



COUNTY OF HUMBOLDT

AGENDA ITEM NO.
0-1

For the Meeting of: May 10, 2016

Date: April 7, 2016
To: Board of Supervisors
From: Supervisor Virginia Bass
Subject: Proclaim May 2016 as Mental Health Month in Humboldt County.

RECOMMENDATION(S): That the Board of Supervisors adopt the Proclamation.

SOURCE OF FUNDING: N/A

DISCUSSION: The Board of Supervisors wishes to recognize May as Mental Health Month to bring awareness to the behavioral health needs of our citizens and to recommit to ending stigma and discrimination towards anyone experiencing a behavioral health challenge in our community.

FINANCIAL IMPACT: N/A

OTHER AGENCY INVOLVEMENT:

ALTERNATIVES TO STAFF RECOMMENDATIONS: Board discretion.

ATTACHMENTS: Proclamation.

Prepared by Kathy Hayes

Signature Virginia Bass

REVIEW: Auditor _____ County Counsel _____ Personnel _____ Risk Manager _____ Other _____

TYPE OF ITEM:
____ Consent
____ Departmental
____ Public Hearing
 Other Special Presentation 10 minutes

BOARD OF SUPERVISORS, COUNTY OF HUMBOLDT
Upon motion of Supervisor Bass
Seconded by Supervisor Fennell
And unanimously carried by those members present,
The Board hereby adopts the recommended action
contained in this report.

PREVIOUS ACTION/REFERRAL:

Board Order No. _____

Meeting of: _____

Dated: May 10, 2016
Ana Hartwell, Deputy Clerk of the Board

By: Ana Hartwell

**PROCLAMATION
OF THE
BOARD OF SUPERVISORS
COUNTY OF HUMBOLDT**

WHEREAS, May is Mental Health Month and greater public awareness about mental illness change attitudes and promote wellness; and

WHEREAS, one out of every four people experience some form of mental illness; and

WHEREAS, mental health challenges strike without regard to age, gender, race, sexual orientation, social status or income level; and

WHEREAS, many people with a mental health challenge require a behavioral health approach that encompasses both mental health and substance abuse recovery; and

WHEREAS, behavioral health recovery is a journey of discovery, healing and transformation, enabling people with behavioral health challenges to live meaningful lives in a community of their choice while striving to achieve their full potential; and

WHEREAS, stigma and discrimination negatively impact the lives of people with behavioral health challenges, hindering their recovery and their ability to maintain employment and housing, and fear of discrimination keeps many people from seeking help; and

WHEREAS, research shows that the most effective way to reduce stigma and discrimination is through personal contact with someone with behavioral health challenges; and

WHEREAS, the Humboldt County Department of Health & Human Services calls upon citizens, public and private institutions, businesses, and schools to recommit our community to increasing awareness and understanding of mental health, the steps citizens can take to protect their mental health, reducing stigma and discrimination, and promoting appropriate and accessible services for all people with mental illnesses at all stages.

NOW, THEREFORE, the Board of Supervisors of the County of Humboldt hereby proclaims

May 2016 is Mental Health Month

to highlight the needs of those with mental illness and to recommit our community to increasing awareness and understanding of mental illness, as well as to recognize the many private and public organizations and individuals who work tirelessly with DHHS to support community members with mental illness in their recovery.

Date: May 10, 2016



Mark Lovelace

MARK LOVELACE, Chair