

Humboldt County Board of Supervisors **PROCLAMATION**

in honor of

Men's Health Month

WHEREAS, the health and well-being of men and boys are critically important to the overall health of families, communities, and our nation; and

WHEREAS, despite advances in medical technology and research, men continue to live on average five years less than women, and men of color face even greater disparities in health outcomes; and

WHEREAS, many of the leading causes of death among men—such as heart disease, cancer, and unintentional injuries—are preventable with early detection, healthy lifestyle choices, and timely medical care; and

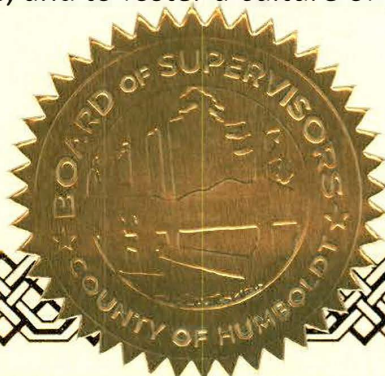
WHEREAS, Men's Health Month is an opportunity to raise awareness about the importance of a healthy lifestyle, regular exercise, balanced nutrition, and routine medical screenings; and

WHEREAS, this observance also seeks to encourage men and boys to take charge of their health, to seek help when needed, and to foster environments that support physical, mental, and emotional well-being; and

WHEREAS, the month of June 2025 is dedicated to empowering men with the tools and information they need to lead healthier and longer lives, and to encouraging workplaces, healthcare providers, and families to be allies in this effort.

NOW, THEREFORE, BE IT RESOLVED, The Board of Supervisors do hereby proclaim June 2025 as Men's Health Month in Humboldt County and encourage all residents to raise awareness of the importance of men's health, to support the health and safety of the men and boys in our lives, and to foster a culture of prevention and wellness.

June 3, 2025



Michelle Bushnell, Chair