



CITIZENS, ADVISORY COMMITTEE ON *MEASURE Z* EXPENDITURES

(Advisory Committee will make recommendations to the Humboldt County Board of Supervisors as to expenditure of funds derived from *Measure Z*.)

APPLICATION FOR FUNDING

RECEIVED

FEB 25 2019

CAO

Agency Name: Redwoods Rural Health Center, Inc.

Mailing Address: PO Box 769, Redway, CA 95560

Contact Person: Michele Hernandez

Title: Project Manager

Telephone: (707) 923-2783

E-mail address: mhernandez@rrhc.org

1. AMOUNT OF MEASURE Z FUNDING REQUESTED FOR FY 2019-20: \$ 24,000

2. ENTITY TYPE -- Please check appropriate box.

- a. Humboldt County Department
- b. Contract Service Provider to Humboldt County
- c. Local Government Entity
- d. Private Service Provider
- e. Non-Profit Service Provider
- f. Other

3. Please provide brief description of proposal for which you are seeking funding.

Redwoods Rural Health Center (RRHC) is applying for grant funding to provide outpatient drug treatment counseling services at our facility in Redway. With this funding, RRHC will contract with Singing Trees Recovery Center, certified drug treatment providers, to offer outpatient substance use counseling services to more than 50 patients at RRHC. The drug treatment services will help clients achieve recovery, transition away from lives of crime, and move forward in a positive direction.

4. How are you developing a plan for sustainability, including diversification of funding sources, in order for your proposal to carry on without reliance on future *Measure Z* funds?

Redwoods Rural Health Center is planning for sustainability by hiring and training other billable providers to provide substance use disorder (SUD) counseling services and/or facilitate the opioid-addiction Mediation Assisted Treatment groups at RRHC. By having sufficient providers trained to provide SUD services, RRHC can then bill for care and will no longer rely on grant funding.

5. If this request is for the continuation, or expansion, of an existing program/service, what is the current source of funding for that program/service?

Redwoods Rural Health Center has secured funding to support Singing Trees Recovery Center's contract to facilitate Medication Assisted Treatment peer support groups through the Aegis grant through June 30, 2019; however this grant doesn't fund the other hours STRC provides one-on-one drug treatment services.

6. If you are awarded *Measure Z* funds, how will you use them to leverage additional grants, contributions, or community support?

If RRHC was awarded Measure Z funding, Redwoods Rural Health Center will have our billable counseling staff - Licensed Clinical Social Workers and Marriage and Family Therapists train with STRC's certified SUD counselors to learn SUD treatment techniques with the future goal of providing these activities.

7. Will this proposal require new or expanded activity on the part of another entity to be fully functional and effective? If so, please describe.

No, RRHC has already partnered with Singing Trees Recovery Center and they are prepared to provide SUD counseling services 2 days a week at RRHC.

8. Are there recurring expenses associated to this application, such as personnel costs? Please check yes or no and if so, please detail those expenses. Yes No

RRHC will pay Singing Trees Recovery Center an hourly rate of \$50 per hour for SUD counseling services.

ATTACHMENTS—Please include the following with your application

Proposal Narrative: Brief description of your request for *Measure Z* funds – Please explain how it is an essential service or for public safety. (one page maximum)

Prior Year Results: If your request is a continuation of a program funded with *Measure Z* in prior fiscal years, please provide the results of implementation. (one page maximum)

Program Budget Total Measure Z funding request is \$24,000.

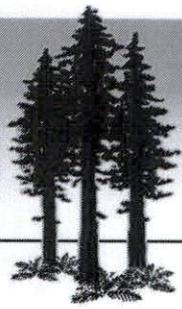
I declare under penalty of perjury under the laws of the State of California that the above statements and all attachments are true and correct

DATE: 02/22/2019

SIGNATURE:  Executive Director

SUBMIT THIS APPLICATION TO:

Humboldt County Citizens' Advisory Committee on *Measure Z* Expenditures
c/o County Administrative Office
825 Fifth Street, Room 112
Eureka, CA 95501-1153



CITIZENS' ADVISORY COMMITTEE ON MEASURE Z
APPLICATION FOR FUNDING ATTACHMENTS
February 2019

Proposal Narrative

Redwoods Rural Health Center's existing clients have a significant need for mental health and substance abuse services. Approximately 200 patients were diagnosed with alcohol or other substance related disorders during medical appointments. On a broader, community-wide level, there is a very severe opioid problem in Humboldt County. According to the California Department of Public Health California Opioid Overdose Surveillance Dashboard, in 2015 Humboldt County was reported to have more opioid prescriptions than there are people who live here (1,102 prescriptions per 1,000 people). Upon viewing the Opioid Overdose Map, the area nearest Redwoods Rural Health Center is highlighted as having the highest death rate per capita in the County per 100,000 residents. Nationwide, Americans are more likely to die from accidental opioid overdoses today than from car crashes, according to a study released from the National Safety Council.

To combat these public safety issues, RRHC will contract the local, in-patient treatment facility, Singing Trees Recovery Center, to provide substance use disorder (SUD) counseling services at RRHC. Singing Trees specializes in substance abuse treatment programs that combine both medical and social models. At their licensed in-patient center, located 15 minutes south of Redway, Singing Trees provides intensive education and counseling, as well as reinforces the concepts and principals of Alcoholics Anonymous and Narcotics Anonymous. RRHC will contract with Singing Trees to provide outpatient substance abuse counseling and case management services at the health center 16 hours per week. Singing Trees will help to facilitate counseling during the newly established suboxone treatment groups at RRHC.

Currently, the nearest suboxone program for the treatment of prescription pain medication dependence, heroin addiction, and methadone or other opioid dependence is more than an hour away. Moreover, there is very little access to alcohol and substance abuse recovery programs in the region, especially for those without private insurance.

Prior Year Results – Not Applicable

**Humboldt County Measure Z
Budget Narrative - February 2019**

Budget Line Item	Measure Z	Other/In-Kind	TOTAL
PERSONNEL			
Mental Health Staff Training with STRC (\$36 per hour * 2 hours per week for 10 weeks)		\$ 720.00	\$ 720.00
TOTAL SALARIES		\$ 720.00	\$ 720.00
TOTAL FRINGE BENEFITS (27.25%)		\$ 196.20	\$ 196.20
TOTAL PERSONNEL	\$ -	\$ 916.20	\$ 916.20
CONTRACTUAL			
Substance Abuse Providers (10 hours per week * 48 weeks * \$50 per hour)	\$ 24,000.00		\$ 24,000.00
TOTAL CONTRACTUAL	\$ 24,000.00	\$ -	\$ 24,000.00
TOTALS	\$ 24,000.00	\$ 916.20	\$ 24,916.20