



jeans

for

justice

Jeans for Justice  
April 27, 2016

# Wednesday, April 27<sup>th</sup> Jeans For Justice Day

Jeans for Justice Day began in 1999 as part of an international protest of an Italian High Court decision to overturn a rape conviction and dismiss charges against a 45-year old rape suspect because his 18-year old victim was wearing jeans at the time of the attack. The Court stated in its decision that, "It is common knowledge...that jeans cannot even be partly removed without the effective help of that person wearing them...and it is impossible if the victim is struggling with all her might." The judgment sparked a worldwide outcry and became an international symbol of injustices experienced by survivors of sexual assault.

Join communities around the world in working to change misconceptions about sexual violence.

**WEAR JEANS & STICKERS – 4/27**

For information call North Coast Rape Crisis Team  
Business Office: 707-443-2737



## Prevention Education Services

### School and community-based outreach and education programs

Programs are available on a wide variety of subjects that focus on awareness and prevention, understanding the laws, supporting survivors and learning about resources.

- Child Abuse Prevention Project (CAPP) is designed for children from preschool through 6th grade. It is a prevention program that empowers children to recognize and deal effectively with potentially dangerous situations. Parent and teacher workshops are available.
- Sexual Harassment Prevention in the Workplace.
- Sexual Harassment and Bullying Prevention in School.
- Sexual Assault Prevention.
- Relationship Violence Prevention.
- Women's and Girl's Self Defense follows a women's empowerment model of self defense that focuses on awareness, assertiveness, verbal, and physical self defense skills.
- Child Abuse/Mandated Reporting and other trainings for professionals.

Call our business office to schedule a class. If you do not see what you're looking for, call to tailor a specific class to meet your needs.

## Facts

**Sexual assault: any sexual act attempted or committed without your freewill consent.**

- Sexual assault can happen to anyone at anytime, anywhere regardless of gender, age, race, class, sexual orientation, ability/disability...
- Locally, perpetrators use alcohol or other drugs as a weapon in 85% of sexual assaults against teens.
- A person with a disability is two times more likely to be sexually assaulted than the general population.
- 1 in 3 women will be sexually assaulted in her lifetime.
- Sexual violence is often a part of hate crimes aimed at people who are perceived to be gay, lesbian, bisexual, transgender, intersex...
- Locally, 85%-90% of sexual assaults are committed by someone the survivor knows.
- 1 in 3 female and 1 in 6 male children will experience sexual violence before the age of 18.
- The primary motive for sexual assault is power, domination and control.
- 80%-90% of violent crimes against women are committed by someone of the same racial background as the survivor. Native American women are the only people more likely to be assaulted by someone of a different race.
- No one deserves to be sexually assaulted no matter who they are, where they are, or what they are doing!

**Del Norte County**  
24-hr Line Crisis Line  
**(707) 465-2851**

Collect Calls Accepted

TTY Line: **(707) 465-2031\***

Business Line (707) 465-6961\*

\*(Available M-F 8:30-5:00)

P.O. Box 1082  
Crescent City, CA 95531

**Humboldt County**  
24-hr Line Crisis Line  
**(707) 445-2881**

Collect Calls Accepted

TTY Line: **(707) 443-2738\***

Business Line (707) 443-2737\*

\*(Available M-F 8:30-5:00)

P.O. Box 1011  
Eureka, CA 95502

# North Coast Rape Crisis Team

Serving all of  
Del Norte and  
Humboldt Counties

**Imagine a world  
free of violence!**

## CRISIS LINES

Collect Calls Accepted

**Del Norte 24-hr Line: (707) 465-2851**

TTY Line: (707) 465-2031 M-F 8:30-5:00

**Humboldt 24-hr Line: (707) 445-2881**

TTY Line: (707) 443-2738 M-F 8:30-5:00



# Intervention and Advocacy Services

Free and confidential

- 24 hour hotlines (collect calls accepted).
- Immediate supportive services for people of all ages and genders who are survivors of sexual assault/abuse.
- Support and information for families and friends of survivors.
- Information on medical and legal procedures survivors may encounter.
- Accompaniment to law enforcement interviews, medical appointments, court proceedings, etc. related to an assault.
- Advocacy on behalf of survivors with law enforcement, medical providers, court personnel, etc. (advocacy is helping someone understand and assert their rights).
- Individual counseling.
- Support groups for adult survivors of sexual assault/abuse.
- Information and referral to community and Tribal resources; i.e. therapy, medical, social services, etc.

