

HITTING SOMEONE

AT **40** MPH IS LIKE

THROWING THEM  
FROM A

**4** STORY  
BUILDING



Watch and Slow for Walkers



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OTS

[WalkSmartCA.org](http://WalkSmartCA.org)



CALIFORNIA OFFICE OF TRAFFIC SAFETY and CALIFORNIA DEPARTMENT OF PUBLIC HEALTH

## Share the Road

### Safety Tips for Pedestrians

- Use crosswalks and follow traffic signals when crossing at street lights; but, still pay close attention to vehicles on the road.
- Be careful at intersections where drivers may fail to yield the right-of-way to pedestrians while turning onto another street.
- Before stepping in front of a car make eye contact with the driver. Make sure they see you, plan on stopping, and have time to stop.
- Increase your visibility at night by carrying a flashlight and wearing light-colored or reflective clothing.
- It is safest to walk on a sidewalk, but if you must walk in the street, walk facing traffic.
- Pay attention. Always be aware of your surroundings and watch for vehicles when crossing a street or stepping off a curb.
- Keep your eyes up and off your phone. Do not talk/text on a cell phone or listen to music when walking.
- If you have been drinking, walk with someone who has not been drinking to make sure you get home safely.
- Be careful crossing multiple lanes of traffic. Make sure each lane of traffic is clear before you cross.

### Tips for Motorists

- Be watchful for people walking and people bicycling; obey all speed limits; avoid distractions; and know the laws regarding pedestrian right-of-way.
- Be prepared to yield to pedestrians in crosswalks (marked or unmarked).
- Never pass a vehicle that is stopped for pedestrians.
- Before making a turn, be sure the path is clear of any pedestrians.
- Slowdown in areas where you are likely to find people walking, such as near bus stops, schools, and playgrounds.
- Look carefully behind your vehicle for approaching pedestrians before backing up.