



CITIZENS' ADVISORY COMMITTEE ON MEASURE Z EXPENDITURES

The Advisory Committee meets on each Thursday in March to review applications and its recommendations will go before the Humboldt County Board of Supervisors in April.

APPLICATION FOR FUNDING

Agency Name: Humboldt Senior Resource Center

Mailing Address: 1910 California St, Eureka, CA 95501

Contact Person: Beth Bray Title: Director of Fund Development

Telephone: 707-443-9747 x1292 E-mail address: bbray@humsenior.org

The estimated amount of Measure Z funding available for FY 2024-2025 is \$4.1 million.

1. AMOUNT OF MEASURE Z FUNDING REQUESTED FOR FY 2024-2025: \$ 36,300

Summary of Expenses:

<u>Item</u>	<u>Amount</u>	<u>% of total</u>
Salaries (wages)	_____	_____
Benefits	_____	_____
Overhead and Occupancy (Administrative, Rent, Utilities, Phones, etc.)	_____	_____
Equipment/Supplies/Services	<u>\$36,300</u>	<u>100%</u>
Transportation/Travel	_____	_____
Fixed Assets	_____	_____
	<u>\$36,300</u>	<u>100%</u>

2. ENTITY TYPE -- Please check appropriate box.

- Humboldt County Department
- Contract Service Provider to Humboldt County
- Local Government Entity
- Private Service Provider
- Non-Profit Service Provider
- Other, Describe: _____

3. Is this application a renewal or related to a project that has been funded by *Measure Z* in the past?
(check one) Yes No

If you checked "yes" please include the following:

1: a report detailing results from the most recent year the project was funded, and:

2: a completed Staffing Report detailing when the funded positions were filled during the most recent year you received funding for this project.

*See the Required Attachments section on Page 3 of this application for more details

4. Describe how the scope of your proposal fits the intent of *Measure Z*. Specifically, how will it maintain and improve public safety and essential services, as described on the previous page?

The Humboldt Senior Resource Center's proposal to acquire emergency shelf-stable meals for all our participants directly addresses *Measure Z*'s intent to maintain and improve public safety and essential services for Humboldt County residents. Our program specifically targets at-risk seniors and people with disabilities, a vulnerable population often disproportionately impacted by emergencies like power outages and severe weather. By ensuring our participants have access to food during these disruptions, we contribute to:

- Reduced strain on emergency services: If they have emergency food resources, seniors and people with disabilities can remain self-sufficient, minimizing reliance on emergency interventions. Many health conditions that affect the elderly and those with disabilities are caused by malnutrition. Ensuring food is available in an emergency helps avoid a health crisis that could put an older adult or a person with disabilities in the hospital at a time when those services need to be reserved for emergency response.
- Enhanced community resilience: If the Humboldt Senior Resource Center is already prepared to handle our participants' nutritional needs during an emergency, we can better support them in other ways, alleviating pressure on other community resources.

5. Please provide a brief description of the proposal for which you are seeking funding.

The Humboldt Senior Resource Center seeks \$36,300 to purchase 2,200 shelf-stable meal boxes, providing a 10-meal emergency food supply for the approximately 1,000 people enrolled in our programs, plus an additional 200 boxes to account for enrollment fluctuation or additional community needs. Providing shelf-stable meals for vulnerable seniors and people with disabilities to have on hand in the event of an emergency ensures their continued access to essential nutrition during power outages, extreme weather, road blockages, or other unforeseen disruptions.

We intend to provide shelf-stable meals for people enrolled in:

- Redwood Coast PACE (Program of All Inclusive Care for the Elderly), a wraparound health plan that serves people eligible for a nursing home level of care, with the goal of keeping them living independently at home.
- MSSP (Multipurpose Senior Services Program), a program with different services but the same goal, to help people who are at risk of placement in a skilled nursing facility remain at home.
- Adult Day Health Services, a day program for people ages 18+ with chronic conditions and disabilities.
- All our nutrition programs, including Meals on Wheels, three dining sites, and three mobile meal distribution sites.

Why is this critical? Senior citizens and people with disabilities face unique challenges:

- Increased vulnerabilities: Age and disability related health conditions and limited mobility make these groups more susceptible to the adverse effects of food insecurity during emergencies.

- Nutritional needs: Maintaining proper nutrition is crucial for managing chronic diseases, maintaining immune function, and preserving independence.

By providing shelf-stable meals, we are:

- Preventing malnutrition and its health consequences: Seniors and people with disabilities will have readily available nutritious food, reducing the risk of health complications due to missed meals, and therefore avoiding trips to the emergency room or other health providers.
- Promoting independence and dignity: The elderly and the disabled can remain self-sufficient during emergencies, avoiding reliance on others for basic needs.
- Mitigating stress and anxiety: Knowing they have food security provides peace of mind for our vulnerable participants during challenging situations.

6. How have you developed a plan for sustainability, including diversification of funding sources, for your proposal to carry on without reliance on future *Measure Z* funds? Please provide detail of your plan for sustainability here.

The Humboldt Senior Resource Center is committed to program sustainability. We will continue to actively seek funding from diverse sources like private foundations, individual donors, and other relevant grant funders to support the distribution of shelf-stable meals.