## CALM

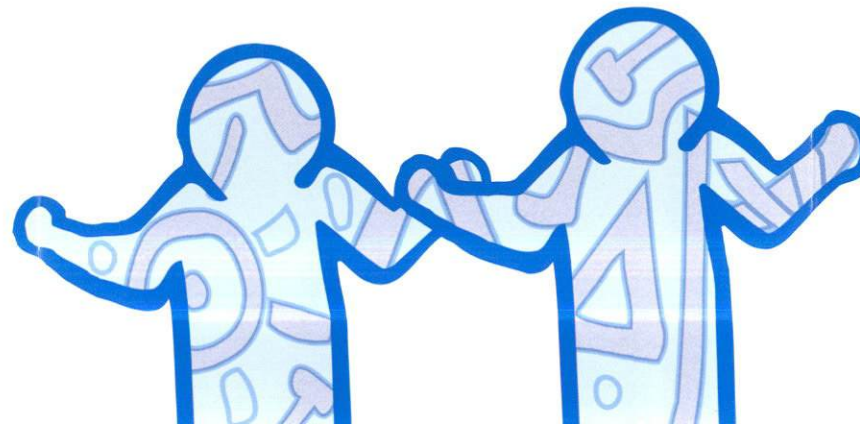
**Children and Adults Learning to Mend** is a program of the North Coast Rape Crisis Team that provides the above services specifically for child survivors and their families.

# If you are sexually assaulted



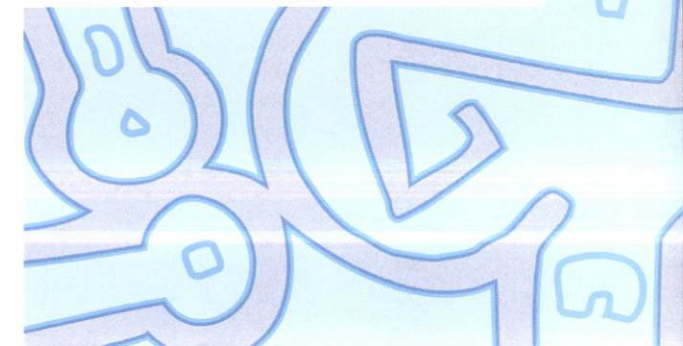
## it could be important and helpful to consider:

- getting to a safe place.
- contacting a friend or loved one – someone you trust.
- contacting the North Coast Rape Crisis Team (NCRCT) for believing and non-judgmental support and information.
- allowing NCRCT to provide information regarding reporting and being supported regardless of your decision about reporting.
- hearing from NCRCT about your medical options including: obtaining care for risks of pregnancy, exposure to STDs and/or injury; obtaining an exam to collect medical evidence whether or not you wish to report.
- keeping in mind all medical providers are required to report child abuse, sexual assault or domestic violence – NCRCT can provide options should this become a barrier.
- that you are not to blame for what happened – this is not something you asked for – it's not fair – it's not your fault.
- remembering you don't have to be alone in this – support is a phone call away – no matter what, it's never too late to call – we are here to support you.



# If someone you know is sexually assaulted:

- let them know that you care.
- be willing to listen, without giving advice or telling them what to do.
- believe what they tell you.
- reassure them that they are not to blame, and did nothing wrong.
- don't pressure them for details and let them decide whether they want to tell anyone else – respect their privacy.
- remember they may or may not want to be touched – ask first and respect their wishes.
- do not pressure the survivor to report – reporting is an individual decision and choosing not to report does not mean the assault didn't happen.
- offer choices but allow the survivor to make the decisions that feel right for them.
- remember your feelings are important and you deserve support as well – consider calling us to talk to a counselor.





## WHEN SOMEONE COMES TO YOU... WHAT WILL YOUR REACTION BE?

**No one would respond this way to the victim of a car crash.** Yet this is exactly the type of response sexual assault victims hear every day: "Are you sure it was a sexual assault? What were you doing there? You weren't wearing that, were you?"

**Start by Believing** is a public awareness campaign uniquely focused on the public response to sexual assault. Because a friend or family member is typically the first person a victim confides in, this person's reaction can be the first step in the victim's long path toward justice and healing.

**Knowing how to respond is critical.** A negative response can worsen the victim's trauma and foster an environment where perpetrators face zero consequences. Rapists attack an average of six times, so one failed response can equal five more victims.

