



NFP Agency Profile
Humboldt County/California

NURSE-FAMILY PARTNERSHIP IN OUR COMMUNITY

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child’s second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield more than five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Positive Outcomes for NFP Clients in our Community

Since program inception in July 2009, Humboldt County NFP has touched the lives of 832 first time mothers in our community. Currently we are serving 104 families throughout Humboldt County.

- 93%** of babies were born full term
- 95%** of mothers initiated breastfeeding
- 93%** of babies were born at a healthy weight — at or above 2500 g (5.5 lbs.)
- 88%** of two-year olds had up to date immunizations at graduation.

CLIENT DEMOGRAPHICS
At Intake

Median Age: 20
 79% Unmarried
 77% Medi-Cal Recipients

Race
 8% American Indian/
 Alaska Native
 1% Asian /Pacific Islander
 2% Black/African
 American
 15% Multi-racial
 66% White
 8% Declined to self-identify/
 no response

Ethnicity
 19% Hispanic/Latina
 74% Non-Hispanic/Latina
 7% Declined to self-identify/
 no response



Humboldt County Nurse-Family Partnership is in its seventh year of providing these valuable services to eligible first time mothers. The program currently serves 104 clients.

IMPLEMENTING AGENCY CONTEXT

Humboldt County Nurse-Family Partnership is implemented by the Public Health Branch of the Department of Health and Human Services. It began in 2009 with two nurses and has continued to grow and expand to seven nurses today.

FUNDING CONTEXT

Varied funding sources support Nurse-Family Partnership in Humboldt County. Original NFP start-up funding included First 5 Humboldt and PacifiCare. Funding for NFP expansion in 2011 was provided by MIECHV (Maternal Infant Early Childhood Home Visiting). In 2019, NFP received funding through CalWORKs through the Home Visiting Initiative (HVI) to link NFP with eligible CalWORKs clients. Ongoing funding sources include First 5 Humboldt, the California Home Visiting Program, CalWORKs HVI, federal Medi-Cal Administrative Activities reimbursement, state Realignment funding and general County funds.

In August 2019, Humboldt County NFP held its thirteenth client recognition ceremony, which honored 13 families who successfully completed the 2½ year program. To date a

total of 229 clients have graduated.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is one of the only community health programs that is based on evidence from randomized, controlled trials – 37 years of research proves that it works. This evidence shows our clients – eligible first-time mothers – that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policy-makers and communities invest in Nurse-Family Partnership could realize more than five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers up to \$5.70 return per dollar invested in the program.



- The Partnership for America's Economic Success finds investments in early childhood programs, such as Nurse-Family Partnership, to be stronger investments than state business subsidies when viewed from a long-term, national perspective.

Established: July 2009
Families Served: 832



Humboldt County
Nurse-Family Partnership
317 2nd Street
Eureka, CA 95501
707-268-2105