 15, 2021. Postmarks are not acceptable for meeting this deadline.

Agency Name:

The Free to Fly Foundation Single Mom's Fund

Contact Person/Title:

Sheila Coppini- Administrative Assistant

Mailing Address:

1501 Rose Ave

Phone Number:

707-981-2349

City:

Ferndale

Zip code

95536

Email address:

scoppini@freetoflyfoundation.org

1. Amount of Measure Z Funding Requested for FY 2021-22: \$ 89,200

2. Entity Type:

- Humboldt County Department
- Contract Service Provider to Humboldt County
- Local Government Entity
- Private Service Provider
- Non-Profit Service Provider
- Other (Describe Below)

Other: _____

3. Describe how the scope of your proposal fits the intent of Measure Z. Specifically, how will it maintain and improve public safety and essential services, as described on the previous page? (750 character limit)

Our organization's mission is to provide support in the areas of survival, practical and spiritual needs to single mother families in Humboldt County. Single mothers and their children are one of the most vulnerable groups in our community. The Free to Fly Foundation aims at improving their lives and consequentially increasing their contribution to our community. Due to the risk for abuse and exploitation, as well as susceptibility towards lower socio-economic related risks, our organization is developing programs to assist these families. We are strengthening and expanding our programs in order to improve their lives, guide them towards safety and stability.

4. Please provide a brief description of the proposal for which you are seeking funding. (1500 character limit)

Our organization is proposing to open a recovery and support center for single mother families in Humboldt County. Within the center we will offer one-to-one, group therapy and counseling. In addition, we will be able to offer support groups and workshops to teach about positive parenting, employment, finances, nutrition, safety and spiritual wellbeing. The center will also allow our organization to strengthen our basic needs programs with a food pantry, clothing closet, furniture donations, bill relief, dental repairs and back-to-school funds.

5. How have you developed a plan for sustainability, including diversification of funding sources, for your proposal to carry on without reliance on future Measure Z funds? (750 character limit)

The Free to Fly Foundation, in partnership with other licensed clinical counselors plans to take the necessary steps to become a Medi-Cal approved provider. The proceeds from counseling and therapy services to the public will help our organization to become sustainable. In addition, count with the support of community members and local businesses.

6. If this request is for the continuation or expansion of an existing program/service, what is the current source of funding for that program/service? (500 character limit)

Currently, our main source of funding is our growing list of donors who monthly support us with private donations. Our organization has the support of a number of local businesses and other for and non-profit organizations that have supported our programs for over five years. Some of our program sponsors are Toys for Tots, Humboldt Area Realtors, Teen Challenge, Dream Automotive and Faith Center Church.

7. If you are awarded Measure Z funds, how do you plan to leverage these funds to secure additional grants, contributions or community support? (500 character limit)

If our organization is awarded Measure Z funding, we will use a small portion to promote our programs. Under the miscellaneous business funds, we have included an amount that will help us increase the community's awareness about our services. This year we hope to increase both the number of single mothers that we help as well as our partnerships with other public and private institutions.

8. Will the proposal require new or expanded activity on the part of another entity to be fully functional and effective? If so, name the entity and describe what participation would look like. (750 character limit)

To initiate our recovery center, we do depend upon the generosity of our donors, increased partnerships and community support. Once our center is opened and therapy and counseling services have been established, we aim at becoming increasingly more sustainable each year. For our current programs we have partnerships with other local entities that allow us to maintain these programs available. Such partnerships are with Faith Center Church, Dream Automotive, Toys for Tots and others.

9. Are there recurring expenses associated with this application, such as personnel costs?

No Yes

If Yes, detail those expenses here: (500 character limit)

The expense related to this application is our current single employee. Our organization has hired a part-time administrative assistant who handles all our administrative, graphic and grant related tasks. At the moment we do not have any additional expenses related to this application.

REQUIRED ATTACHMENTS - Be sure to include the following with your application

Prior Year Results: If your request is a continuation of a program funded with Measure Z in prior fiscal years, please provide the results of implementation. (one page maximum)

Program Budget: Please utilize the template provided on the following pages. This will need to be updated if your agency is approved for funding.

I declare under penalty of perjury under the laws of the State of California that the above statements and all attachments are true and correct.

Date: 02/13/2021

Signature:



SUBMIT YOUR COMPLETE APPLICATION TO:

Humboldt County Citizens' Advisory Committee on Measure Z Expenditures
c/o County Administrative Office * 825 Fifth Street, Suite 112 * Eureka, CA 95501-1153 * cao@co.humboldt.ca.us



Measure Z Committee,

The Free to Fly Foundation Single Mom's Fund provides single mother families in Humboldt County support in the areas of survival, practical and spiritual needs. Our programs include but are not limited to financial assistance, drug and alcohol recovery support, career advancement tools and other resources with the purpose of improving their lives, as well as their contribution to our community. Over the years our organization has supported thousands of single mothers in domestic abuse situations, drug dependency, homelessness and poverty. Our vision is to see that no single mother in Humboldt County walks alone.

Our organization is seeking to strengthen and expand its programs through a recovery center. Single mothers and their children are among the most vulnerable people in our communities. Drug dependency adds complexity, vulnerability, risks and setbacks to their present and their future. With a recovery center, we would begin to implement one-to-one, group therapy and professional counseling for single mother families struggling with drug and alcohol, domestic violence and other life-threatening situations. A center would allow us to implement ongoing support groups to teach positive parenting, financial wellness, spiritual wellbeing, self-defense and career advancement. Additionally, we would expand our basic needs programs such as a food pantry, clothing closet and the housing of furniture and appliances for newly housed single moms leaving domestic violence situations with no belongings. These and future programs would only be possible upon the opening of our center. For this reason, The Free to Fly Single Mom's Fund Foundation is requesting Measure Z funding.

Thank you for your consideration. Our organization and single mother families in Humboldt County will be grateful for your support to the wellbeing of their present and light in their future.

Sincerely,

A handwritten signature in black ink, appearing to read "Sheila Coppini".

Sheila Coppini
Administrative Assistant.



Single Mom Benevolence	\$10,000
Rent	\$24,000
Utilities	\$8,400
Security	\$3,600
Insurance	\$3,600
Staff & Payroll	\$36,000
Miscellaneous Business Expenses	\$3,600
Total	\$89,200