**Start by Believing** was created to stop this cycle, by improving our personal reactions. The goal is to change the world, and outcomes for victims, **one response at a time.**

"My name is Ken. I am a husband, father, family member, friend, and a police officer who tries to make a difference in society, both personally and professionally."

"My name is Sheryl, I am an ER/CCU Nurse. I promise to *Start by Believing* with each victim I come in contact with in the hospital setting."

YOUR REACTION  
MAKES THE DIFFERENCE.



# Sexual Assault & Child Abuse Awareness Month April 2016



The **CLOTHESLINE PROJECT** is a collection of T-shirts designed by survivors of violence against women. Visit the collection at Take Back the Night, 4/8 - see below. Call the North Coast Rape Crisis Team if you would like to make a T-shirt for the Project. **707-443-2737** **DISPLAYS** ~ Portions of the Clothesline Project & other materials will also be displayed in local libraries, at HSU, The Booklegger, Rainy Day Books & others locations.

## HUMBOLDT COUNTY BOARD OF SUPERVISORS PROCLAIM

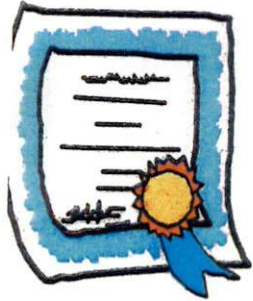
- 5th** Sexual Assault Awareness Month (NCRCT) & Child Abuse Awareness Month (CAPCC), 9 a.m.
- 12th** Sexual Assault Response Team & National Crime Victims' Rights Week (DA Victim Witness), 9 a.m.
- 19th** Child Abuse Services Team, 9 a.m.

## CITY COUNCILS PROCLAIM

- 6th** Arcata City Council Proclaims Sexual Assault Awareness Month, Arcata City Hall, 6 p.m.
- 19th** Eureka City Council Proclaims Sexual Assault Awareness Month, Eureka City Hall, 6 p.m.

- 2nd** **ARTS ALIVE TABLING** ~ Enjoy art and music while learning about local service organizations at the Gazebo in Old Town Eureka, 6-8:30 p.m. Find out how you can help end sexualized violence.

- 5th** **FILM SCREENINGS** of "THE HUNTING GROUND" ~ See this highly acclaimed film about sexual assault on campuses and how survivors came together to **MAKE CHANGE!** **ARCATA THEATRE LOUNGE.**





6:30p.m., doors open at 5:30. This is an "ATL Nights for Non-Profits Event" & all ticket sale proceeds go to the North Coast Rape Crisis Team. A discussion of local efforts will follow the film. Tickets are \$5.00 at the door or available at [www.arcataheater.com](http://www.arcataheater.com) Additional donations are appreciated & encouraged.



**4-8th WORKSHOPS & EVENTS** leading up to TBTN at HSU ~ For information call HSU WRC at 707-826-4216 or NCRCT at 707-443-2737.



**8th HSU TAKE BACK THE NIGHT** ~ Kate Buchanan Room (next to quad), 5 p.m.  
Rally, speakers, performances, SURVIVOR SPEAK OUT & MARCH through Arcata and HSU Campus.



**9th HUMBOLDT ROLLER DERBY** ~ Join the fun & excitement of the Roller Derby while helping to support the work of the North Coast Rape Crisis Team. Redwood Acres, 6 p.m., doors open at 5:00. This is a FUNDRAISER for the NORTH COAST RAPE CRISIS TEAM.



**24th BIKERS AGAINST CHILD ABUSE ANNUAL RIDE/POKER RUN** ~ This is a fundraiser to support BACA in supporting abused children in our community. Come to have fun and support BACA's efforts. Meet at Redwood Harley-Davidson by 10 a.m.



**27th JEANS FOR JUSTICE DAY** ~ Wear jeans to show your support for survivors and to end the myths about sexualized violence. Look for "Jeans for Justice" stickers and displays throughout the county, or contact the North Coast Rape Crisis Team at 707-443-2737.



**29th CHILDREN'S MEMORIAL FLAG RAISING CEREMONY** Sponsored by CAPCC & Partners ~ Join us in celebrating the life of every child as we remember those who did not survive abuse. The Teen Center, 3015 J St. at Harris, Eureka, 9 a.m.

**North Coast Rape Crisis Team**  
**24 hr Crisis Line: 707-445-2881**  
Business line~707-443-2737\*    TTY line~707-443-2738\*    \*available M-F 8:30-5:00