



Cannabis is legal in California. Here are some things you need to know.



Cannabis and caring for children don't mix.

It's best not to look after children when you are high. Caring for children requires adults to be alert.



Talk to your kids about cannabis early and often.

Children listen to their parents about cannabis use. One of the reasons young people choose to avoid drugs is because they know their parents don't approve. Parents can make a difference. Use open-ended questions, empathy and honesty.



Do not consume and drive with children in the car.

Driving high is a DUI. It doesn't matter what substance you are using. If you are not sure whether you are impaired, do not drive.



Cannabis poses a risk to the baby.

Steer clear if you are pregnant or nursing. Cannabis is harmful to developing brains. Using cannabis in any form can expose your baby to harmful substances.



Don't smoke cannabis around your child, ever.

It's important to protect children from secondhand smoke. Exposure to secondhand smoke increases your baby's risk for Sudden Infant Death Syndrome (SIDS), and respiratory problems such as asthma.



Cannabis is legal in California. Here are some things you need to know.

If you're under 21, it's illegal to use or possess cannabis.



Anyone age 21 and older is allowed to possess or consume cannabis. It is illegal to give cannabis to anyone under the age of 21.

Higher than you might think.



It can sneak up on you. Cannabis affects everyone differently based on things like body type, history of use, and type of product. The effects can be significantly delayed especially with edibles. THC levels can be much, much higher than you expect.

Stash it safely away from kids and pets.



Lock it up. Store your cannabis in a child-resistant container in a place where it is not accessible. If children accidentally eat or drink

cannabis, it can make them very sick. If you suspect your child has consumed cannabis, call the Poison Control hotline at 800-222-1222. If someone has a severe reaction after consuming cannabis, call 911 or go to an emergency room right away.

To learn more, visit letstalkcannabisca.com.

