

# Current County BH services that are similar to AOT

## Supplemental Handout

### **Comprehensive Community Treatment (CCT):**

The CCT Program helps people with severe mental illnesses live successfully in the community and reduces inpatient psychiatric hospitalizations. Individualized services are provided to meet specific client needs. A team of providers collaborates to deliver integrated services of the recipients' choice, monitor progress towards goals, and adjusts services over time to meet the recipient's changing needs. CCT is based on the Assertive Community Treatment model with modifications for smaller rural communities. Full-Service Partnership (FSP) programs, offered through CCT, include medication management, crisis intervention, case management, peer support, family involvement, education, treatment for co-occurring disorders like with substance abuse and non-mental health services, such as food and housing. CCT serves approximately 300 clients per calendar year.

### **Regional Services:**

As an MHSA-funded outreach and engagement program, Regional Services serves adults living in the outlying areas of the County that have a scarcity of behavioral health services. Clients can be met in their homes or in different community sites. The focus is on the stabilization, management, and reduction of psychiatric symptoms; the restoration and maintenance of functioning; the improvement of interpersonal effectiveness; and the development and maintenance of healthy support systems for clients. Regional Services receives referrals from other programs within DHHS as well as from many community providers.

### **Mobile Response Team (MRT):**

The Mobile Response Team provides crisis intervention services to adults, children and youth in the field including homes, schools, hospital campuses and community settings countywide. The response team includes multi-disciplinary mental health professionals available 7:00am – 7:00pm seven days a week. Staff work closely with law enforcement, conducting clinical consultations, referrals and case management services for individuals and families in an effort to avoid unnecessary hospitalization. MRT serves about 500 people per fiscal year.

### **Crisis Stabilization Units (CSU):**

The CSU functions as a mental health urgent care center for individuals who cannot wait for regularly scheduled appointments but may not need emergency inpatient services. While individuals may be hospitalized after evaluation, many receive services at the CSU the same day and then return home. Urgent services are available 24/7.

### **Crisis Intervention Team (CIT):**

A national training program that aims to connect the mental health community with law enforcement. Locally, CIT training has been held since 2007. This five-day training is designed to increase knowledge about mental health services and issues for law enforcement officers in the field. It also enhances skills in dealing with people with mental illness and other disabilities. In addition to the training, Humboldt County CIT holds monthly Stakeholder Meetings to discuss strategies for addressing gaps and building on system-planning efforts in regard to improving outcomes for people experiencing mental health crises that come into contact with law enforcement. In November 2018, Humboldt County CIT started a new Monthly CIT Review Meeting to discuss microsystems level strategies for working with specific individuals in the community that experience severe mental illnesses and are involved in the criminal justice system.

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Participants include Adult Protective Services, housing providers, Substance Use Disorder (SUD) providers, DHHS-BH, Jail Mental Health Services, multiple law enforcement agencies, Open Door Mobile Health Services, Veteran's Services, and local hospital representatives.

### **Humboldt Programs for Recovery:**

Humboldt County Programs for Recovery: Substance Use Disorder (SUD) Treatment Services assist individuals who are experiencing substance use problems that are impacting their physical health, interpersonal relationships, or causing employment or legal issues. The SUD treatment program offers outpatient treatment one, two, or four days per week, depending on an individual's treatment needs. Individuals are assessed to ensure they meet medical criteria for treatment. SUD Treatment Services are designed to empower participants to develop the self-awareness and personal motivation needed to make positive and permanent changes in their lives. Program services are provided by substance abuse counselors and may include assessment, consultation and referrals, plan development, treatment and recovery services, parenting skills, skill development, case management, and/or service coordination.

### **Community Corrections Resource Center (CCRC):**

The CCRC houses an interagency collaborative program providing correctional supervision, substance abuse, mental health assessment and treatment, and vocational services, as well as linkages to community-based services. The intent of this program is to reduce barriers to accessing needed services in order to reduce an offender's likelihood to commit a new offense, thereby increasing public safety. CCRC serves approximately 1,035 clients per calendar year.

### **Permanent Supportive Housing:**

Permanent supportive housing is an intervention that combines affordable housing assistance with voluntary support services to address the needs of chronically homeless people. It is designed for very vulnerable people who may be highly visible in the community and frequent utilizers of emergency services, hospitals, police and fire department interventions, and psychiatric hospitals.

### **Pre-Trial Felony Mental Health Diversion Program:**

The Court supervises intensive treatment for those whose crime has been attributed to their illness. These specialized court programs have proven outcomes reducing recidivism and improving behavior among individuals. This model includes mental health rehabilitation services, case management, medication support, housing assistance, benefits and entitlements assistance, education and employment assistance, family support and crisis intervention.

### **1001.36 Diversion Program:**

A discretionary pre-trial diversion procedure for a defendant charged with a misdemeanor or felony, who suffers from a mental disorder listed in the current Diagnostic and Statistical Manual of Mental Disorders (DSM-5), the symptoms of which can respond to treatment, if the mental disorder played a significant part in the commission of the charged offense. DHHS-BH is not mandated to provide treatment to diversion participants, but applied for and obtained a grant from DSH and is using those funds to accept individuals for diversion treatment. Although the grant was predicated on a minimum of 8 participants over a 3-year period, over 20 individuals have been accepted since grant approval on June 2, 2020.