7. If this request is for the continuation or expansion of an existing program/service, what is the current source of funding for that program/service?

The Humboldt Senior Resource Center's nutrition programs are supported by a combination of federal and state government funding, state and local charitable foundations, and individual donors. These sources sustain our daily dining services and Meals on Wheels Redwood Coast, but do not leave remaining funds for the purchase of shelf-stable meals for the people we serve.

We began offering shelf-stable meals to participants in our nutrition program a few years ago thanks to pandemic-related federal funding available from the CARES Act and the American Rescue Plan Act. With this funding no longer available, we will continue to seek grant funding and reach out to individual donors to help pay for this extension of our nutrition programming.

8. If you are awarded *Measure Z* funds, how do you plan to leverage these funds to secure additional grants, contributions or community support?

Securing public funds signifies program value and enhances credibility for future grant applications. *Measure Z* funding will help us attract new and continued support from foundations and individual donors, helping to ensure continued operation of this and other programs at the Humboldt Senior Resource Center.

The award of *Measure Z* funds would be advertised to those receiving the shelf-stable meals and to the general public, helping people see the commitment both the County of Humboldt and the Humboldt Senior Resource Center have to supporting our most vulnerable community members.

9. Will this proposal require new or expanded activity on the part of another entity to be fully functional and effective? If so, name that entity and describe what that participation would look like.

Our current staff will distribute the shelf-stable meals to our participants so another entity will not be required.

10. Are there recurring expenses associated with this application, such as personnel cost?
(check one) Yes No

If you checked yes, detail those expenses here. Please note, the Citizens' Advisory Committee in May, 2023, adopted a stance that it would not recommend funding for new, ongoing county positions:

REQUIRED ATTACHMENTS

Include the following with your application, making sure to **limit your responses to one page**, per section. Responses longer than the maximum may not be read by committee members or considered as part of your application.

Prior Year Results: *If your request is a continuation of a program funded with Measure Z in prior fiscal years, please provide the results of implementation. (one page maximum)*

Program Budget: *Please utilize the template provided on the following pages. This will need to be updated if your agency is approved for funding.*

Staffing Report: *Please utilize the template provided on the following pages to report on the months that funded positions were filled during the most recent year you received Measure Z funding.*

I declare under penalty of perjury under the laws of the State of California that the above statements and all attachments are true and correct.

DATE 2/21/24

SIGNATURE



SUBMIT YOUR COMPLETE APPLICATION TO:

Humboldt County Citizens' Advisory Committee on *Measure Z* Expenditures
c/o County Administrative Office
825 Fifth Street, Suite 112
Eureka, CA 95501-1153

Exhibit E - Proposed Budget

Agency Name: Humboldt Senior Resource Center	Address: 1910 California St, Eureka, CA 95501
Coordinator/Contact: Beth Bray	Phone: 707-443-9747 x1292

Descriptions	Requested Budget	Current Quarter Costs	Total of Prior Quarter Costs	Remaining Balance
A. Personnel Costs				
Title:				
Salary (separate from benefits cost)				0.00
Benefits				0.00
Duties Description:				
Title:				
Salary (separate from benefits cost)				0.00
Benefits				0.00
Duties Description:				
Title:				
Salary (separate from benefits cost)				0.00
Benefits				0.00
Duties Description:				
<i>Salaries Subtotal</i>	0.00	0.00	0.00	0.00
<i>Benefits Subtotal</i>	0.00	0.00	0.00	0.00
Total Personnel:	0.00	0.00	0.00	0.00
B. Overhead and Occupancy Costs (Rent, Utilities, Phones, Administrative etc.)				
Title:				
Description:				
Title:				
Description:				
Total Overhead and Occupancy Costs:	0.00	0	0	0
C. Equipment/Supplies/Services (Equipment, Supplies and Services should be separate)				
Title: Equipment				
(Please be detailed regarding the equipment you plan to . Description: These expenses are generally over \$200, longer useful life)				
Title:				
Description:				
<i>Equipment Subtotal:</i>	0.00	0	0	0
Title: Supplies - Shelf Stable Meals				
2,200 boxes of shelf-stable meals @ \$16.50 per box (5 meals) to provide 1,000 people with 10 meals each, plus 200 extra boxes				
Description: extra boxes	36,300.00			
Title:				
Description:				
<i>Supplies Subtotal:</i>	36,300.00	0	0	36300
Title: Services/Other Operational Costs				
(Please be detailed. These expenses are generally professional or Description: contracted services, or other expenses that are not equipment or				
Title:				
Description:				
<i>Services/Other Subtotal:</i>	0.00	0	0	0
Total Equipment/Supplies/Services:	36,300.00	0	0	36300
D. Transportation/Travel (Local and Out-of-County should be separate)				
Title: Local Travel				
Description: Describe local travel and connection to your project				
Title: Out of County Travel				
Description: Describe out of county travel and connection to your project				
Total Transportation/Travel Costs:	0.00	0	0	0
E. Fixed Assets (According to your agency's definition of a fixed asset)				
Title:				
Description:				
Title:				
Description:				
Total Fixed Asset Costs:	0	0	0	0

Totals	36,300.00	0.00	0.00	36,300.00
Requested Budget		Current Quarter Costs	Prior Quarter Costs	Remaining Balance